A Thousand
Notable Things
of ſundry ſorts:

Whereof
Some are Wonderful, ſome Strange,
ſome Pleaſant, divers Neceſſary, a
great ſort Profitable, and many
very Precious.

Thomas Lupton

This Booke bewrayes, that ſome had rather bide,
which who ſo buyes, their Mony is not loſt,
For many a thing therein if truely tride,
will gaine much more then twenty ſuch will coſt.
And divers alſo great ſecrets will detect,
And other more of ſtrange and rare effect.

It is not made to pleaſe ſome one degree,
no, nor yet to bring a gaine to few,
For each thereby, how rich or poore they be
may reape much good, and [illegible]
The paines and travell hitherto is [illegible]
The gaine and pleaſure hence[illegible]

London Printed for John [illegible]
Hugs-head, in [illegible]

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The Preface of the Author to the READER.

IF ſome think no ſhame to diſpleaſure many for the diſpleaſuring of a few (Gentle Reader) then I neede not to bluſh nor feare to profit many by hurting of none, which I hope I have done by the publiſhing of this my Booke abroad, nor Pen'd without paine, nor drawn without diligence, nor ended with eaſe: Wherein are ſuch and ſo many Notable, Rare, Pleaſant, Profitable and Precious things (meaning one with another) as never were yet ſet forth in any volume in our vulgar Engliſh-tongue, nay divers of them were never hitherto Printed, nor Written that ever I knew: but onely that I writ them at ſuch time as I heard them credibly reported, thinking them ſuch rare things as was worthy to be regiſtred: Marry I muſt confeſſe, I have ſelected and picked a great ſort out of Latine Writers, the Authors and Writers whereof, I have named moſt commonly at the end of the ſame, and ſome notable and precious things I gathered out of ſome old Engliſh Written Bookes, and ſome alſo not long ſince printed,

ted, unworthy to be hid, and great pitty but they ſhould be, knowne; which purpoſely I have placed herein whereby I think verily many will read them, heare them, and have profit by them, that otherwiſe ſhould never have known them. For many (I ſuppoſe) will buy this Booke for things whereunto they are affected, that never could or would have bought or looked on the Bookes, wherein all they are. So that by this meanes, they are like to win againſt their wils.

Perhaps you wil marvel, that I have not placed them in better order, and that things of like matter are not joyned together. Truly, there are ſo many of ſo divers and ſundry ſorts, and contrary effects, that it could not be altogether obſerved. And in my judgement, through the ſtrangeneſſe and variety of matter, it will be more deſirouſly and delightfully read, knowing wee are made of ſuch a mould, that delicate daintineſſe delights us much, but we loath to be fed too long with one food; and that long wandring in ſtrange, pleaſant, and contrary places, will leſſe weary us, then ſhort travell in often troden ground.

This worke might have beene framed with finer Phraſes (more delectable to ſome, though not ſo meete for many) but that it is better to profit a great ſort, then to feed the fancies of a few, well aſſured, that the learned eloquent can better perceive plaine ſpeeches, then the ſlenderly learned & common ſort can underſtand eloquent Diſcourſes.

Therefore as I have written it to all indifferently, ſo wish I to manifeſt the meaning therof accordingly: eſpecially of ſuch as are to be conceived: Not ignorant that there are divers and ſundry Aſtrologi-

logical Aphorismi, & ſome other practiſes beſides in this Booke, that many both wiſe, learned and eloquent, cannot attaine to the underſtanding thereof, (much leſſe the common ſort) the meaning whereof I commit to the learned therein. But becauſe the Planetical power and effect in their houres (wherof I have noted ſome marvelous matters in this worke) ſhould not be hid or unknown, I hope ſhortly there wil be ſet forth ſuch a Rule or Platform, that they may be thought ſimple-witted, or ſlenderly-learned, that therby cannot find out & know quickly both what houre or time any Plannet doth raign or beare rule, and at what inſtant the ſame begins, and how long the force therof doth laſt; which once known, the things that I have written herein concerning the ſame (being wel marked and diligently obſerved) wil not only avoyd much miſchiefe and harme, but alſo wil procure great pleaſure and profit. Until the publiſhing whereof, I refer you to a little booke, intituled or called, A brief Treatiſe concerning many proper Tables, &c.

In which little book is contained the computation of years, with the raigns of the Kings of England; *alſo a brief, neceſſary & exact Table & rule, wherby any may find juſtly & truly, when and how long any* Planet *doth raign, eſpecially ſuch as be of good capacity, & have pregnant wits to concive the ſame: but as for the duller ſort, whoſe underſtanding is unable to reach the true meaning by ſhort inſtruction, I think the ſame to be too brief & buſie for them*

I have divided this into 10 *books, every one wherof, contains a* 100 *of the intituled notable things: which are in all a thouſand. Wiſhing that they may bee accepted as Thankfully and Willingly,*

as I have beſtowed them friendly and freely. Being bold to affirme thus much, that a great deale of gold cannot countervaile this gift, if but ſome twenty of the ſaid thouſand. be diligently marked, faithfully followed, and perfectly practiſed. And thus with few words, I bid you farewell.

Thomas Lupton.

THE

The Firſt Book of
Notable Things.

I.

IN the firſt beginning hereof, a rare and ſtrange matter ſhall appeare, worthy to be marked, eſpecially of ſuch as loves or uſe Sage. A certain man being in a Garden with his Love, did take (as he was walking) a few leaves of Sage, who rubbing his teeth and gummes therewith, immediatly fell down and died: whereupon his ſaid Love was examined how he died: ſhe ſaid, ſhe knew nothing: that he ailed, but that he rubbed his teeth with Sage: and ſhe went with the Judge and others into the Garden and place, where the ſame thing happened: and then ſhe tooke of the ſame Sage to ſhew them how hee did, and likewiſe rubbed her teeth and gummes therewith, and preſently ſhe died alſo, to the great marvel of all them that ſtood by: wherupon the Judge ſuſpecting the cauſe of their deaths to be in the Sage, cauſed the ſaid bed of Sage to be plucked and digged up, and to bee burned, leſt others might have the like harme thereby: And at the roots, or under the ſaid Sage, there was a great Toad found,

which

which infected the ſame Sage with his venomous breath. *Anthonius Mizaldus* hath written of this marvellous matter. This may be a warning to ſuch as raſhly uſe to eat raw and unwaſht Sage: therefore it is good to plant Rue round about Sage, for Toads by no meanes will come nigh unto Rue, (as it is thought of ſome.)

2 A certaine Poet by the report of *Mizaldus*, did weare leaden ſoles under his ſhooes, leſt the wind ſhould over-blow him, his body was ſo light and ſo little.

3 If any do mildly or ſoftly beat the plant or ſtalks of an herb call'd *Mullen*, ſome calls it Hedgetaper, in the morning, when the flowers thereof begin to open, all the flowers by little and little will fall and come to one: as though the plant were withered, or blaſted, which the ignorant have thought to be done by Magicall arts or by ſome inchantment, eſpecially, if he that doth ſtrike the ſame Mullen doth ſeem to mumble ſome words while he doth it. *Mizaldus*.

To increaſe milke in Nurſes.

4 The hooves of the foreſeet of a Cow dried, and made in fine powder, increaſeth milke in nurſes, if they eat it in their pottage, or uſe it in their drink. and being caſt upon burning coales, the ſmoake thereof doth kill Mice, or at the leaſt doth drive them away. This *Mizaldus* writes of the experiment of a certaine Spaniard.

5 *Aqua vita* being outwardly applied, doth help very much the ſinewes and muſcles, and all

all other parts of the body tormented or pained of a cold cauſe, with heating, ſtrength and ſwift penetration.

6 If one uſe to rub chapped or rough lips with the ſweat behinde their eares, it will make them fine, ſmooth, and well coloured. Proved. To make lippes ſmooth.

7 When infortunate Planets be in Angles, and the Sunne or Moone applyes unto them corporally, or by oppoſition, it ſignifies that the party then borne, will be either crooke-backt, or will halt, or it ſignifies the deſtruction or loſſe of ſome member; eſpecially, if the Moone be with the Dragons tayle in theſe ſignes, *Aries*, *Taurus*, *Cancer*, *Scorpius*, or *Capricornus*, or in the beginning or end of the ſigne. *Iatromath Guat. Ryff.*

8 Earth-wormes fried with Gooſe greace, then ſtrain'd, and a little thereof dropt warm into the deafe or pained eare, doth helpe the ſame: you muſt uſe it halfe a dozen times at the leaſt. This is true. Againe deafneſſe.

9 *Anthonius Benevinius* an excellent Phiſitian, doth glory, that hee with the water wherein Smiths did quench their hot and burning Irons, giving the ſame often to drink, and with the eating of Capars, did perfect, yea heale a Citizen of Florence, that had the griefe and ſwelling of the Spleen ſeven yeares. For the Spleen.

10 Addars tongue wrapt in Virgin Wax, and put into the left eare of any Horſe, it makes the Horſe to fall down to the ground,

as

as though he were dead: and when it is taken out of his eare, it doth not only waken him, or raiſe him, but alſo it makes him more lively or quick. *Mizaldus* writes this of the report of an Engliſhman.

11. If a water Snake be tyed by the tayle with a cord, and hanged up, and a veſſell full of water ſet under the ſaid Snake, after a certaine time, hee will avoid out of his mouth a ſtone, which ſtone being taken out of the veſſell, it drinks up all the water: let this ſtone bee tyed to the belly of them that have the Dropſie, and the water will bee exhauſted or drunke up, and it fully and wholly helpes the party that hath the ſaid Dropſie, *Jacobus Hollerius.*

12. Oft Thunder doth turne and change Wines marvellouſly, but if the Wines be then in Cellers being paved and the walls of ſtone, they take leſſe harme than in boarded Cellers: Therefore it is good before ſuch Tempeſt or Thunder to lay a plate of Iron with ſalt, or flint ſtones upon the ſaid veſſels with Wine. *Levinius Lemnius* by *Mizaldus* report.

13 They wil have the Palſey, or be ſo that they cannot move themſelves or will be given to tremble, in whoſe Nativities, the Moon is an Angle with *Saturn*: *Saturn* then being under the beames of the Sun combuſt. Likewiſe if the ſixth Houſe, and the Lord thereof be infortunate of Saturne, without the aſpect of a good Planet. *Iatromath. Gual. Ryff.*

14 Make powder of unſlackt Lyme, and mix it

it with black Sope, and anoint any Wen therewith, and the Wen will fall away, and when the root is come out, anoint it with oyle of Balme, and it will heale it perfectly. To take away a Wen.

15 If you will make wood of the colour of the wood *Hebenus*, eſpecially ſuch as be hard, as Box and Pear-tree, and ſuch like, do as followeth: lay the wood you mean to colour in Allome water, ſo that it be covered with the ſaid water, and let it reſt ſo three dayes, then lay the ſaid wood againſt the hot Sun, or the fire, that it may onely wax warm: then ſeeth the ſame wood in common Oyle, wherein put as much of Vitrioll Romane, and Brimſtone, as a Haſell Nut, let it be diſſolved the longer you ſeeth it, the blacker the wood will be, ſo that you keep a meaſure therein, and it will be fair and elegant. *Mizaldus* had this of an Italian a Profeſſor of many experiments.

16 The juice of Muilen leavs (of ſome called Hedgetaper, and of ſome Longworte,) put to any part that is bruiſed, or that hath had a ſtroke, and the ſtamped leaves thereof, then put upon the ſame, and tyed faſt on with a cloth: if you let it lye ſo a whole day and a night unremoved, it will heale it finely, yea though it bee a wound, but the ſore muſt bee firſt waſht with white wine a little warmed, and the juice and the leaves muſt bee put to it and you will marvell at the effect. *Mizaldus* had this of one that proved it.

17 If any wood or iron be deep in the fleſh, and cannot well bee gotten out, dip a tent in the

the juice of Valerian, and put it into the wound or ſore as deep as you can, and tye the herb Valerian ſtamped upon the ſame with ſome linnen cloth, that it remove not away: and by this meanes, the wood, iron, or other thing whatſoever, will not onely be drawne forth, but alſo the wound will be healed. *Mizaldus* writes it upon the report of an Italian. *Alexis* alſo affirmes it.

To make a Vine beare.

18 A barren Vine will beare grapes, if you caſt old and ſowre Wine thereon, or if you bury the leeſe of Wine at the roots thereof: but you muſt take heed that you caſt no ſoot that is ſwept from Chimnies, or Lime, to the root of the ſaid barren Vine, which with their burning heat kills the Vine, and makes the ſame to wither before his time. *Mizaldus.*

To preſerve the teeth.

19 In the morning if Salt be holden in the mouth under the tongue, until it melt or conſume into water, and teeth being rubbed therewith, it will preſerve the teeth ſafe and ſound: and it will keep them from rotting, and that they ſhall not bee worme-eaten: Proved.

20 The teeth of a Bore new killed, are ſo hot, that if one then put them to haires or briſtles, they will burn them: which ſeemes that the Bore is inflamed with ire gainſt them that kill him, that he would be revenged on them with his tuskes. *Zenophon* is the author and *Mizaldus* the reporter thereof.

To ceaſe the paine of the Gout.

21 There is no preſenter remedy to ceaſe the torment of the Gout, both in the hands and

nd in the feet, than a yong whelp, eſpecially of one colour, if the ſame be put to the griefe. *Levinius Lemnius*. But the whelp ought to be cut out, or cloven in two parts thorow the midſt of the back, and the one halfe with the inner ſide hot, to bee laid to the grieved place: and this I know to bee an excellent thing.

22 Many ſtinking things do drive away the contagious and peſtiferous ayre, as *Caſtorum*, *Galbanum*, *Sagaperum*, Brimſtone, (all which are to be had at the Apothicaries) the ſmoak of burned Lether, and of Hornes, and eſpecially the ſmell of Gunpowder. For ſaith *Lemnius*, the whole City of *Tornace* infected with the Plague, the Rulers of the Tower and Caſtle there, cauſed their Gunnes to be laid and levelled at the City charged with Gunpowder wirhout pellets or ſhot, and then morning and evening in the twi-light, they ſhot off the ſaid Peeces or Guns, ſo that through the ſtinking ſmel of the ſaid ſmoke, and the great and violent noiſe of the Guns, the infectious and contagious ayre was quite put away, and the City delivered from the Plague.

23 Common Azure is made as followeth, take of Salt Armoniack, three ounces, of Verdigreace, ſix ounces, let them be made in powder, and mix them with water of Tartar, ſo that it may be ſomething thick, then put the ſame into a glaſſe, and let it be well ſtopped that no ayre may get forth, and let it be laid in very hot Horſedung for the ſpace of eight

dayes

dayes: and then when you take it out, you ſhall finde it an excellent Azure. *Mizaldus.*

24 It is to be marvelled at, that a Cock or Cockrell which doth not feare a Serpent, or a Dragon, is ſo affraid of the ſhadow of a Glead, when he is flying, that ſuddenly hee ſeekes a place of refuge, and hides himſelfe. *Mizaldus.*

25 Any kind of Amber being ſodden in the greate of a Sow that gives ſuck to young Pigs is not only thereby the clearer, but alſo much the better. *Mizaldus.*

26 If any carry about him the ſeed of Sorrell, gathered of a boy, being a virgin, his ſparme or nature ſhall not goe from him, neither ſleeping or waking: therefore it is ſaid to be good againſt any pollution in the night. *Gilbertus Anglicus.*

27 A certain Citizen of *Padua*, having *Cantharides*, that is to ſay, French Flies, applyed to one of his knees, did piſſe above five ounces of blood: the like hapned to one, to whoſe great toe of the ſame foot the ſame was applied, *Bartholomeus Monteganus*, a notable Phiſician affirmes this: therefore *Cantharides* is perillous to be taken both inward and outward.

28 The leafe of the greater Burre, born or laid on the top of the head, doth draw the Matrix upward: but laid under the ſole of the foot, it draweth downward, which is a notable and excellent remedy againſt the ſuffocations, falling, and diſplacing of the Matrix. This *Mizaldus* writeth.

29 Ale

29 Ale ſod till it be thick like a ſalve, helps all ſores and aches applyed thereto marvelouſly: a thing often proved. To help ſores and aches.

30 All kind of docks have this property, that what fleſh or meat is ſod therewith, though they be never ſo old, hard, or tough, they will become tender and meet to be eaten: hereupon it comes that they were ſo uſed in the old time, for that thereby the meat was more ſooner concoct and eaſier digeſted, and the wound more ſoluble. *Mizaldus.*

31 When the aſcendent and the Moon are both impedite, and their Lords or Signifiers ſafe, then the ſickneſſe is in the body, and not in the mind. And if the aſcendent & the Moon be ſafe, and their Lords or Signifiers impedite or hindred, then the ſickneſſe is in the minde, and not in the body. And if they all be impedite, then it ſignifies both ſickneſſe of the body, and grief of mind. Likewiſe if an infortunate Planet behold the aſcendent, and not the Moone, then the diſeaſe or griefe is in the minde, and not in the body. And if contrary, then the diſeaſe is in the body, and not in the minde. But if an infortunate Planet behold them both, then the diſeaſe and griefe is in them both. *Iatromath Guat. Ryff.*

32 If one ſuſpect himſelfe to be infect with the Pluriſie, let the party hold in his breath as long as he can, and then if he can let his breath goe without coughing, he hath not the Pluriſie. If not, he hath the Pluriſie, or is in danger thereof.

33 Whe-

33 Whosoever hath the Quartaine Ague, shall not be troubled with the falling sicknes: for if one have the falling sickneſſe first, and after shall have the Quartaine Ague, the falling sickneſſe will leave him. *Hippocrates.*

34 One may colour Ivory or any other bones with an excellent green colour as followeth: Take strong water called *Aqua fortis* wherein dissolve as much copper as the said water is able; then let the bones you would have coloured, lie in the same all night, & they will be like a Smaragdine colour. *Mizal.*

35 If Oyle be powred upon Wine or any other liquor, it makes that the same shall not wax mustie, or be corrupted: for it excludes or drives forth all aire that may breed corruption, onely with the outward aire of the Oyle, as with a certaine covering. Notwithstanding, all stirps or Plants, whereon Oyle is powred or effused, doe putrifie, as *Pliny* reports.

To cure wounds. 36 The coles of a Birch tree made in powder, and put into a wound or great sore, healeth it perfectly without any other thing. It was credibly told me that the Muscovites use it much, and esteem it greatly.

37 A Robin-red-breast finding the dead body of a man or woman, will cover the face of the same with Mosse: and as some hold opinion, he will cover also the whole body.

38 An Italian, through the oft smelling of an herbe called Basill, had a Scorpion bred in his braine, which did not onely a long time grieve

grieve him, but alſo at the laſt killed him. *Iacobus Hollerius* a learned Phyſitian, affirmes it for truth. Take heed therefore yee ſmellers of Baſill.

36. If the navill ſtring of a Child after it is cut, doth chance to touch ground before it be burned, the ſame Child will not be able to keepe or hold his or her water, neither night nor day: A thing very true and known. Great care to be had in cutting a childs navel ſtring.

40. A ſlaine Mouſe roaſted, or made in powder, and dranke at one time, doth perfectly helpe ſuch as cannot hold or keepe their water, eſpecially if it be uſed three daies in this order: This is very true, and often proved. To helpe ſuch as cannot hold their water.

41. It was credibly reported to me for a very truth, that a certaine In-keeper in *Ware* dyed, which had a Dog that loved him ſo wel, that certaine daies after he mourned and ſought for his ſaid Maſter without eating of any thing: and when he could not finde his ſaid Maſter, he laid himſelfe among the hot coales in a chimney: who though he was pulled out of the fire, yet he went in againe and burned himſelfe to death, A rare and ſtrange thing as hath bin heard of: I think it is hard to finde a Servant ſo loving to his Lord, as this Dog was to his Maſter. The great love of a Dog.

42. As ſoone as the Child is borne (eſpecially a boy) there ought to be great heed taken in the cutting of the Navell ſtring: for the member of generation doth follow the proportion of the navel ſtring: & if it be tyed too ſhort in a wench, may be a hindrance to her in

bringing forth her child. Therefore it is meet that Midwives have a great regard therein. This is gathered out of *Matthias Cornace*, an excellent Physitian.

43. For the helping of the Cods or Stones that be swollen pained: The ancient learned did grave in a plate of Copper, the figure of a Scorpion, in the houre of *Saturne*, the third face of *Aquarie*, then ascending or rising with *Saturne*: and for the Gout, the seale of *Pisces*. And also for the helping or bettering of memory they made a Ring of pure Gold, wherin was closed a Diamond under the conjunction of *Saturne* and *Jupiter* in *Aries*. *Hermes*.

44. *Egidius Herthoge* writes a strange marvell of a woman which carried a dead child in her womb thirteen yeares, which was perceived of many that handled her belly: but he writes not what successe she had therwith: for whiles he wrote the same the woman was well, and did her businesse with her Husband abroad and also at home.

45. Bitany dranke with water or wine, doth cause a woman to be easily and speedily delivered, yea, though the Child be dead, or if it be turned contrary to a right course: also it brings forth the after burthen: the like effect hath Peniryall, as some affirme. And it hath beene proved, as saith *Aldizaldus*.

46. Pigeons doe so love the Castrell, that one close young Castrils in a pot, and stop and cover the same close, and shall hang them in foure corners of the Dove-house, it will procure

procure such a love to the Pigeons of that place. that for the desire of them being so inclosed in the said pots, they wil never change that place, so much that they love the Castrels their friends after their death. *Collumella* reports this, as *Mizaldus* affirmes.

47. The Wort leaf laid on the crown of the head, draweth up the Uvula or the flap in the throat, M. *Cato* by the report of *Mizaldus*.

48. If a piece of fine gold, or leaves of pure gold be put into the juice of Lemmons, and taken out of it after it hath slaine therein a whole day, and the same juice then given to one that is sick of the Plague, with a little Wine, & the powder of the root of *Angelica*, or of the decoction of the same root, it is marvel to be told what help it brings them, yea though they be past all hope, or thought past recovery. This *Mizaldus* writes as proved. A Medicine for the plague

49. If a man be the first that a woman meets after she comes out of the Church, when she is newly Churched, it signifies that her next child will be a boy: If she meet a woman, then a wench is like to be her next child, This was credibly reported to me to be true. But praise it as it proves.

50. A little bay Salt stamped smal, mixt with the yolke of an egge and applyed to a Felon, and so used divers times, doth not only perfectly heale the same with speed, but also it drawes out all the paine of the arme, and ceases the swelling thereof, if any such be by the ineanes of the same. This is perfectly proved. To helpe a Fellon.

50. Children

51. Children are not alwaies like unto their Parents, as it may appeare in *Holides*, which did beget a Daughter of an Ethiopian, which daughter was not of the colour of her mother; but after the said daughter had a son, which was black & like to his Grandmother. So *Niceus* the Poet did degenerate in colour from his father and his mother, and was like his Grandfather being an Ethiopian; which thing ought well to be considered of such that suspects their wives when they bring forth children unlike to either of them: for it happens many times that the child is like to the grandfather, or great-grandfather, and neither like the Father nor Mother. *Mizaldus.*

52. A Toad-stone called *Crapandina*, touching any part benumb'd hurt, or stung with Rat, Spider, Waspe, or any other venomous beast, ceases the paine or swelling thereof, *Lemneus.*

To kill Lice. 53. The juice of Broom mixt with the Oyle of Radish or Mustard, is a very safe remedy for the killing or destroying of Lice.

54. If a woman anoint often her Duggs or Pappes with the Juice of Succory, it will make them little, round or hard; for if they be hanging or bagging, it will draw them together, whereby they shall seeme as the Duggs of a Maid. *Mizaldus.*

55. If you shal enclose within a peece of thin silke, *Galbanum* made soft, and shall lay it to the mouth of the Matrix all night, (the head of that woman [illegible]ing then no foule or stinking

ſtinking cloths upon it, but onely covered with a Caule, and a cleane or thin Kirchife, without any kind of odors) in the morning when the ſame are looſed from her head, if the crown of her head ſmell of *Galbanum*, it is a ſure token that the Woman is apt to have Children. *Hippocrates*.

56. If a ſtone called an *Hemetiſt*, wherein a man is graven with bended knees, girded about with a Serpent, holding the Serpents head in his right hand, and his tale in the left hand, be ſet in a Gold Ring, with one leafe of an herb called Dragons put under the ſaid ſtone, it doth make the bearer thereof ſafe from all poyſon and plague. *Hollerius* a notable Phyſitian writes it.

57. The faſting ſpettle of a whole and ſound perſon, doth quite take away all ſcurvineſſe, rawſflame, or redneſſe of the face, ring-worms, Tetters, and all kind of Puſtules or Wheales, by ſmering or rubbing the infected place therewith. And likewiſe it cleane puts away thereby all painful ſwellings by the means of any venemous thing: as Hornets, Spiders, Toads, and ſuch like. *Mizaldus*. A great vertue of faſting ſpettle.

58. New Cheeſe wrapt or folded in the dry leaves of Dragons, preſerves the ſame from being moldy, or from putrifying. *Galen* and *Plinie*.

59. It is certainly and conſtantly affirmed, that on Midſummer eve, that is, the day before the Nativity of S. *Iohn Baptiſt*, there is found under the root of mugwort a coal, which pre-

ſerves or keepes them ſafe from the Plague, Carbuncle, Lightning, the Quartaine Ague, and from burning, that beares the ſame about them: and *Mizaldus* the Writer hereof ſaith, that he doth heare that it is to be found the ſame day under the root of Planten: which I know to be of truth, for I have found them the ſame day under the root of Planten. Which is eſpecially and chiefly to be found at noone.

60. The droſſe, or that which is left after the paſſing out of the Oyle of Linſeed, is marvellous profitable for the feeding of Beaſts: and if you ſhall let a handfull or two ſteepe a while in raine water, and therewith waſh your hands, it will not only amend the ſpots or other deformity of the skin, but alſo you ſhall thereby perceive that the ſame and other members, if they be likewiſe waſht therwith, will be made much faire and more cleane. *Mizaldus.*

61. All things that come out of the earth will ſwim upon quick-ſilver, though they be heavy, except gold: and gold though never ſo little, wil ſink into it, & be ſwallowed therof, and his colour will be turned into ſilver, which cannot be reduced into the forme of gold againe, but with fire, nor cannot be gotten out: and the quick-ſilver, through the fire will be reſolved in a ſmoake, with a perilous ſmell. *Mizaldus.*

62. Salt finely ſtamped and mixed with faſting ſpettle, laid on a fillet (and applyed certaine

taine times) to the place where ſuperfluous haire is, doth cauſe that hair will grow there no more. A thing certainly proved. Pigeons dung doth worke the like effect applyed in ſuch ſort.

63. *Aqua Vitæ*, mixt with white Sugar-candy finely powdered, ſo that it be not too thick thereof, but indifferent, and a ſpoonefull thereof taken laſt at night for the ſpace of three or foure nights, doth preſently help the Cough and hoarſneſſe, and breakes the fleame marvellouſly; this is a tryed thing. The like effect hath the powder of the Roote of *Enula campana* mixt with the powder of Liquorice, and of white Sugar-candy, if it be often uſed, and eaten aſpoonfull at one time. Which I have often proved. *Againſt the cough or hoarſneſſe.*

64. They are like to be gowty, or to have the *Sciatica*, or paines in the joynts, in whoſe nativity *Saturne* or *Mars* is in the ſixt houſe, or in the 12 houſe infortunating the Lord of the ſixt houſe; eſpecially if the ſigne of the ſixt houſe be *Capricorne*, *Aquarie* or *Piſces*. *Iatromath. Guat. Ryff.*

65. Whoſoever have their feet ſmell ſtrongly, if they put the ſcales of Iron in their ſhooes wherein they uſe to goe, it takes clean away the evil ſmel thereof. *George Fabricus.*

66. You ſhall ſtay the bleeding of the noſe, if you write with the ſame blood in the forehead of the party that bleeds, theſe words following, *Conſummatum eſt*. A thing proved with many. *Mizal.* *To ſtay bleeding at the Noſe.*

67. If Boyes or Young-men doe uſe Milke and exerciſe from the cradle, they are thereby more higher or taller of body, and of more comely and beautifull ſtature. *Mizaldus.*

To cure the Squinancie.

68. The powder of the tooth of a Bore mixt with the oyle of Linſeed, doth preſently cure the *Squinancy*, (which is a pain or ſwelling in the throat (if the grieved place be touched with the end of a feather or pen, ſmeared with the ſame mixture. *Mizaldus.*

69. The outward part of the Nettle, doth ſting, prickle, or burne, but the inward part (being the juice) anointed on the arters, doth mitigate and amend the feaverly heat of the heart. *Avicena. & Arnold. de Villa nova.*

70. If the corners of the eys be anointed with an oynment of Saffron, if after the ſpettle doth ſavour thereof. the partie is not barren, but is apt to have Children. *Plinie.*

To make Teeth white.

71. A Medicine made of a little hony and of a cole made of a vine which never bare grapes, if the teeth be often rubbed therewith, doth ſo cleanſe them, and make them ſo white, that they will be judged to be of Ivorie.

72. The blood of a white Hen, ſmeared on a freckled or a ſpotted face and thereon ſuffered to dry, and afterward wiped away, clearely takes away all ſpots from the ſame. *Mizaldus* had this of a certaine Italian.

To helpe a Quartain Ague.

73. *Cantharides* wrapt in a Spiders web, and hanged over one that hath the Quartaine Ague, it is ſaid it cures or delivers him or her thereof perfectly. *Mizaldus.*

74. The

74 The decoction of Holliock, with hony & butter being drunk, doth marvellously ease the pain of the Collick and of the back. I have proved this to be very excellent and true. For the Collick.

75 A plaster made of the powder of burned Swallowes, and of their nest, doth help effectually the swelling of the throat, or the Squinancie.

76 If the pizell of a Bull that is all red, be made in powder, and a dram thereof (that is the weight of lxxij. barly cornes) bee given to a woman in a draught of Wine, it will make her loath to have to do with a man, (as *Basis* writes.) And the same powder given in meet Medicines to a man, doth contrary stirre and make him lust therein. *Marcellus Empericus.*

77 If dogs chance to finde a cats skin, they will rub and roule themselves upon it. And they will doe so likewise where it is buried: they delight so much of the thing dead, which they hated alive. *Cardanus.*

78 You shall know good and pure Azure from sofisticate and naughty Azure, if some of it be laid upon a hot burning iron, and if then it will not be burned, neither any little stone is found therein, then it it is pure and perfect. *Mizald.* had this out of an old written book.

79 The white of an egge well & long beaten, mixt with quick Lime, will joyne surely broken Glasses, and broken earthen cups, and will make them hold fast and surely together. But it would be the better if a little of very old

old Cheese be well mixt therewith. This is very true, and proved.

80 Planten is judged by *Hermes*, to be the herbe of *Mars*, and therfore good against the diseases and paines of the head, because that the signe of *Aries*, which is one of the houses of *Mars*, doth governe the head. And also Planten is very good against the griefe and diseases of the stone, and the ulcers of the bladder: and also *Gonorrha passio*, and Hemrods, because *Scorpio* the other House of *Mars*, doth rule that part of the body. Like judgements may be had of other herbs of the Planets. *Mizaldus.*

81 If the right knee of a Bull be very strait tied, he cannot bull a Cow, although before his eyes she allure him thereto with her mouing. *Mizald.*

82 If a married man be let or hindered through inchantment, Sorcery or Witchcraft, from the act of generation, let him make water through his Marriage Ring, and hee shall be loosed from the same, and their doings shall have no further power in him. *Guil. Varignana*, and *Arnoldus de Villa nova* affirms the same.

For the Cramp. 83 Whoso use to rub their fingers between their toes of their feet when they goe to bed, especially when they smell most, and then to smell the same at their nose: it is a perfect remedy to put away the cramp. This was affirmed to me as a tried thing.

84 A candle burning, holden or put to a house

house or place wherein a piece of Saltpeeter is put, the said candle will suddenly be blown out. And the same candle immediately put to another place wherein is Brimstone, will bee light and burne againe, to the great marvell of them that stand by, if they be ignorant of the secret. *Mizaldus.* But the snuffe of the candle must not be clean out.

85 That Writings shall not burne in the fire, take very strong Vineger, and the whites of eggs, and put them together, and put thereto Quicksilver, mixing and stirring the Quick-silluer well therin, and with the same mixture anoint Paper three times, and after euery time dry the same well: and after that write what you list on the same paper, and then cast the same writing into the fire it will not burne. This *Mizaldus* had out of an old book.

86 Cut or break a white loafe in the midst when it comes hot out of the Oven, and lay it to the eare of such as have any quick thing in their head, and it will bring it out, shifting it still with hot bread, untill all the quicke things be come forth. This is proved to bee true.

87 The little bone in the knee joint of the hinder legge of an Hare doth presently help the Cramp, if you touch the grieved place therewith. Often proved. For the Cramp.

88 A little piece of the tongue of a Fox, being moistned and made soft in vineger, (if it be drie) draweth out a thorne or any other thing

thing deepe in the flesh, if it be laid upon the place where it is. It is an excellent an true thing.

89 When the sign of the sixt house is *Libra*, and *Mars* in the same house, it signifies grief, and paines of the eye. *Iatrom it. Guat. Ryff.*

90 *Julius Viator* a Knight of *Rome*, (*Pliny* being the Author) who in his childhood had the Dropsie, therefore then forbidden of the Physicians to use moist things, did so overcome nature, through continuance or long use, that all the time of his life after he lived without drinking any thing.

To stanch blood. 91 The three cornered stone of a Carpe, which is to be found in the hinder part of the head, nigh unto the neck, beaten small, and blowne into the nose, doth stay the bleeding of the nose, by his binding faculty: which may be perceived by the tasting thereof. This hath been proved, and I know it to be true. *Mizeldus.*

92 The head of a Cat that is all black, burned in a new pot, and fine ashes or powder made thereof, and some of the same thrice every day blown out of a quil into the eie that hath either web or pearle, or any other evill or griefe in the same, is a most excellent help and remedy therefore. But if the party feele any burning in his or her eye (especially in the night) let three or foure Oaken leaves steeped or moistned in water, be laid together upon the sore or grieved eye, and let the same be afterward turned and laid on againe,

The

The Author of this ſecret, ſaid: that the ſight is reſtored with this remedy, after a whole yeares blindneſſe. This was told to *Mizaldus*.

93 That Salt will help fecundity, or make women more apt to bring forth children. It may be an argument: becauſe of the great number of Mice and Rats that are wont to breed in ſhips of the ſea. And becauſe women that are lovers of ſalt and ſalt meats, are more prone, and have more children. *Leminius*.

94 Aſſes that are much cumbred with melancholy, doe gladly eat Citterach, or Scaleferne, that they may mend and help the diſeaſes of the Spleen: Goldfinches Eibright, and Vipers Fennell, for the mending of their ſight. So Goats by a certaine property of nature, do hate or cannot abide mans ſpettle, nor wil they eat any thing whereof man hath firſt taſted. But the nature of Lyzards is contrary: for they lick up the ſame greedily. *Plinius Theophraſt.*

95 *Hannibal* made a paſſage for him and his Souldiers thorow the hard rocks of the Alpes, to paſſe into *Italy*; for by heating and burning the ſtones with fire, and ſprinkling Vineger thereon, he made them ſo ſoft, that they might fall eaſily in pieces, and that they might be ſooner broken aſunder. *Titus Livius. Plutarchus.*

96 Here followes an excellent remedy for all wounds, and eaſie to be made. Take Greek Pitch, Brimſtone, and white *Olibanum*, which

which is a kinde of Frankincenſe, of all a like quantity: let them be ſtamped and mixt with the whites of Eggs, then (the wound being firſt waſht, and the lips thereof well joyned together) lay the ſame mixture on a linnen cloth, and apply it to the wound, and tie the ſame faſt on with cloathes, or broad bands: and let it lie ſo certaine dayes unremoved: Proved, ſaith *Mizaldus*.

97 White Lillies will wax red, as *Florentius* hath taught, if warily and diligently you open the clifts of the roots, and fill the ſame with any red colour: and ſo then ſet the ſame in a fat dunged earth. *Mizal.*

98 Women that uſe to lie and ſleep on their right ſide, ſeldome or never bring forth any wenches. *Raſis* writes this.

99 Whoſoever is anointed for the *Nepolitane* diſeaſe (commonly called the French-pox) if he hold in his mouth a Ring of gold, or elſe another piece of gold, and rowles the ſame about his mouth with his tongue, the Quickſilver that is in his body by the means of the ointment, is drawne of the ſaid gold, and is ſo wrapt about the ſaid ring or gold, that when the ſame is taken out of his mouth it ſhall ſeem as though it were all ſilver. And the ſame Ring or other gold will not be reſtored to his former brightneſſe or colour, except it be put into the fire. *Lemnius.*

100 Snailes without their ſhels, or otherwiſe with their ſhels ſtamped and mixed ſometimes with Cheſſep or rennet, doe draw out

thorne,

thornes, or any other thing out of the flesh, though never so deep, if they be applied to the place. And also being laid to the belly of them that have the dropsie, they suck out the water. But the same must not be loosed from the belly, untill all the humors or water be sweat forth, or else the same plaster of Snailes doth fall away of himselfe. *Jacob Hollerius.*

The end of the First Book.

The Second Book.

1.

WHen the Moon is in Conjunction with the Sun, or in any evill aspect with him, and in any Angle, and beholden of evil Planets with an evill aspect, in any bodies Nativity. It signifies that the child then borne, shall have inseparable diseases or griefes in the eyes. *Iatromat. Gnat. H. Ryff. Argent.*

2 It is manifest by experience, that the seventh Male child by just order (never a Girle or Wench being borne between,) doth heale only with touching, (through a natural gift) the Kings evill: which is a speciall gift of God, given to Kings or Queens, as daily experience doth witnesse.

3 *Erastratus* a Physician, did perceive by the feeling of the pulse, that *Antiochus* the sonne of King *Seleucus*, did so pine for the love of

Strato-

Stratonices his mother in law, that unleſſe hee might have his deſire, with the good will and pardon of his Father, he would dye. Theſe are the Authors thereof, *Valerius Maximus*, and *Galenus*. Which alſo by the like, did know that *Juſta* the wife of *Boetius*, a Counſellor of *Rome*, did languiſh for the love of one *Pilas* dancing in the Theater. *Mizaldus*.

4 Celendine with the heart of a Woont or a Mouldwarp, laid under the head of one that is grievouſly ſick, if he be in danger of death, immediately he will cry with a loud voice, or ſing: if not, he will weep. *Mizaldus*.

5 The juice of Henbane, mixt with the blood of an Hare, and ſod within the skin of a Hare, it is ſaid that all the Hares will gather together, which be within that trace where it is buried. As the Matrix of a Bitch will gather Dogs together. This was affirmed for truth to *Mizaldus*.

6 Many women with child of the ſudden or unlooked for, meeting, or ſudden ſeeing of an Hare, or for the deſire or longing to eat of the ſame, do bring forth children with a cloven overlip, and forked-wiſe, called an Hare-lip. Daily experience confirms it. *Mizaldus*.

7 That diſeaſe or ſickneſſe will bee great which takes one when the Moone is in that ſigne, wherein an evill Planet was in the time of his birth, either in a quartile or oppoſite aſpect: and if an evill Planet doth then behold her, it will be very perillous. But then if the Moon be in a place where a good Planet

was

was in the time of the birth, that ſickneſs will be without danger. *Hermes Triſmegiſtus*, *Ptolomeus*, and *Claudius Galenus* Authors.

8 An Egge laid in ſtrong Vineger three dayes or a little longer: it makes the ſhell thereof ſo tender and ſoft, that one may draw it thorow a Ring. Caſt the ſame into warme water, and let it lye therein, and it will bee hard againe. *Mizaldus*.

9 A flint ſtone lying in Vinger the ſpace of ſeven dayes: may be reſolved into powder by rubbing between the fingers. Therefore it is no marvell though *Hanniball* did diſſolve the ſtones of the Alpes with Vineger. *Mizaldus*.

10 Water wherein the leaves and ſeeds of Hemp is ſodden: being caſt or ſprinkled on the earth, will make the wormes to come out of the ground if any be there. *Mizaldus*.

11 Take the oyle of Tartar, made of the Lees of excellent Wine, it doth take the ſpots from iron, the iron being cleanſed from all ruſtineſſe, and doth make him of an excellent brightneſſe, if the iron be rubbed therewith. *Mizaldus*.

12 The root of Henbane ſtamped, and ap- For the Gout.
plied warm to the paine of the Gout of the feet or *Siatica*. It is ſaid that it helps marvellouſly, becauſe the herb belongs to *Jupiter*, which is onely Lord of *Sagitary*, which governs the huckle bone. And of *Piſces*, which challengeth the feet. *Mizaldus* had this out of an old book of ſecrets

To keep Inke from freezing.

13 If some drops of *Aqua vitæ* be mixt with writing inke, the same inke will never bee frozen. Proved.

14 Whosoever is apt to any thing, hath certainly that Star or Planet, by whom that thing is signified very strong in his birth. *Mizaldus.* As thus for example (I may say by the way.) He that is apt to martiall feats, or Warlike affaires, hath undoubted *Mars* strong in his birth. And whosoever is apt or enclined to planting, drawing, writing, ciphering, or to the Science of Arithmeticke, or to any witty or notable inventions, without all doubt hath *Mercury* very strong in his birth, which by daily proof is infallible. And so you may know of the rest.

15 The wood of the Sycamore tree, is never dry in the ayre or high ground, and in the banks of Rivers, and where waters run over, it dryes very quickly. *Mizaldus.*

16 The soles of the feet anointed with the fat of the Dormouse, doth procure sleep, As Actius doth say.

17 They will have paines in the stomack, or be weak stomackt, in whose Nativities, *Mars* and *Saturne* are in the sixt house: or in the twelfth house, infortunating the Moon, or the Lord of the Ascendant: especially if the signe of the sixth house be *Cancer*. *Iatrom. Guat. Ryff.*

18 This following is an excellent remedy for them that be broken bellied or burstен. Take nine red Snailes, and put them between two

two Tile ſtones, ſo that they ſlide not away, and dry them in an Oven, ſo that you make them in powder: then give to the diſeaſed the powder of one of them in white wine every other day in the morning, till all bee done, which will be in eighteen dayes. The party muſt take it faſting, and neither eate nor drink of two houres after. And if the diſeaſe be ſo long rooted that theſe nine times will not ſuffice, then begin immediately againe with other nine Snailes, and doe as before is declared in all points. I had this out of an old Book wherein was many Secrets, and I heard one affirme it to be a true and tryed thing.

19 Hempſeed ſ[illegible]en to Hens in winter, will make them lay eg[illegible] apece. *Candanus.* To make Hens lay.

20 The Oyle of Tartar, doth take away cleane all ſpots, freckles, and filthy wheales of the face, chin or forehead, with his cleanſing ſtrength. This is proved.

21 When thou wilt drive away Flies from any place, that there ſhall none be ſeene there againe, make the image of a Fly in a ſtone of a Ring: or as my Book, ſaith *Mizaldus*, in a plate of Braſſe or Copper, or of Tin, make the image of a Fly, of a Spider, or of a Serpent, the ſecond face of *Piſces*, then aſcending. And whiles you are making and graving of them, ſay: *This is the image which doth cleane rid all Flyes for ever.* Then bury the ſame in the midſt of the houſe, or hang it in a[illegible]y place of the houſe, (but if thou haſt foure ſuch plates, and bury or hang them in foure

corners of the houſe, or hide them within the walls, that no body take them away, it were far better.) But this laying of them muſt be when the firſt face of *Taurus* doth aſcend. And ſo no Fly will come in there, nor tarry there. *Ptolomy* ſaith, that he ſaw the tryall hereof in the houſe of King *Adebarus*, who was very wiſe, and was marvellous expert in naturall Magick, in whoſe Palace or place, there was neither Flye nor any other hurting worme. And that I might ſearch it out, ſaith he, I brought in thither live Flyes, which preſently died. *Mizaldus*.

22 Six or ſeven whites of egges put into troubled or thick Wine, and the ſame being well moved and ſtirred with a ſtick makes the Wine faire and cleare.

23 It is dangerous to ſtrike: eſpecially, to cut that part of the body, when the Moon is in that ſigne that governs the ſame: as daily experience ſheweth by many, and a thing every where feared and doubted, through the dangers that followes thereof. And it was credibly told me, that one that was by chance prickt in the finger with a thorne, the Moone in *Gemini*, died without any remedy thereof. And I knew a tall man and a ſtout, that in fighting had a little cut with a Sword under the ancle, as it ſeemed to me, ſeeing the ſame a thing of ſmall harme, yet notwithſtanding he dyed within halfe an houre after the ſtroke was given. This may bee verified by many examples. So that by this and by many other

thing

things, it is manifeſt that the Moon and other Celeſtiall bodies, have marvellous power in our earthly bodies: As in this Book and in divers and many places, the ſame is manifeſt.

24 If a Rat, Mouſe, or Weſell, or any other thing, ſuddenly leap or fall on the body of a woman with child: or elſe any Cherries or a cluſter of Grapes, or other thing whatſoever chance to fall or hit any part of her body, by and by it haps that the child is marked with ſome ſpecial note or mark on that part whereon they did fall or hit, (except haply the woman on whoſe body the ſame did chance,) wipe with her hand ſuddenly the part or member therewith touched and lay her ſaid hand on ſome other part further off. *Lemnius.* There are few women but know this to bee true, and many have found it too true. As two or three ſtrange examples in this Booke doe ſhew moſt wonderfully.

25 Burning water, called *Aqua vitæ*, is of a marvellous force, in preſerving of things and keeping them from putrifying. For fleſh or meats whatſoever moiſtned therewith, will be ſafe from corruption and wormes.

26 If young beaſts eat of the leaves of an Ivie tree, they dye: But if they that chew the cud doe eat thereof, they feele no harme. This is the opinion of *Theophraſtus*. But *Pliny* doth aſcribe it to the Aſh tree. But the likelihood and neerneſſe of the words might deceive him. For the Aſh tree in the Greek tongue is *Melea*, and the Ivie tree is *Mellon*. *Mizaldus.*

27 A marvellous matter, and a thing worthy to be remembred is written by *Aelianus*, that a great mighty Woolfe did come to a Schoole, and did snach the writing Tables out of the hands of a boy, called *Gelon* of *Syracusa*, whereat the said Child *Gelon*, rising from his seat, did diligently & sharply without any feare followed the said wilde beast, earnestly to pluck the said Tables from his mouth; but after that *Gelon* was out of the Schoole, the same with a sudden ruine fel upon the rest of the Schollers, killed, and oppreſt with the School-master, above a hundred boyes; only *Gelon* by Gods providence, of all his fellowes remaining alive; and becauſe he was not killed of the Woolfe, but rather reſerved, it cannot be without great admirations; partly for ſhewing his Kingdome and Rule; and partly that he was preſerved from ſo imminent a perill.

28 Whoſoever will preſerve Cheſnuts, and keepe them ſafe and ſound, let them lay and mix them with Walnuts; for they will drink up and conſume ſuch humors whereby they corrupt; and they will not ſuffer them to wex mouldy. *Mizaldus.*

29 Knot graſſe is thought to be the herb of the Sun, whereupon it helps greatly all the diſeaſes of the heart, and the mouth of the ſtomack; wherof *Leo* the Lyon is Governour, which is the houſe of the Sunn; and it is very good againſt the great griefs of the back, the Stone and the Collick, by drinking of it, or by

by infection; It was affirmed to *Mizaldus*, that it was found true by experience.

30 A herb called Houndſtone, joyned with the matrix of a bitch, being ſo tyed to the neck of a Dog, that he cannot get it away; you ſhal ſee him turne about ſo long, that he will fall down and ſeem to be halfe dead. *Albertus.*

31 When the Scitheans were conſtrained to ſuſtaine hunger for any certaine matter or urgent cauſe; they girded in their bellies with broad bands that no emptineſſe left in their belly or guts, their hunger might the leſſe grieve them: for through the hard binding in of the belly, hunger is the more tolerable: whereupon it is ſeene, that they that eat much doe looſe or unbutton their doublets, and looſe their garters. *Phavorinus.*

32 The Elephant ſeeing a Ram, is by and by tame, and leaves his fierceneſſe; with which policy the Romans cauſed the Elephants of King *Pyrrhus* to returne and goe backward; and ſo the Romans obtained a worthy victory. *Mizaldus.*

33 The paring of an apple cut ſomething thick, the inſide whereof laid to hot burning or running eyes, at night when the party goes to bed, and tyed or bound to the ſame, doth help the ſame very ſpeedily, and contrary to expectation; an excellent ſecret.

34 A certaine Prieſt having a loving Dogge, was killed for his monny, and thrown among buſhes or ſome other privy place; which Dog ſo mourned for his ſaid Maſter, that he would

not depart from him, but howled: ſo that the dead body was found; which dead body was brought afore certaine men to be viewed, to which place divers people reſorted. Amongſt whom the murtherer muſt needs ſhew himſelfe (lamenting outwardly the matter, with the reſt of the ſtanders by, as though hee had been as guiltleſſe as the reſt,) whom when the ſaid Dog perceived, he barkt, and did run at him fiercely, and by no meanes would leave his barking, howling, and running at him, and following after him, and at none other, ſhewing (in his manner) that that was he that killed his Maſter. Whereupon being ſuſpected, he was examined, who forthwith confeſſed his wicked fact, and therefore was executed. Saint *Auſtine* affirmes this, as I doe remember.

35 If both the lights, (that is to ſay, the Sun and the Moon) be in the ſixt houſe infortunate, they that be then borne without doubt will be blind. And if but one of them be there and infortunate, then the childe will be blind but of one eye. And likewiſe it will be, if either the ſaid lights be Lord of the ſixth houſe infortunate. And univerſally, their eyes cannot eſcape great hurt, in whoſe Nativity the ſaid lights are impedite. *Iatromat.*

To eaſe the Gout.

36 This following will preſently eaſe the paines of the Gowt, Fry out the greace of Shoomakers ſpetches, or pieces of leather: and lay ſome of it upon a browne paper, warming it a little at the fire: then apply the ſame

to

to the griefe, and it will take away the paines in one night: I had this of them that have proved it often to be true.

37 If Sheepe chance to eate of an herb called Knotgraſſe, it wil make their bellies ſwel: and they will avoid out of their Mouthes a thin ſtinking froth, therefore they muſt be let blood under the taile next to the Buttock. *Columella.*

38 There is many doe things in their ſleepe, that they that be awake uſe to doe; For they will walke about the houſe and chamber, and will goe to the other folks beds, and dare doe any thing without feare: wherof there are many daily examples. But one among all the reſt (which was credibly told me) was marvellous ſtrange, and almoſt incredible. Which was; that two men lying in bed together, the one of them being faſt aſleepe, took the keyes and unlocked the doores, and the gate of the houſe, and ſo tooke his bow and arrowes, and went to a wood or chaſe about a mile from thence, and killed a Buck or a Doe, and then did cover or hide the ſame in the Wood; and then came home againe, unlocking and locking the gates and doors againe, and laid the keyes where he had them, and ſo went to bed. The other man that lay with him being awake followed him and did ſee all that he did: but he would not goe to bed, but ſtaid awhile in another place to ſee the end thereof: And as ſoone as the other was in his bed, he took his dagger, ſtabbing and thruſting therewith in

the

the bed, where the other man did lye, and by and by after awaking, ſaid; alas what have I done, I have killed him? The other anſwered, nay; I am not kil'd yet, thankes be to God. Then ſaid he, for I was a dreamed that I killed a Buck in ſuch a place, and that thou didſt ſee me where I did kil him, and hide him: and thinking thou wouldſt bewray me, I thought to kill thee: But I am glad ſaid hee, that it was but a dreame. Then the other ſaid, if it were a Dreame, thy Dreame is then true; For thou haſt performed all thy Dreame, except the killing of me, which he would not beleeve untill the next day: when he that lay with him carried him to the place where hee himſelfe told that he did hide the ſaid Buck. Where indeed they found the Buck killed as he before told in his Dreame. A marvellous matter if it were true.

39 The Greekes and Romanes did keepe ſnow till Summer in Caves of the Earth, covered with Oken bowes or Chaffe: Which made Saint *Auſtine* ſay, who gave Chaffe ſuch a cold ſtrength to keepe and preſerve Snow? or ſuch a hot ſtrength, to heate and ripen unripe Apples?

40 Wine will be pleaſant in taſte and in ſavour and colour; it will much pleaſe thee, if an Orenge, or a Lemmon, ſtuck round about with Cloaves, be hanged within the Veſſell, that it touch not the Wine: and ſo the Wine will be preſerved from foiſtynes and evill ſavour. *Mizaldus.*

41 They

41 They will have paines or diſeaſes in their Liver, in whoſe Nativity *Jupiter* is Lord of the ſixt houſe, being evill aſpected of an infortunate Planet. *Iatromath.*

42 If ſhell Snailes be roſted and dryed at the fire, or in an Oven, and made in powder, and a ſpoonfull thereof drunk in Ale at one time, and ſo taken nine or ten dayes together: it doth perfectly help and cure the black Jaundies. Proved.

43 If you ſtamp earth wormes, and then ſtraine them thorow a cloth, then put to the ſame as much of the oyle of Radiſh roots, and between the beating or framing of Swords, or Knives, or Daggers, when they be hot, you doe quench them twiſe or thriſe therein, the ſame ſhall cut yron after, as though it were lead. This *Mizaldus* had of a Phyſician that was cunning in that art.

44 Stinking and corrupt Wine will bee marvellouſly mended, if according to the bigneſſe of the veſſel, a ſufficient quantity of clean wheat in a bag be hanged in the ſaid veſſell, and after be taken out of the ſame. For whatſoever is unclean, or naught in the wine, the wheat will draw the ſame to it, and ſo will leave the wine pure and cleare. *Piſtorius.*

45 The uttermoſt or laſt joint of the tayle of a young whelp, after he is forty dayes old, being writhen off: the ſame Dog will never be mad. Beſides that this taile will be thereby of a comely length. *Mizaldus.*

46 If you bore holes in Bay berries, and put into

into every hole the ſeeds of Artichokes, and wrap them with dung, and ſo put them into the earth, thou ſhalt have ſo ſweete and pleaſant ſmelling Artichokes that nothing can be of a more ſweete and pleaſant ſmell. *Varro.* the ſame will happen, if you doe ſteep ſeeds three dayes in ſweete ſmelling water. *Mizaldus.*

47 Butter, *Aqua Vitæ*, and Beaſts gall, of each a like quantity mixt together; and an Ach or Stich anoynted therwith ſomthing hot, every morning and evening, for ſeven or eight daies, doth perfectly helpe the ſame. Proved.

48 Al Wheat that is ſown in continual moiſt ground, after the third ſowing, will be come the pureſt, and make the fineſt and beſt bread that can be made. *Columella.*

49 *Galen* ſaith, that he knew certaine men in his time, that gave the powder of mans bones burned, to them that had the Falling-ſickneſſe; they not knowing of it, leaſt their mind ſhould ſtand againſt the Medicine, and many was cured with the ſame. *Geſnerus* hath proved it with the Scull.

50 If the little Nerve under a Whelps tongue (commonly called the greedy worme) be taken away, it keepes the ſame ſafe after from being mad; and he will not be given ſo much to barking after; and ſo it is thought they will not be given to greedineſſe after.

51 If you prick the head of a Leeke with a Reede or a ſtick ſharped, and put within the ſame, the ſeeds of Rape, or of Cucumbers, the

ſaid

ſaid Leekes head will ſo ſwell, that it will ſeeme monſtrous.

51 *Ætites*, called the Eagles ſtone, tyed to the left arme or ſide; it brings this benefit to women with child, that they ſhall not be delivered before their time: beſides that, it briugs love betweene the man and the wife: and if a Woman have a painfull travaile in the birth of her Child, this Stone tyed to her thigh, brings an eaſie and light birth: but you muſt take it away quickly after the birth. The ſame Stone, as the *Caldeans* report, if it be mixt with meats unvenomed; it forbids or lets that the ſame Meat be ſwallowed downe. *Evax & Alb.*

53 The people of *Aſtamores* (as *Plinie* reports) have no mouth; and are clad with a woolly moſſe growing in *India*, and live only with ſmelling of Odours at their noſe of Rootes, and of flowers and apples that grows in the woods: which they carry with them in their long journies to ſuſtain and nouriſh them with all, leaſt they ſhould want thereof to ſmell.

54 The powder of Stone Pitch, dranke in ſmall drink once every day, for the ſpace of foure or five dayes, it is a very good remedy for them that are bruiſed through falling, or otherwaies. For b bruiſe

55 When the Sunne is in the day time, and the Moon in the night, in a Nativity, and is corporally conjunct with any evill Plannet: the child that is then born will be blind. And if

if this be in an Angle, or if the Lord of the Aſcendent be with them, then they will be blind in their youth. And if the ſaid light ſo infortunate be not in an Angle, nor with the Lord of the Aſcendent, then they wil be blind in their age. *Iatromath. Guat. Ryff.*

56 Three Nayles made in the vigill of the Nativity of Saint *John Baptiſt*, called Midſomer Eve, and driven in ſo deep, that they cannot be ſeene, in the place where the party doth fall that hath the falling ſickneſſe, and naming the ſaid parties name while it is doing, doth drive away the diſeaſe quite. Which *Mizaldus* writes of the report of one that proved it.

57 If you will preſently turne Wine into Vineger, caſt therein Salt with Pepper, mixt with ſowre leven, and it will performe it quickly. *Mizaldus.*

58 The root of Vervain hanged at the neck of ſuch as have the Kings Evil: it brings a marvellous and an unhoped help. Which is *Venus* herb, that hath power of the neck: becauſe of *Taurus* the Bull, being her Houſe. *Mizaldus.*

59 Whoſoever fals ſick in that year wherein there is an Eclipſe, and the Signifiers of the ſaid Eclipſe bee in the Aſcendent of the Nativity of him that ſo falls ſicke, or in the Aſcendent of his Revolution, or in the place of his Hilech, or of the Signifier of his life; That diſeaſe then taken, will bee very perilous and deadly. *Mizaldus.*

60 Geeſe

60 Geese, Ducks, and other water Fowles, helpe their diseases with wall Sage, Hennes with Withwind, Geese with Haritch, the Cranes with Sqinant, the Panther with mans Dung, the Bores with Ivy, the Harts with Arthechoks, the Doggs with grasse: Also *Plinie* saith, that the smell of Crabbs will kill Bees, especially, if one seeth them nye unto their Hives: For they abhor stinking smells. Therefore they follow them fiercely that smel of stinking smells.

61 If Children eat Raisins fasting, that have wormes without any other meat, it will kill and avoid the wormes: For as bitter things are noysome unto them, even so is sweete things, it makes them to swell and burst. To kill worms in children.

62 If the tender hornes of young Buckes, that is covered with a thin hairy skin, be cut in peeces, and then put into a new Pot well covered, and set in an Oven or other place that is hot, whereby the same may be made into powder, and some of the same given with Pepper and Myrthe, to whom that are tormented with the Collick, in good Wine: it will help them marvelously of the same disease. *Scribonius Largus.*

63 Pellitory of the wall stamped, and so laid to the Cods, and under the Navel: and so used four or five times, helps the Collick and the paines of the Bladder and Cods. A thing often proved.

64 They will be diseased in the Splene, in whose nativity the Moon is Lady of the sixth house,

houſe, being infortunate of *Saturne*: or if the Lord of the Aſcendent be infortunate in the ſeventh houſe: or if *Saturne* be Lord of the Aſcendent, and infortunate of *Mars*: or if *Saturne* be infortunate by any meanes under the earth. *Iatromath. Guat. Ryff.*

65 Goords, Peeres, Apples, Quinces, Cytrons, Wardens, or ſuch like fruit: whereon you deſire to have ſome pretty, or other forme on the out-ſide. If when they have caſt their flowers, and begins to have any forme or proportion, encloſe them within ſome wood or other thing of ſtone, or of any other thing, and within of what form you liſt, and tye the ſame faſt about the ſaid fruit: but make not the ſaid inſtrument on the inſide bigger then the fruit will be within it: and when you think that the fruit is full ripe, take the ſame with the fruit in it from the tree, and the fruit will be of that Faſhion and forme as you deſire. *Mizaldus.*

66 It is ſaid that *Alphons* King of Caſtile gave to certaine *Mathematitians* a hundred thouſand peeces of Gold: which were called or ſent for out of *Araby*, *Affricke*, or other places for the making and framing of the Aſtronomicall Tables (which ſhewes the continuall courſe and place of the Starres and Plannets,) which worke is to be had everywhere through his great liberality, to his perpetual praiſe.

67 *Galbanum* made ſofter, and ſpread upon a linnin cloth, and ſo applyed and laid upon

Elizabeth Hory

a plague ſore; if the diſeaſe be curable, it will ſo ſtick and cleave to the ſame, that it cannot be pluckt away, unleſſe it bring away the root of the ſore with it. But if the diſeaſe be incurable, it will not cleave. *Arnold. de villa nova.*

68 The little Sparrow hath a ſtrength and vertue worthy of great marvell. For if the Sparrow bee condite or well powdred with ſalt, and eaten raw, it doth expell and drive forth the ſtone by the urine, and cures the diſeaſe ſo perfectly, that the ſame ſhall never breed againe: the Sparrowes may be condite very well, if when their feathers be pluckt off, that then they be powdered and covered well with ſalt, and ſo dryed and eaten: if you have many Sparrowes they may be ſodden as other birds be. And alſo they may be burned in a pot cloſe covered with the feathers and all: and the powder of one of them ſo burned with a little Pepper and Sinamon, may bee given to them that are grieved with the ſtone. There be which condite them (their feathers being pluckt off alive) with Salt, which is better. Some doe eate them roaſted whole, ſo that they caſt nothing away of them but their feathers. They that will know more hereof, let them take counſell of *Aetius*, and *Paulus Egineta*, *Mizaldus*.

69 If any will make their hands white, let them mix the dung of Sparrowes in warme water and waſh them therewith, or let them ſeeth the roots of Nettles in that water, and

To make one's hand white.

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therewith waſh their hands.

70 *Æliqus* writes, that the quills or pens of an Eagle, mixt with the quills or penns of other Fowles or Birds, doth conſume or waſte them with their odour, ſmell or ayre.

To helpe the redues of the face.

71 The roots of Lillies ſodden in water, doth take away the redneſſe of the face: If certaine mornings and evenings, the ſame be waſht and rubbed therewith. This hath beene often proved.

72 Beaſts that be ſtubborn and wild, and alſo Horſes that will wince or kick, or otherwiſe be unruly, will ſuffer themſelves to be dreſt, or elſe to be ſhod, if you put into one of their ears a little round Flint ſtone, & then hold the ear hard with your hand, and it will make them quiet, though they be fierce. But if you put into either ear one, you ſhal have them as mild as a Sheep. *Mizaldus* had this as proved, of one of the King of *Navarres* Stable.

73 Any ſtones will eaſily be made ſoft, if you lay them all night in the blood of an Ox, the fat of a Wether, and ſtrong Vineger mixt together. *Johan. Baptiſta porta, de Magia Naturali.* As *Mizaldus* writes.

74 Apples that are frozen, if they be put or caſt into cold water and ſuffered to lye therein a while, will come to their nature againe, for thereby all their frozen congealing will be reſolved. *Lemnius.*

75 When you ſee the Mulberry tree begin to bud, then think that the chiefe cold is paſt. *Plinius* as *Mizaldus* affirmes.

76 To

76 To ſeperate gold from ſilver, do thus: Anoint the ſilver that is gilded with the Oyle of Linſeed, and ſprinkle thereon the powder of Roch Allom, and ſalt Armoniack mixt together, which being well heated in the fire, quench in water; and the ſeparate Gold will remain therein. *Mizaldus* had this of a cunning Goldſmith.

77 A green Jaſper ſtone hanged at the neck doth help and ſtrengthen the ſtomack, and the mouth of the ſtomack very well. Which *Galen* affirms by the report of *Mizaldus*. If they be hanged like a chain about the neck, ſo that the ſame ſtones doe touch the mouth of the ſtomack.

78 If the head of a Wolfe be hanged in a Dove-houſe, neither Cats, Weſells, nor any thing that will hurt Pigeons, wil enter therein. *Raſis & Albertus.*

79 They are like to have paines or diſeaſes in the Lights, or Lungs, or will have the Tiſich, or be ſhort breathed, that have in their Nativity the Moon in the Angle of the earth, (which is the fourth houſe) in conjunction with *Mars* or *Saturne*, or is infortunate by them. And likewiſe if *Venus* bee the Lady of the ſixt houſe, and infortunate in a fiery ſign. *Iatromath. Guat. Ryff.*

80 If you ſtamp Hariſſe a little, and lay it in faire Spring-water for the ſpace of 24. houres, and then waſh any ſore or ſcabby place therewith, it will heale it wonderfully. This is proved true. To help itching or ſcabs.

81 A precious and proved Medicine, for the Stone. Seeth in white Wine, Tyme and Parſley very well, then ſtraine it, and into a good draught thereof ſhave a ſpoonefull of white Sope, and give it to them that are grieved with the ſtone, and it wil make them make water with ſpeed.

82 The great number of Spiders doe foreſhew that the Summer following will be peſtiferous and plaguie. *Mizaldus.*

83 There were ſeen two Brethren at one birth in *Auſtria*, that if they did ſet the ſides of their bodies towards gates or doores that were lockt, the locks would then open. *Iohannes Langius.*

84 *Cardnus Benedictus* ſtamped, and then well ſodden with ſewet or Swines greaſe, Wine and Wheat flower, untill it bee like an oyntment, is an excellent Medicine for ſores and ulcers whatſoever. Yea, though the bones therewith be bare, but you muſt anoint the ſores twice every day, waſhing firſt the corruption from the ſores with white wine. *Arnoldus.*

85 Saint *Auſtine* reports, that he did hear, whiles he travelled in *Italy*, that certaine women were transformed into young beaſts of certaine travellers, by the eating of cheeſe, that they might carry their burthens.

86 Take one handfull of Mugwort, and ſeeth it in ſweet Oyle oliffe, untill the third part of the Oyle be conſumed, then anoint therewith any part that is tormented or pain-

A preſent eaſe again the Gout.

ed

ed with the Gowt, and the paine thereof will be quickly gone or put away. This is an experiment of a Kings Surgeon, gainſt the Gout of the feet and the hands. *Mizaldus.*

87 It is found by obſervation, that Rats and Dormiſe, will forſake old and ruinous houſes, three moneths before they fall, for they perceive by an inſtinct of nature, that the joynts and faſtning together of the [illegible] timber of the houſes, by little and little will be looſed, and ſo thereby that all will fall to the ground. *Plinius & Lemnius.*

88 If one bleed on the right ſide of the noſe, bow and preſſe hard the parties right little finger that bleeds, if on the left ſide, then the little finger in like caſe, for therewith the bleeding will ceaſe. This is a common and proved remedy. *Mizaldus.* To ceaſe bleeding at the noſe.

89 If you give halfe a ſcruple (which is the weight of 12. Barly cornes) of pure Currall, made firſt in fine powder, with the Nurſe-milk, to a childe that is newly borne, before it taſte any other thing, the ſame childe will never have the falling ſickneſſe. *Arnoldus de Villa nova.*

90 One *Baldus* of *Trident*, Doctor of both Lawes; as he was playing with a little whelp of his owne, the ſame did bite him a little in the nether lip, who being ignorant that his ſaid Dogge was infected with madnetie: he himſelfe within foure moneths after, became mad, and at the laſt being paſt remedy did die miſerably. *Andreas Matheolus, in diaſco-*

idem, which let them marke and conſider that have ſuch pleaſure in little puppets. *Mizaldus.*

For the Gout. 91 Whoſoever is tormented with the *Sciatica* or the Gout, let them take an herb called Speregraſſe, and ſtamp it and lay a little thereof upon the griefe, but put upon it a Cockle or a Walnut ſhell, and tye ſomething on it, that the herb be not removed, and within ſix or eight houres at the moſt, it will make a great bliſter on the ſame place. Then lay a Clot leafe, or elſe a Woort leafe on the ſame, but firſt let the water out of the bliſter with a pin, and it will draw out all the water that cauſeth the paine or griefe. This helpt one that was pained therewith 20. years.

92 *Boetius* after *Oppianum* doth affirm, that Bells covered with the skin of a Wolfe, doth drowne the ſound of other Bells that are covered with the skin of a Lambe.

93 Put two or moe quick Mice in a long or deep earthen pot, and ſet the ſame nye unto a fire made of Aſh-wood, and when the pot begins to wex hot, the Mice therein wil cherp or make a noiſe, whereat all the Mice that are nye them will run towards them, and ſo will leap into the fire, as though they ſhould come to help their poore impriſoned friends and neighbours. The cauſe whereof *Mizaldus* aſcribes to the ſmoke of the Aſh wood.

To keep Clothes from Mothes. 94 If you ſeeth the dregs or mother, or ſome of Oyle to the half, and therewith anoint the bottome, corners, and feet of any Cheſt or Preſſe,

Preſſe, the clothes, that you lay therein, ſhall never be hurt with Moths; ſo that it be dry before you put therein your clothes. *M. Varro* and *Cato*.

95 If one aske the Aſtrologian which part of his life is like to be moſt fortunate? Let him give the firſt quarter of his life to the Aſcendent, the ſecond quarter of his life to the tenth houſe, the 3. quarter to ſeventh houſe, and the fourth part of his life, to the fourth houſe: And mark in which of them there is forrunate Planets, and the part fortune, and the Moon free from infortunate Planets, and not combuſt: Judge that, that part of the life is or will be moſt fortunate. *Haly Abenragel.*

96 If you would not have haires to grow, pluck them firſt up by the roots, then uſe to rub the ſame place with *Aqua fortis* divers times, a little at once, and it will ſtay the haire from growing there any more: a woman told me this for a great ſecret.

97 Make a Plaiſter of Potters clay mixt with Vineger, and the white of an egge, and apply it to the Cods of him that bleeds at the noſe, and ſtraightway his bleeding will ſtay or ceaſe. This is a ſure proved Medicine.

98 Give to a woman, that ſuſpects her ſelfe to be with childe, at night when ſhe goes to bed, a clove of Garlick to eat, and if ſhe feele any ſavour thereof in the morning when ſhee riſeth, then ſhe is not with child: If ſhee feele no ſavour thereof, then ſhee is with childe. This I had out of an old written book.

99 They will have weake or feeble hearts, or wil be much given to ſwounding, in whoſe nativity the Sun is Lord of the ſixth houſe, or Lord of the part of infirmity, being impedite, or infortunate. *Iatromath. Guat. Ryff.*

To make a groſſe body ſlender.

100 An excellent and approved thing to make them ſlender, that are groſſe: Let them eate three or four Cloves of Garlick, with as much of bread and butter every morning and evening, firſt and laſt, neither eating nor drinking of three or foure houres after their taking of it in the morning, for the ſpace of fourteene daies at the leaſt, and drinke every day three draughts of the decoction of Fennell; that is, of the water wherin fennel is ſod, and wel ſtrained 14. dayes after at the leaſt, at morning, noon, and night: I knew a man that was marvellous groſſe, and could not goe a quarter of a mile but was enfor'ſt to reſt him a dozen times at the leaſt, that with this Medicine took away his groſſeneſſe, and after could journey very well on foot.

The end of the Second Book.

The Third Book.

1

FIve Eggs laid in the Evening, in ſtrong and tart Vinegar, and taken out of the ſame the next morning, ſo that you perceive their ſhells therewith to be ſomething

thing ſoft, elſe let them lye longer therein, and then put or thruſt them downe into the throat of a Horſe that hath the cough, his tongue being holden all that while out of his mouth, will helpe him perfectly of the ſame.

2 The Turtle-Doves have ſuch a love one to another (being mates) that when one of them is dead, the other will never after have any other mate. *Ariſto.*

3 If one ask an Aſtrologian, which part of the Land or Country is beſt for him: Or if one would go out of the place he dwels in, to dwel in another, and doth aske in what quarter or part were beſt for him to goe? Mark in what part of the Heavens the good Planets be, from his aſcendent, and judge, that that part where they are found is beſt for him: but conſider that from the degree aſcending, to the beginning of the tenth houſe, is for the Eaſt part, and from the Euſpe of the tenth houſe, to the beginning of the ſeventh houſe, is for the South part: and from the Euſpe of the ſeventh houſe, to the beginning of the fourth houſe, is for the Weſt part: and from the Euſpe, or beginning of the fourth houſe, to the Euſpe of the aſcendent, is for the North part. *Haly Abenragell.* And as theſe quarters and parts are good to remove unto, where the good Planets are placed: even ſo thoſe quarters where evill Planets are placed, are evill to dwell in.

4 A certaine Woman, a Florentine, was ſo pulled and griped in her ſtomacke with ſuch

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torments, that no Phyſician could helpe, which woman of a ſudden, did vomit long & crooked nailes, needles of braſſe, with wax, and lumps of haire, and at laſt ſhe avoided out of her mouth, a great fleſhy peece, ſuch a one as a Gyant could not ſwallow. The author hereof is *Benivenius de admirandis morborum cauſis*. But he ſaith, that the ſaid Woman was poſſeſt of a wicked ſpirit. *Mizal.* (Which I beleeve was done by the Divill.)

5 *Plinie* reports, that men in ancient time, did faſten upon the Gates of their Towns, the heads of Wolves; thereby ro put away witchery, ſorcery, or enchantment: Which many Hunters obſerves, or doe at this day, but to what uſe they know not.

6 A Moul or Woont encloſed in an earthen pot, if you ſet then the powder of brimſtone on fire, ſhe wil call other Moles or Wonts to help her, with a very mourning voice *Miz.*

7 If you take an Oake Apple from an Oake tree, and upon the ſame, you ſhall find a little worm therein, which if it doth flye away, it ſignifies wars; if it creeps, it betokens ſcarceneſſe of Corne; if it run about, then it foreſhewes the Plague. This is the Country-mans Aſtrology, which they have long obſerved for truth. *Mizaldus.*

8 If a man be ſick, marke his eyes when he ſleepeth, for if any white thing appeare betwixt the eye-lids, and the Patient have no great lax, nor received any purgation before, it is a terrible and deadly ſigne. *Aphor. Hippo.*

9 Whoſoever

9 Whosoever is troubled with the Cough, or shortnesse of breath, let them drink a good draught somthing warme of this following, thrice every day first and last, and one houre after dinner, for the space of seven or eight dayes, and it will helpe them (God willing) for it is an excellent and often proved thing: Take of the roots of *Enulacampana*, cut in small peeces, of Hysop and Peniryall, and also of good scraped Liquorice, of each two handfuls, seeth them all in a gallon of pure & fair water, until the water come to one pottle, then straine it well, and keep it in a clean vessell, close stopt or covered, and so use it.

10 Sope mixt with a little Salt, helpeth perfectly a fellon, uncome, or other sore or swolne finger with speed. I know that this hath bin well proved.

11 The white of an Eg wel beaten and mixed with the powder of Mastick, helps chapt hands: if they be anointed therewith.

12 Mouseare, any manner of way ministred to horses, brings this help unto them, that they cannot be hurt whils the Smith is shooing of them, therfore it is called of many, *Herba clavorum*, the herb of nailes *Mizaldus*.

13 If a Fir tree be touched, withered, or burned with Lightning, it signifies that the Master or Mistrisse thereof shall shortly dye. *Servius*.

14 *Galen* saith, that he hath found by experiences (following the opinions of many) when any shall fall sick, and the Moone then be in the

the ſigne wherein a good Starre (or Planet) was found in the time of his birth, without doubt he ſhall eſcape from ſuch ſickneſſe? in the place of an evill Star (or Planet) he will not eſcape. *Johannes Tayſnier.*

15 Seeth the leaves of an Oake, and the middle rinde thereof in Water, and waſh the head that is ſore, or full of Puſtules therewith, and it will helpe it preſently. This hath been oft proved.

16 *Cauvetus* ſaith, that in the yeare of our Lord, 1418. the 24. day of *Auguſt*, before foure a clock in the afternoone, in the houre of *Saturne*, a certain Prieſt talled *Johannes Morterius*, did aske him for a certain Brother of his which was ſick: What ſhould be the end of his diſeaſe, death or health? Who after he had erected the celeſtiall figure therefore, eſpying *Mars* within one degree of the aſcendent, in a moveable ſigne, beholding alſo the part fortune of a quartile aſpect, with diuers other teſtimonies, evill ſigne. And alſo *Mercurie* being the Lord of the houſe of the Moon, in the 8 houſe, both retrograde and combuſt; Judged that the party would be mad, and ſo dye within a day after, which the meſſenger did declare unto his friends, and to the Maſter of him that was ſick, being his Brother; which hapned ſo. For about foure of the clock the next morning, he was ſo frantick, that he had like to have killed his Maſter and others: but they were preſerved through Gods ſpeciall gift. And after, being

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cloſe in a Chamber, did breake a poſt, and ſo caſt himſelfe headlong down, and dyed.

17 The root of Pelleter of Spaine, chewbetweene the teeth a good while, will purge the head and gums very well, and faſten the teeth; ſo that it will helpe the head-ach and tooth-ach, if it be uſed foure or five times in a day, two or three dayes together. It is very true and often proved.

18 Make that, that is ſhorne from Scarlet, into powder by drying it at the fire, or in an oven, and then give to the party that hath the bloody-flux to drink, half a ſpoonful thereof in red wine; uſe this five or ſix times, and it will helpe him, or her ſhortly, and ſurely, God willing. This is well proved.

19 The gall of a Patrich, anointed once a moneth on the Artyrs of the Temples of the head, ſo that it may penetrate and ſinke in, both profit very much, for the confirming of the memory. *Simeon Sethi.*

20 If the tayle of a Wolf be buried or put in the ground of any Town or Village, no Wolfe will enter in that Town or Village. *Iſis.*

21 *Albertus* makes mention of a Well, that whatſoever is thrown into the ſame, is turned into a ſtone; whereof proofe was made by *Frederick* the firſt, who becauſe he would not be deceived, he threw into the ſame one of his gloves, whereto firſt he put wax and ſealed it with his own Ring, and the one halfe of the glove which was under the water, became ſtone,

ſtone, the other part above the water remained as it was before.

22 If one goe to any body, and doth aske them being learned in Aſtrology, whether he ſhall finde, or ſpeak with him, or not. Mark the Lord of the ſeventh houſe, whom if thou finde in an Angle, ſay that he is at home: if in a Succedent houſe, then he is nigh at home. And mark if between the Lord of the Aſcendent and the Lord of the ſeventh houſe, there be any application, or if there be any Planet beholding the ſeventh houſe, and carries the light of the one to the other, or that doth joyne their two lights, and it be thus, then tell him that he ſhall finde him: if not, then he ſhall not. *Haly Abenragel.* Which is true, ſo that the party doth go to his wife, or to his enemy, or to any other common perſon. But according to *Guido Bonatus*, if he goes to a King, or to his maſter, then you muſt take the tenth houſe, and the Lord thereof: if to a Prieſt, or a Prelate, or a Biſhop, then you muſt conſider of the ninth houſe, as *Haly* bids you doe by the ſeventh houſe: if to your ſon or daughter, then the firſt houſe: if your father, the fourth houſe: if to your brother, then you muſt judge as before, by the third houſe, and ſo of the reſt, according to the ſignifications of every houſe. Wherefore the learned in Aſtrology are not ignorant: and this is a very true rule throughly and many times obſerved. And the Lord of the ſeventh houſe, or the houſe that the party travels unto, do ſignifi

ſignifie be in the Cadent houſe, then the party is farre from home, ſo that hee is not like to ſpeak with him.

23 Many have proved that a Saphire tyed to the Artier, doth put away the heat in an Ague. And the ſame ſtone borne againſt the heart, doth preſerve the bearer thereof from the Plague, and from venemous things. *Raſis & Albertus*, and other.

24 If one that hath eaten Garlick or Comminſeed, breath on the face of a woman that is painted, the color will vaniſh away ſtraight, if not, then her colour remaines as it did before. *Lang.*

25 The leaves of an Elme tree, or of Peach tree falling before their time, doth foreſhew or betokens a murrian, or death of Cattell. *Cardanus.*

26 *Tiberius Caſar*, who was Emperour of *Rome*, when Chriſt ſuffered, when he awaked out of ſleep, did ſee in the darke as Cats doe. *Suetonius.*

27 Whoſoever eateth two Walnuts, two Figs, twenty leaves of Rue, and one grain of ſalt, all ſtampt and mixt together, faſting, ſhall be ſafe from poiſon & plague that day; which Antidote King *Methridates* had uſed ſo much, that when he drunk poyſon purpoſely to kill himſelfe, it could not hurt him. *Plinius.*

28 If you will encloſe ſeeds of divers kinds, either in Wax, or in ſome other faſt matter, made ſomthing thin or ſmall, ſhooting out of length (that is) as long as you would have the

ſame

ſame to grow, and then putting the ſame in the ground well dunged, a marvellous hedge will ſpring thereof. This is the workmanſhip and experiment of the Kings Gardiner. *Mizaldus.*

29 The Elephants have ſence and underſtanding next unto man, and it ſeemes they know and keep the courſe of the Stars, for at the change of the Moon they breake downe bowes from the trees and hold them, then moving them up and downe; and they are marvellous docible. *Gelius*, and *Pliny* have left it witneſſed by *Mutianus* that was thrice Conſull, alſo *Plutarch*: that an Elephant did write the Greek Letters. And *Ælianus* ſaith, that an Elephant did write all the Latine Letters in order, with other things incredible.

30 Grind Muſtard with Vineger, and rub it well and hard on the Plants or ſoles of the feet, and it will helpe and quicken forgetfull perſons. *Petrus Hiſpanus.*

31 A moſt notable and proved water to clarifie the dimnes of the eyes, or ſight, doth follow: Take the juice of Fennell, of Celendine, of Rue, and of Eybright, of each two ounces, Hony one ounce and a halfe, Aloes, Tutte, and Sarcacoll, of each half an ounce, the gall of a Capon, Chicken, or Cock, two drams Nutmegs, Cloves, and Saffron, of each one dram, Sugar-candy ſix drams, put all into a Limbeck of glaſſe, and diſtill it, and put of this water into your eyes once in the day, two or three drops at a time. And there cannot

not be a more precious thing for the eies, than this. I know it by proofe, and therefore I am the bolder both to praiſe it and publiſh it abroad, to the great comfort of others.

32 The three ſcore and third yeare of ones age is counted to be a dangerous and perilous time, for that it doth paſſe ſeldome without danger of life, or without ſome other great misfortune. And it is obſerved in many examples. Hereof *Auguſtus Cæſar*, (as *Gellius* reporteth) was marvellous glad, that he had eſcaped that yeare of his age: The cauſe may be, that the ſeventh yeare, and the ninth yeare (being *Anni climacterici & critici*, which are Judiciall years) multiplied together, makes the ſaid number of 63. *Mizaldus.*

33 Seeth Ivie berries in Vineger, or in white Wine, and when they be well ſod, ſup of the ſame hot liquor, and when it is cold, ſpit it out, and ſup more thereof. Whoſoever doth thus, it helpeth the tooth-ache.

34 They in whoſe Nativity *Venus* is impedite or infortunate of *Saturne*, are like to have paines or griefes in their ſtones, eſpecially, if ſhe be in the Aſcendent. And likewiſe, if *Venus* be with *Mars* in the eight houſe, or if the Moon, *Venus* and *Mars* be conjunct, or in the evill aſpect of *Saturne*. *Iatromath. Guat. Ryff.*

35 Whoſoever is lame, and can neither go nor ſtir their joints, let them take of good *Aqua Compoſita*, and Oyle of Roſes, of either a like much, mix them both together, & anoint

the grieved place therewith morning and evening, untill it be well, which will be within a while after, but rub the place with warmed clothes well before. A thing often proved.

36 Whosoever hath *Mars* in the Horoscope or the Ascendent of the time of his birth, certainly he will have a speciall scar or mark in his face. *Pro.* Which I have tryed in many, and yet never found it false.

37 The circles of cart wheels, empty carts, and the combe on a Cocks head, doe marvellously fea e a Lyon, (being a most hardy or fierce beast) but of all things he feares fiers, to rch-light, or fire-brands. *Plinius, Æliannus & ali.*

38 That Pigeons be not hunted or killed of Cats at the windowes, or at every passage, and at every Pigeons hole, hang or put little branches of Rew, for Rew hath a marvellous strength against wilde beasts: As *Didimus* doth say.

39 If the taile of a Wolfe be hanged in a house, no Wolfe will enter therein, neither any flyes will flye into the same. *Rasis.*

40 If a mad man use to laugh, it is a laudable signe, but if he be very sad, it is perillous. *Aphor. Hippocrat.*

41 This Medicine following will procure a good stomacke to meat, Take three drams of good Sinamon, one dram of Mastick, one dram of the parings of Pomegranets, and halfe a dram of Galingale, and stamp all these togeather, and temper it with clarified Hony, and

and then uſe to eate as much thereof as a nut every day during ten dayes, faſting, and it will procure a good ſtomack, and alſo preſerve and keep the ſame from any evill humors to breed therein. This is an excellent Medicine and often proved, and eaſie to be made.

42 If you mark where your right foot doth ſtand at the firſt time that you doe heare the Cuckoe, and then grave or take up the earth under the ſame, whereſoever the ſame is ſprinkled about, there will no Fleas breed. *Pliny* by *Mizaldus* report. And I know it hath proved true.

43 To make the counterfeit Mandrake, which hath been ſold by deceivers for much money, do thus as followeth: Take the great double root of Briony, newly taken out of the ground, and with a fine ſharp knife, frame the ſhape of a man or woman of the ſame, with his ſtones and cods, and other members thereto, and when it is clean done, prick all theſe places with a ſharp ſteele, as the head, the eye-browes, the chin, and the privities, and put into the ſaid holes the ſeeds of Millet, or any other that brings forth other ſmal roots, that doe reſemble haires (which Leek-ſeeds will doe very well) or elſe Barly, after this put it in the ground, and let it be covered with earth untill it have gotten upon it a certaine little skin, and then thou ſhalt ſee a monſtrous Idoll, and hairy, which will become the parties well, if it be workmanly or cunningly made or figured. *Mizaldus*. Another way

way for the like, is in the naturall and artificiall concluſions, Engliſhed by *Thomas Hill.*

44 Whoſoever anoints his feet or hands, with the greaſe of a Wolf he ſhall not be hurt with any cold of his hands or feet ſo anointed. *Mizaldus.*

45 Five-leaved-graſſe, through *Jupiters* force doth reſiſt venom or poyſon, whereof, if one leafe twice every day, morning and evening be drunken with wine, it is ſaid to put away the Quotidian Ague: Three leaves the Tertian Ague: And foure leaves the Quartaine Ague. *Marcilius Ficinus.*

46 If in the beginning of the ſickneſſe, or at the time of asking of the queſtion for the ſick, the Lord of the Aſcendent, and the Moon, be in the fourth or eight houſe, Combuſt or Cadent, or Conjunct with the Lord of the eight houſe, they have a certaine teſtimony of death: And if one of them onely, that is the Lord of the Aſcendent or the Moon be ſo, it is a teſtimony of death, as is before ſaid. *Joannes Canivet.*

47 Varvin ſtampt and ſtrained with Wine, water, or Vineger, and then given to a woman that travels, or is in her labour, and cannot be delivered, it cauſeth ſpeedy deliverance. *Trotula de paſſionibus mulierum.* And *Gilbertus* affirmes the like, if it be drunk with water.

48 A ſtrange Medicine and a rare ſecret, for conſuming the web in the eye: oftentimes proved; Take nine little worms with many feet,

feet, of ſome called ſwine lice (if they be touched, they become round as a button, they are to be found betweene the bark and the wood of old Timber or Trees,) ſtamp them with a little juice of Woodbinde, or Betony, then ſtraine the ſame well, and let the party that hath the web in his eye, drink it in a morning ſomething warmed: do this three mornings together, and it will cure it perfectly, (God willing.) This was told me for a very truth, by one that had proved it divers times.

49 This that followeth is a ſpeciall Medicine for them that ſwound, or are faint at the heart, Take Roſemary, Sage, Betony, and Margerum, of each one handfull, and ſeeth them in a gallon or more of faire water till halfe the quarter be conſumed, then take away the herbs, and put to the ſaid water a good pinte of Honey, and then skum it well, and then put thereto an ounce of Stycadoes, tyed in a faire linnen cloth, and let it ſeeth a little while, and then take it out of the ſaid water, and then put thereto an ounce of Sinamon, three quarters of an ounce of Nutmegs, and as much of Ginger in powder, and uſe to drink a good draught thereof twice every day ſomething warme, firſt and laſt for the ſpace of ſix or ſeven dayes: And then it helps perfectly.

50 That child will be deafe, that is borne when *Mercury* is Lo. of the 6. houſe, and infortunate by vill aſpects with *Saturne* chiefly, if he be in the ſixt houſe: Likewiſe they will

have great impediment in their hearing, in whoſe nativity *Jupiter* and *Saturne* be both impedite or infortunate above the earth, that is, if they be Retrograde, or Combuſt in evill places. *Iatromath.*

51 They that have any paines, or ſwelling in the throat, let them take a Jews eare, (which is to be had at the Apothecaries) and lay it to ſteep in Ale, a whole night, and let the party drink a good draught thereof every day, once or twice, untill they perceive themſelves amended. A proved thing.

52 A ſtrange matter and a thing followeth worthy of memory. Whoſoever hath the Kings-Evill, and looks upon a certaine Bird, called *Galgulus*, of a marvellous ſharp and quick ſight, by and by the ſame bird doth draw to her the yellow vapours of choller, and heales the party perfectly through a certaine great benefit of Nature. But where as through a ſecret gift of nature ſhe doth perceive or ſmell the diſeaſed party to come toward her, ſhe will cloſe her eyes, and hide her head under her wings, not that ſhe doth envy the parties health, or loath to help him of his diſeaſe: But becauſe ſhe doth greatly feare the ſharpneſſe of the humor, which the neerer the party infected comes to her, the more it will paine her, and he the more eaſed. Therefore they were wont to ſell this Bird to ſuch as had that diſeaſe, in ſome cloſe thing, or covered, leaſt the party ſhould be healed for nothing. The Authors hereof are *Heliodorus*, *Plu-*

Plutarchus, *Ælianus*, *Suidas*, and *Pliny*, with other. And *Kirannides*, and after him *Albertus* reports, that if this Bird refuſe to look upon the diſeaſed party, it is a token that he ſhall dye thereof: but if ſhe look even upon him, ſhe drawes the diſeaſe to her ſelf; and then by and by or ſoone after, ſhee flying againſt the Sun, doth vomit it out of her. And thus ſhe doth cure the ſick party, and deliver her ſelfe from the ſame; through a certain marvellous benefit of Nature. But learned men do much diſſent in taking of this Bird. *Pliny* contends that it is *Icterus*; ſome doe think that it is *Chloreus*, or *Chlorio*, which the French-men call *Lorion* and *Loriot*, the beſt part of the Phyſicians defends that it is *Charadrius*; ſome affirmes that it is *Oriolus*; others ſay that it is *Oriolus*, others ſay that it is *Galbulus*, or *Galbula*, or *Chloris*, which *Geſner* likes not: and *Mizaldus* leaves it to the judgement of the Doctors or learned, until experience ſhall try the truth thereof. *Mizaldus in ſuis Mirabilibus ſeu arcanis.*

53 *Orpheus* and *Archelaus* affirme, by the report of *Pliny*, that if the lips of them be ſmered with mans blood, that are fallen of the Falling-ſickneſſe, by and by they will be delivered from the trance or fit, or if their great jawes be then next pulled or pincht.

54 The middle rinde of Cherry-tree ſtamped and ſtrained, and the ſaid juice put into a little white Wine warmed, and then given to drink to them that have the ſtone, or cannot

make water, it avoids the gravell or ſtone, and makes them to make water preſently. Uſe it three or foure times.

55 One may make beyond-ſea Azure as followeth, and counterfeit it very well, Take common Azure, and beat or ſtamp it wel with Vineger, and anoint therewith a thin plate of pure ſilver, and put the ſame over a veſſell full of urine, which ſet over hot aſhes and coales, and let it be moved and ſtirred, untill it be like beyond-ſea Azure. This is the beſt way. *Mizaldus* affirmes that he had this out of an old written Book.

56 If you doe put Quickſilver into a pot amongſt ſeething or hot Peaſe, the Peaſe will leap out of the pot, except the brim or mouth of the pot be too high, or the fire too ſmall. *Mizaldus* ſaith that this is proved.

57 If in the degree of the Aſcendent, or nigh unto it, within two degrees, there is an evill Planet, it is an argument of the death of the party that did fall ſick at that time, or for whom the queſtion is then asked, for the ſtate of his ſickneſſe: And if it be in a moveable ſigne, it betokens that the ſick ſhall dye within ſo many dayes, as the ſaid evill Planet is degrees from the degrees of the Aſcendent, if in a fixed ſigne, then it ſignifies a long time, (that is, as I have tryed, every degree a moneth,) if in a common ſigne, it ſignifies a mean time between both, (that is, as I have found, every degree a week,) *Johannes Camvetus*. But you muſt beware, if the ſaid

ſaid Planet be direct, that he doth apply to the degree aſcending.

58 If any doubt, or feare any thing whatſoever it be, and asketh thee having knowledg in Aſtrology thereof, mark and conſider the Lord or *Alinuten* of the Aſcendent, whom if thou doſt find pure and ſafe from infortunes, and he beholding the Aſcendent, the feare is needleſſe: for no harm ſhal happen according to the feare. *Haly Abenragel.*

59 Savery beaten and ſodden in Vineger, and laid in manner of a plaiſter to the hinder part of the head, doth merrily awaken thoſe that are heavy aſleep.

60 Here followeth the making of a pleaſant Oyle of Cloves, Take of Cloves one pound, which beat to powder in a brazen Morter, then adde thereto three pound of Almonds ſcraped and beaten in a Morter, and when they be well mixed together, ſprinkle thereon foure ounces of the beſt white Wine, letting it ſo lye in a maſſe, for the ſpace of eight dayes at the leaſt, after that ſtamp the whole over againe, and then put it into a new earthen pan, which heat over the fire ſo long, that you cannot ſuffer your hand in it, then put it up into ſquare bags, and wring the ſame hard in a Preſſe, untill all the whole ſubſtance of the Oyle be come.

61 Take a Frog, and cut her thorow the midſt of the back with a knife, and take out the Liver, and fold it in a Colewoort leafe, and

and burn it in a new earthen pot well cloſed, and give the aſhes thereof unto him or her that hath the Falling-ſickneſſe to drinke with Wine, and it will help him, and if the party be not healed at once, then doe ſo by another Frog, and ſo doe ſtill, and without doubt it will help him, if he uſe it: This was told me for a ſure experiment. And it is alſo affirmed by *Petrus Hiſpanus*.

62 A wonderfull thing, paſſing all credit, chanced in the Biſhoprick, or Dioceſſe of them of *Eiſtertence*, in Germany, but that it was ſeene of divers credible witneſſes: A certaine Husbandman there called *Ulricke Neuceſſer* being tormented with cruell paines in one of his ſides, ſuddenly took hold of a nayle that was under the skin unhurt, which cut by a Surgeon, he took out the nayle, yet for all that the paines did not ceaſe: wherefore the miſerable man, ſuſpecting that there was no remedy to be had for his paine, but by death, he took a knife and cut his throat. And the third day after, he being carried to burying, there was three preſent, one *Eucharius*, *Roſenbader*, of *Weſſemburge*, and *John* of *Etenſtet*, Surgeons, in the preſence of many, which did cut or open the belly and maw of the ſaid dead Husbandman. Wherein was found, being marvellous and prodigious, a long and round piece of wood, foure knives of ſteele partly ſharp, and partly nickt like a ſaw, and two ſharp inſtruments of iron, that were longer then a ſpan, and they had therein

alſo

alſo haire rowled together as it were a round Bowle or Ball. This was laid or put into his Maw, by none other art, but onely by the craft and ſubtilty of the Devill. This hath *Joannes Langius* written in the firſt part of his Medicinall Epiſtles. *Epiſt.* 8. *de prodigiis & præſtigiis dæmonum in morbis. Mizaldus* reports it alſo.

63 In many Ponds, all the water and mud taken out, by and by Eeles doe breed, if raine water come into them, for that with the dew, they doe live and are nouriſhed. *Ariſt. Plutar.* and other.

64 If the right knee of a Bull be tied with a broad band, it will make him tame. *Æleanus.*

65 Let the party that bleedeth, chaw the root of a nettle in his mouth but ſwallow it not down, and without doubt, the blood will ſtench, for if one keep it in his mouth, he can loſe no blood. *Petrus Hiſpanus.*

66 If a mad man find eaſe in ſleeping, it is good, but if his rage encreaſe, it is to be feared. *Hippocratis in ſuis Aphor.*

67 If the Lord of the Aſcendent or the Moon, or the Lord of the ſixth houſe be combuſt, or retrograde, and the Lord of the Aſcendent be in the eight houſ conjunct to *Mars* of *Saturn*, the ſick muſt dye of that diſeaſe. *Joannes Ganivetus.* (But God can reſtore health paſt all hope.)

68 This Medicine following, doth marvellouſly break wind in the belly, Take Cummin ſeed, Fennell-ſeed, and Anni-ſeed, of each a like

like much, beat them to powder, then ſeeth the ſame in wine, and drink a good draught thereof firſt and laſt, foure or five dayes together, and you ſhall finde a great help thereby, for it hath been often proved to their great eaſe and comfort that take the ſame.

69 Take a ſpoonfull of *Aqua vitæ*, and two ſpoonfuls of the water of Arſmart, and anoint any ache therewith twice every day, morning and evening, for the ſpace of five or ſix dayes at the moſt, and it will heale it for ever. I had this out of an old written Book.

70 He will be weak in the act of generation, in whoſe Nativity *Venus* is joyned with *Saturne*, eſpecially in the tenth or eight houſe, or that the Moon is joyned with *Saturne*, is an evill aſpect of *Venus*, or if *Saturne* be in the ſixth or twelfth houſe, in a moiſt ſigne infortunating *Venus*. *Iatromath.*

71 This following is an excellent Medicine for the ſtone, Seeth an handfull of Holly berries in a pinte of good Ale, till halfe the Ale be conſumed, then ſtrain it, putting then a little butter to it, and let the party drinke thereof five or ſix ſpoonfuls, and within halfe an houre after, the party will make water (if ever any Medicine will cauſe it.) This was told me for a very true ſecret.

72 The learned and wiſe among the *Perſians* affirme, that if Sage be putrified or laid to rot in Horſedung, while the Sun and Moone doe both occupy the ſecond face of *Leo*, thereon will breed a Bird like an Owſell, or Black Bird,

Bird, the aſhes whereof being burned, and ſtrewed or caſt into a burning Lampe, will make the houſe ſeeme to be full of Serpents. *Hermes.*

73 If the ears of Cats be ſtowed or cut off, it will make them keep home the better. For that then the water (which they cannot abide) will drop into their eares being open. And if they be gelded eſpecially the male Cat, they will not onely be more tamer and fatter, but alſo thereby they will range abroad the leſſe. *Mizaldus.*

74 It is ſaid, that Cockles and Oyſters in great Thunders, doe vomit and caſt out then pearls, whereupon many are found in the ſands. *Mizaldus.*

75 When any drawes nigh toward their death, and that their members lack blood and vitall heat, then Fleas and Lice leave them quite, or elſe draw to that part of the body where the ſaid heat tarries the longeſt, which is in the hole in the neck under the chin, &c. This is a token that death is at hand. *Lemni.*

76 The leaves of Walwort ſod with wine, doth marvellouſly mitigate the pains of them that are tormented with the Gout, if they be aplied to the place where the griefe or paine is. There be that preferres and extolls with marvellous praiſes the juice expreſſed out of the leaves and rootes thereof, ſodden with Wine and May Butter, and in the ſtead of a Liniament, anointed ſtill on the grieved member, that is, three or foure times every

every day. *Mizaldus* learned this of one that proved it.

77 A Rush dried and put into wine, if there be any water therein, drawes it to it, (the Wine left alone, or together:) which is good and profitable for trying of Wine, *Mizaldus*.

78 A notable Medicine to heal lame members, doth follow: Take of Oyle-Olive, *Aqua vitæ*, Oyle of Exeter, and of a Beasts gall of each a like much, mixt all together, and anoint the lame members therewith twice every day, morning and evening, the space of a fortnight, being well rubbed before, and it will help the same of a certainty. An old woman in Worcestershire did helpe many therewith.

79 If out of one pound of excellent Wine, with as much Salt as you can hold in your hand, and the Lees of pure Wine, you doe distill a water, you shall finde that it will be the hotteſt water of all other. *Mizaldus* had this of a certain Alchymist.

80 It is said that Harts in *Creet*, being stroken with Darts envenomed, doe eat of a certaine herb called Dittany, and thereby the prick or any other thing that sticks in them is driven forth. *Mizaldus*.

81 There was a certain woman great with child in *Pago*, not farre from *Andernacus*, a Towne of the Bishop of *Cullen*, desiring or longing to eat or to feed on her husbands flesh. and although she loved him intirely, she killed him in the night, & being satisfied with the

the halfe of his fleſh, ſhe powdred the reſt with Salt, but after when her great longing did ceaſe, and that ſhe did repent the deed, ſhe did confeſſe it to her friends that ſought for her husband. *Johannes Langius*, in his Medicinall Epiſtles. Therfore it is good for the husbands to take heed, while their wives have ſuch inordinate longing upon them.

82 Many have been helped that have had foule and leprous faces, only with the waſhing the ſame with diſtilled water of Strawberries, the Strawberries firſt put into a cloſe glaſſe, and ſo putrified in horſe-dung. *Conradus Geſnerus.*

83 If in the time of the birth of any, *Mercury* be Occidentall from the Sun, not under his light, or his beames, (except in *Aries* or *Leo*) nor Retrograde, being then in any of the foure Angles, ſtrong, and well-affected, doth ſhew that the child then borne, ſhall be high-minded, ſtrong, and famed for his ſtrength, and liberality, and ſhewes alſo that he ſhall be an Aſtronomer, for *Mercury* Occidentall in *Leo* is wont to make Aſtronomers. And *Mercury* Orientall of the Sunne, and ſtrong, doth ſhew great knowledge, wiſdome of handy works, chiefly, if he be with the Moone, or in the houſe of the Moon, that is *Cancer*, and if it be in a moveable ſigne, it ſignifies inconſtantneſſe both of deed and mind, but in a fixed ſign conſtancy. *Taiſnier.*

84 Primroſe leaves ſtampt, and laid in the place that bleedeth, ſtencheth the blood. This hath been proved.

58 Take Black Sope, and almoſt as much Ginger in powder, and mix them well together, then anoint therewith any Tetters or Ringworm every day, for the ſpace of foure or five dayes together, and it will heale it certainly. Proved.

86 Take Aloes *Epatcum* foure drammes, Briony, Maſticke, Myrrhe, Aſarrabacca, Scamony, of each a dram, mix the ſame made in powder, with the juice of Fennell, and a little clarified Honey to preſerve them: take a dram thereof, which is the weight of three ſcore and twelve Barley cornes at the moſt, early in the morning, and neither eate nor drink of three or foure houres after, if they be given nine dayes together, they help marvellouſly, and they are very excellent for all manner of head-ach, approved (though never ſo long rooted.) They purge all humors, they bring gladnes, they are good for the eie-ſight, they preſerve the minde, letting or hindring the hoarineſſe of haires, they help the ſwimming of the head, and the Megrim, and heale the ſounding of the eares: But to the weaker perſons give the leſſer quantity. Make it in five or ſix little round pils or balls, and ſwallow them one after another at one time, they are proved to be very good. I found this in a very old written Book.

87 If *Mercury* be impedite of *Saturne* in a childes Nativity, it doth hinder the tongue: But it is worſe when they be corporally conjunct together, eſpecially, in the Aſcendent, or in

in the seventh house, and in the same signe with the Sunne, (*Mercury* being then Occidentall:) or if *Mercury* be above the earth corporally conjunct with *Saturn*, or else in an evill aspect of *Saturne*, and in a dumbe signe called *Signum mutum*, and also is infortunate, that is to say, in an evill place, retrograde or combust, and peregrine: That party then borne, will have great impediment in his tongue, or else wil be dumb, and cannot speak *Iatromath. Guat. Kyff.*

88 *Johannes Langius* an excellent Physician saith, that he heard it reported of certaine Horsemen of the County Palatine, that they did see in *Austria*, a man which with barking, and with swift running, contended and strived with Dogges, and was hunted of them unhurt in the Woods.

89 The eyes of young Swallowes being in the nest prickt with a needle or a pin, and so made blinde, within foure or five dayes after they will see againe, which is very true, for I have proved it, but how they recover their sight I know not. But divers write if their eyes be hurt, the old Swallowes restore their sight againe with the juice of Celendine.

90 White Poppy and Henbane seed [illegible] stamped, and tempered with the white of an Egg, and laid to the forehead provoketh sleep. This hath been often proved.

91 This following will heale lame members, Seeth Rue, and Rosemary, of each two handfuls, with common Oyle, and Malmsey,

either one quart together, for the ſpace of halfe an houre, then let the lame members be waſht and bathed therewith, (but before the ſaid member or grieved place muſt be well chafed with a hot cloth, (then when it is well bathed (which will be within half an houre) wrap and keep the member or place ſo bathed with a Lambs skin, (the wool-ſide inward,) and do thus every night before or at going to bed, three weekes at the leaſt, and hee will be whole and ſound thereof. Doctor *Owen* helpt one therewith, and with no other thing, that could neither ſtand nor goe, but was very lame. They that ſaw the proofe therof, told it me, which were perſons of good credit.

92 It was a hainous offence with the Ægyptians, either willingly or by chance to kill a cat. And *Diodorus* tels a pretty ſtory thereof, leſt it might be thought to be a fable. In the time of *Ptolomy*, a league or amity being begun betweene him and the Romans: A certain Roman then againſt his will, had killed a cat: wherupon the Ægyptians gathered together, and did beſet the houſe where he was, requiring to have him to be executed for his great offence, (no whit regarding the power of the Romans, nor yet their league or friendſhip with them,) then had not the King and Rulers bin, they would have drawn him out of the houſe and killed him. *Diodorus.*

93 To keep harnes or any thing made of iron or ſteele from ruſting, let the ſame be rub'd over with Vinegar mixt with Ceruſe, or the marrow

marrow of an Hart, (which is far better then oyle) and it will keepe them faire and bright.

94 If the Lord of the ſecond houſe be in the firſt houſe, and fortunate, the child then born ſhal poſſeſſe riches without labour; and by the nature of the Planet thou maiſt know, wherby the riches will come: and if it be the Sun, it will come to him by power; that is, the riches will happen by helpe or favour of great power: if *Mars*, then by Wars or by Theft: if *Saturn*, of the inheritance of the dead: if *Jupiter*, of faith(religion)or of Maſters of faith, or of the law, and ſuch like appertaining unto *Jupiter*: if *Venus*, by women: if *Mercury*, by learning, wiſdome or Merchandize: if the Moon, by the works of hands or journies, but if the Lord of the ſecond houſe (ſo placed) be not fortunate, and an evil Planet beholding him, he ſhall looſe all his goods. *Taiſier.*

95 A notable Oyle or medicin for the Gout and joynt aches, very true and often proved: Take the juice of Sage, of *Aqua vitæ*, of Oyle Debay, of Vinegar, Muſtard, and of a beaſts gall, of each alike much; put them altogether into a great bladder, and chaſe it well up and down with your hands for the ſpace of an houre and a halfe, and keep it then to your uſe, and anoint the grieved place therewith every morning and evening, and you ſhal find your ſelfe healed in within a ſhor, time. This is a ſure and often proved thing.

96 This precious Medicine following, doth preſerve and keepe them that take it, ſafe from

poyſon or plague: Take of Juniper berries two drams, of earth of Lemney, called the Phyſicians *Terra Lemnia*, as much, and one ſcruple more which is the weight of 24. barly Cornes, when you have made them in fine powder, mix them with Honey, and keep it to your uſe in a clean veſſell, give as much thereof at one time as a Haſell nut, in three ounces of *Aqua Mulſa*, which is made with water and Hony, that is of one pound of Honey, and eight pound of water ſodden and skimmed over an eaſie fire, untill the fourth part be conſumed. This excellent Antidote did King *Nicomedes* uſe, when any did bid him to Banquet or any other cheere, that he did ſuſpect. If there be no poyſon taken before it, it will remaine quietly in the ſtomack, but if there be any poyſon, it will procure vomit, ſo that thereby the poyſon and Medicine will both come forth. *Mizaldus.*

97 A notable thing to cauſe one to ſleep immediatly, Take af the juice of Henbane, of Lettice, of Plantane, of Poppy, of the leaves of Mandrak, of Ivie leaves, of Mulberry leaves, and of Hemlock, of each one dram, of *Opium*, and of Ivie berries, of either as much, ſtamp the Ivie berries and the *Opium* together, and mix the juices and them well together, then dip a ſpunge into the ſame, and let it drink it all up, and then lay the ſame ſpunge in the Sunne to dry: after lay the ſaid ſponge to the parties noſe whom you would have to ſleep, and he will ſleepe quickly: And when you will

will awake him, dip another ſpunge in Vinegar, and hold it to his noſe, and he will awake within a while after. This is an excellent think and true.

98 Beware that nothing binde thy body hard when thou bleedeſt, and then hold thy hand full of Shepheards Purſe, and ſtedfaſtly look up to the Sunne, and the bleeding will ceaſe. This is proved.

99 To make a powder that will draw out a tooth without any inſtrument. Take Spurge, Pelliter of Spaine, Smalledge, the dung of a Raven, or of a Crow, Galbanum, the braine of Partridges, and alſo a Frog, of each a like much, burne all theſe together in a new Earthen pot all to powder, and with a little of the ſame powder touch the tooth that you would have fall out, and doubtleſſe within a quarter of an houre it will fall out: But you muſt take heed that you touch none other tooth therewith. This I had out of an old written Book.

100 Seeth Mallows and red Nettles together in faire water, and let the party that is coſtiffe, or cannot goe to the ſtoole, ſit cloſe over the ſame, and receive the fume therof up into his fundament, and it will help him certainly, and ſpeedily, (God willing.) A thing often proved.

The end of the Third Book.

The Fourth Book.

1.

MAke Dwale as followeth, which makes one to ſleep while he be cut or burned by cawterizing, as followeth, Take the gall of a barrow ſwine, or the gall of a Bore, the juice of Hemlocks three ſpoonfuls, and of the juice of wild Nep three ſpoonfulls, of juice of Lettice, of the juice of Poppy, of the juice of Henbane, and Aiſell, of each three ſpoonfuls: mix them together, and boile them well, and doe them in a glaſſe veſſell well ſtopped, and put three ſpoonfuls thereof in a quart of good Wine or Ale, and mix them well together: and let him that ſhall be cut or cawterized ſit againſt a good fire, and give him drink thereof till he fall aſleep. This I had alſo out of an old written Book. Uſe it warily, and prove it adviſedly: if you begin with a little quantity, you may encreaſe it when you will: but if you give too much at once, you cannot diminiſh it when you liſt.

2 They will be hindred in their ſmell, or will have diſeaſes or griefes in their noſes, in whoſe Nativity *Mars* and *Venus* are impedite above the earth. *Iatromath.*

3 Dry the roots of red Nettles, and make them in powder, and drink a ſpoonfull of the powder thereof in a draught of white Wine ſome-

ſomething warme, and it will break the ſtone though it be never ſo great, and that with ſpeed. Uſe it every day untill the ſtone and gravell be all broken and conſumed. A thing of ſmall price and great vertue.

4 A combe made of the right horne of a Ram, doth take away the head-ach, being on the right ſide of the head, if the pained head be combed therewith; If the pain be on the left ſide of the head, then a combe made of the left horne of a Ram, doth take it away, if the pained head be combed therewith. This I had out of an old Book.

5 *Thebet* the Philoſopher doth teach, that to get the vertue of any Star, you muſt take a Ring, when the Moon doth behold happily by a Trine or Sextile aſpect the ſame ſtar placed in the midſt of the Heavens, or in the Aſcendent: but the matter or ſubſtance of the Ring muſt be made of that metall that belongs to that Starre: and likewiſe an herbe aſcribed to the ſaid Starre, muſt be included or put under the Ring.

6 Dip a ſilk thread in the blood of a mouſe, and then let the patient ſwallow it that hath the Squinancy, or ſwelling, or paines in the throat, and it will help him.

7 This following is a notable Medicine for the Gout: Take the root of wild Nep, and the root of the wilde Docke firſt ſodden by themſelves, then pare off the skins, and cut them into pieces, and ſtamp them both together, as ſmall as can be, then put thereto a

quantity of Soot of a Chimney, and temper them with the Milk of a Cow that hath the haire of one colour, then take urine of a man that is fasting, and make a plaister thereof, and boile all together, and as hot as the party can suffer it, lay it to the place pained or grieved, and a day or night without removing, and then lay another plaister of the same to it, and let it lye thereto as long as the other. And doe thus nine times, and it will help him on warrantics (God willing.) Proved.

8 If Iron that is made cleane or polished, be tincted or rubbed over with *Aqua fortis*, wherein the filings or scrapings of brasse is dissolved, that iron will have the colour of brasse. *Bap. Porta.*

9 A horse that casts or holds his ears backward, for the most part is deafe. And that horse that doth not ney in the company of a great number of other horses is dumb. *Simoneta Cardinalis.*

10 The best thing of all other to keep harnesse, or any other thing made of iron or steele from rustinesse, is this. Stamp the filing or dust of Lead, finely in a Leaden or iron Morter, putting thereto a little Oyle of Spike, (which besides makes it smell trimly) and therewith rub over the Harnis or any other thing, as is afore said, made of iron or steele: by this meanes you may carry your Harnis or other things so rubbed therewith, in watery places, and in nicyst ayres safe from rusting. *Mizaldus* had this of a cunning Armourer.

11 If

11 If one come to give thee counſell, and thou wouldſt know whether he mean wel, or be a deceiver: Mark the tenth houſe, and if a good & fortunate Planet be found there, his counſell is good and true: but if there be an evill or unfortuate Planet there, he is a deceiver and a lyar. Which (ſaith *Haly*, as one that hath proved it) doe confirme, and do ſay; if one come to counſell thee, and the Aſcendent be of common ſignes, or the Lord of the Aſcendent, and the Moone be in common ſignes; do ſay, that he is then a deceiver, and will deceive thee: Therefore hearken not to him. *Haly Abenragel.*

12 One knot of the root of Mullen, given to drink, doth bind the looſneſſe of the belly. Proved.

13 He that waxeth deafe through an ague, and bleedeth at the noſe, ſhall recover his hearing. *Hyppoc.* in *Aphor.*

14 This Medicine following, is proved by experience, & as a certain divine thing, doth cure every Pluriſie, and doth relieve the ſicke from death: which ought not to be applyed unto the ſicke party, untill the fourth day be paſt. Take of Dealtha two ounces, (which is to be had at the Apothecaries,) the Oyle of ſweet Almonds halfe an ounce, mix them together; with which oyntment (being warm) let the grieved place bee anointed: Then ſprinckle upon the anoynted place halfe an ounce of powder of Cummin finely cearſed, (which done) take a Colewoort leafe made hot

hot upon burning aſhes, and anoint it with old Butter (not ſalted) and lay it hot on the anointed and poudred place (tying it on with clothes that it remove not,) and a marvellous effect will appeare unto you in the ceaſing of the paine of the Pluriſie, and in reſolving of the matter of the impoſthume. This remedy will bring honor unto thee, and great profit unto the ſick perſon. And know that this remedy is good in any other great paine, in all the body, from the head under. *Emperica benedicti victorii.* And alſo I have ſeene this proved, which helpt one of the pluriſie without letting of blood.

15 If a woman with child have her ſmock that ſhe weares, ſlit at the nether end or skirt thereof, or not ſowed there round about, but that one ſide or ſeame thereof, be a little left uncloſed, or unſewed together, the ſame child that ſhe then goeth with, ſhall be ſafe from having a cloven or Hare lip, yea though ſhee chance to meet ſuddenly a Hare, or though a Hare doth leap over her, or ſuddenly touch her. Which happens to many children by ſuch meanes, as is mentioned in another part of this Book. This was very credibly told me for a truth, therefore I have placed it here, as worthy the name of a Notable Thing.

16 Whoſoever ſhall uſe daily to take in a draught of ſmall Ale a ſpoonfull of the powder of Matfellon or Scabius, the ſame will deſtroy any impoſtume within them. It hath been often proved. And *Antonius Muſa* doth praiſe it for the like effect.

17 If

17 If the Lord of the ſixt houſe be in the Aſcendent, or tenth houſe, it ſhewes that the diſeaſe is open and manifeſt, if in the ſeventh or fourth houſe, then the diſeaſe is privie or hid; if in the ninth or eleventh houſe, then it is openly and manifeſtly known: in the other places, the diſeaſe is privy, hid, or unknowne. *Iatromath.*

18 *Cleopatra*, the laſt Queen of Egypt, and wife to *Marcus Antonius* Conſull of *Rome*, (a proud Princeſſe, and too dainty a Dame) did drink one ſo voluptuous a draught, as never any did before, nor I thinke will hereafter, for ſhe diſſolved in tart and ſtrong Vineger, the greateſt and beautifulleſt Pearl that ever was ſeen in the Eaſt part of the World, and drunk the ſame at one draught, to ſatisfie her proud preſumptuous pleaſure withall. Which Pearle was worth two hundred and fifty thouſand crownes. *Plinius Macrob.* and others.

19 Out of the Fig-tree there comes ſuch a ſharp vapor, that if a Hen be hanged thereon, it will ſo prepare her, that ſhe will be ſoone and eaſily roſted. *Plut.* And the like will be if the feathers be pluckt off from fowles and Birds, and the skins pulled off from Beaſts and then laid or covered a day or two in a heap of wheat. It is confirmed by experience, ſaith *Mizaldus.*

20 The Profeſſor of natural Magick affirms that Varvein being taken up or gatherd when the Sunne is in *Aries*, the Ram, and ſtampt with

with thy ſeeds of Piony, and ſtrained with white wine and drunk, doth marvellouſly heale them that have the Falling-ſickneſſe. Oftentimes proved, ſaid *Mizaldus*: which he had out of a very old book of the ſeven herbs of the Planets, written to *Hermes*.

21 When any of the three higher Planets, and the Sun is in any of the Angles, the child then born (being a boy) ſhall be chiefe of his brethren. Or if there be any borne before him, they will dye, and he ſhall hold the chief rule in his Fathers houſe. *Tarſnier*.

22 Salt diſſolved in water or Brine, preſently with his ſtrength doth put away the paines and the heat of any burning, whether it be with Gunpowder, or with oyle, pitch, ſcalding water, burning coles, burning iron, or any other meanes whatſoever, eſpecially, if it be bathed with linnen cloth therein wet, and laid or applied to the place burnt. *Lemn.*

23 Take Sal Armoniack, Roch Allom, Allom plume, Sal gem, Taytar, and Romane Vitrioll, of each equall parts, all which ſeverally made in fine powder, mixt together, and diſſolve it in faire clear water: then put ſilver, or ſilver plate therein, and let it lye, and ſet it over the fire, that it may be very hot: and you ſhall ſee that your ſilver or plate wil be marvellous white and faire. *Mizaldus.*

24 The root of Zedory (but be ſure it be perfect and good) mixt with Reyſins, and a little Liquoris, champed with the teeth and ſwallowed, preſerves them that do ſo, unhurt

of

or without the danger of the plague, if they go to any that are infected with the plague, or that are constrained to speake with them that have the plague. *Mizaldus.*

25 The root of Piony, (which is the herb of the Sun) being pulled out of the earth on a Sunday, in the houre of the Sunne, the Sun then being in *Leo*, called the Lyon, and the Moon encreasing in light, which is from her Change to the Full) delivereth them of the Falling-sickneſſe, that beare it upon them. *Marcelius Ficinus.*

26 If at the firſt time falling ſicke of one, or at the time of the queſtion for the ſick, the Moon be in the fourth houſe, with *Mars*, and good Planets be cadent; it is ſigne of death. *Johannes Ganivetus.*

27 Let the woman that travels with her child, (or is in her labour) be girded with the skin that a Serpent or Snake caſts off, and then ſhe will quickly be delivered. *Tortula.*

28 A marvellous rare ſecret, to draw out the oyle of Sinamon after an eaſie manner: which oyle preſerveth the ſtomack from corruption, by taking it by the mouth, and applying of it to the ſtomack. Take of Sinamon one pound, which ſtamp and beat finely: then mix and impaſt it with the Oyle of ſweet Almonds, unto the forme of an Oyntment; then heat the ſame in an earthen pan ſomewhat, which after let ſtand (cloſe covered) for fourteene dayes, or twelve at the leaſt; at the end of which time, heat the whole

againe

againe ſufficiently, (that is, untill it be very hot) then put it into a bag, and wring out the Oyle in a Preſſe, untill the whole Sinamon remain thorow dry therein: then that which is come forth, will bee of the colour, ſavour and taſte of the Sinamon. A ſecret known to few to be wrought in this order.

29 The powder of Pelliter of Spain, mixt with the milk of Wartwoort or Spurge, and Galbanum, and a little thereof applied to any rotten or aking tooth, will break it, or pluck it out, and the paine thereof will ceaſe. This I had out of an old written Book.

30 If you would know whether one ſhall eſcape or not that is infected with the Plague (having the Plague ſore) give the party ſome excellent Treakle with white Wine, (or that he be not troubled with an Ague, for then give the Treakle with Scabius or Planten water,) and alſo anoint the Plague ſore with the like Treakle: and if the ſame be dried or burned, and remaine fired, (the party thereby not relieved or eaſed) it is a very evill ſigne: but contrary, if the party be eaſed, it is a great ſigne that the party ſhall eſcape. *Arnoldus.*

31 In the common place where the Cenſors of Venice ſit, there never enter any Flies, *Gaudent. Mervia.* And in the fleſh Shambles of Toledo, a City in Spaine, is not ſeene but one Flye in all the whole yeare. As *Leo Papiſt.* ſaith. And in Weſtminſter-Hall, in the Timberwork, there is not to be found one

Spider

Spider, nor a Spiders web; becauſe (as it is thought) the Timber wherewith the roofe is builded, was brought out of Ireland, and did grow there. In all which countrey of Ireland, I have not onely heard it credibly told, that there is neither Spider, Toad, nor any other venemous thing: but alſo that ſome of the earth of that Country hath been brought hither, whereon a Tode being laid, ſhee hath dyed preſently. Though this be marvellous and ſtrange, yet it is true.

32 It is proved ſaith *Tayſnier*) if *Jupiter* be in the fifth or in the twelfth houſe, whether he be Oriental or Occidentall, of the Sunne, or whether he be in a Maſculine ſigne or Feminine, the firſt child of him or her then borne, will be a boy.

33 The juice of ground Ivie, ſnuft up into the noſe out of a ſpoon or a ſawcer, purgeth the head marvellouſly, and takes away the greateſt and eldeſt paine thereof that is. This Medicine is worth gold, though it be very cheap. I have known them that have had marvelous pains in their head, almoſt intolerable, for the ſpace of a dozen yeares, and this hath helpt them preſently, and never had the paine ſince they took this Medicine.

34 This Medicine following will kill worms in the belly, Take the gall of an Ox or of a Cow, and ſo much of the flower of Lupines (which are to be had at the Apothecaries) as will thicken the ſame, mix them well together, and lay it on wool, & ſo plaſter it to

his

his belly where the griefe is, and about the navell, and after twelve houres lay thereon another plaister. Doe thus foure or five dayes and it will help him.

35 How greatly is the sick party to be feared, or judyed not to escape, if in the time of the question, or the first beginning of the sickneſſe, both the Luminaries are under the earth &c. *Iatromath M. Guat. Ryff. Argent.*

36 If hot burning gold be quenched in pure Wine, (the same Wine being drunk) it procures strength to the chiefe members, and to the vitall parts. And it makes strong the naturall faculties, and doth help the diseased part, with strength and vitall spirit. And this liquor is thought to be very good in the time of Plague. And if the same be mixed with a little Tarre, it doth quite put away from any place of the body, all spots, though they be never so foule. Yea, it helpes a leprous face, a red nose, and any other deformity of the same, if the place infected be washt and rubbed oftentimes therewith. *Lemnius.*

37 The water that drops out of the Vine, or the gum that is found there, being drunke with white Wine, doth break and expell the stones in the reines marvellously; and also being rubbed upon Ringwormes, Tetters, and leprous places; it doth cure them, but they must be rubbed before with Niter. This was told to *Mizaldus* as a proved thing.

38 If his spettle which hath a Consumption, being cast upon the coles doth stink, and the

haire fall from his head, it is a ſigne of death. *Hypocrates* in *Aphor.*

39 There is a certaine Electuary of life, of *Arnoldus de Villa nova*, in a little book of his, of the putting back of old age: deſcribed o the five kinds of *Mirabolanes*, made for the conſerving or keeping of health, and prolonging of life; and it is a perfect and approved thing. For it doth not only comfort, but alſo it doth purge ſuperfluous humors remaining of nutriment paſt: and the uſe thereof doth let or hinder gray haires, and it makes one come to the laſt old age: it ſtrengthneth the ſtomack, and the uſe thereof maketh a good colour in all the body; and this is the deſcription thereof. Take of great Rayſins clenſed of their ſtones and ſtalks, two pound, Liquorice made cleane and beaten, one ounce, let theſe be put into two pound and a halfe of faire water, and let them ſeeth well, and let them then be ſtrained well, and in that that is ſtrained, let there be put of Mirabolanes, Kebule, Citrine, and Indy, beaten in a morter, their ſtones taken away, of each two ounces, of Embelick, and Bellericke, of either of them two drams; Let them be ſod, ſtrained and preſſed, or wel wrung: then put thereto white Sugar, one pound, and ſeeth all together to the thickneſſe of a Syrup, and in the end, adde thereto of good Sinamon halfe an ounce, Cloves and Galengall, of each two drams, Nutmegs, Mariarom, and Anniſeeds, of either one ounce: and make thereof

an Electuary, and keepe it in a pure Veſſel. In this Electuary, be medicines of the principall members (that is to ſay) of the heart, head, ſtomack, Liver, Spleene, and of the generative members, and it is firſt hot, after moiſt, then cold, and laſt dry. *Johannes Ganivetus* alſo deſcribes it.

40 Certain worms that ſhine in the night, called Glowormes. being well ſtopped in a glaſſe, and covered within hot horſe dung, ſtanding there a certain time, will be reſolved into a liquor, which being mixt with like proportion of Quickſilver, firſt cleanſed and purged; which will be within halfe a dozen times waſhing in pure Vinegar, mixt with bay ſalt, which after every waſhing and rubbing muſt be caſt away, and then hot water put to the quick-ſilver, and therewith waſhed, and then put and cloſed in a faire bright and pure glaſſe, and ſo hanged up in the midſt of a houſe, or other place or room: will give ſuch a light in the darke, as the Moon doth, when ſhe ſhines in a bright night. *Johannes Baptiſt.*

41 A peece of a Childs Navell ſtring, born in a Ring, is good againſt the Falling-ſicknes, the pains of the head, & of the Collick. *Mtz.*

42 *Baptiſta Fulgoſus* reports, that nigh to *Sirmonum*, a City of Pamony, ſometimes there hath bin Tendrals of gold found in the vine: whereof there hath bin mony coyned: which many have ſeen, ſaith *Gandeut. Meruba*, in his time. And *Alexander Neapolitanus* ſaith, that he hath found in *Germany*, within *Dannby*,

Vines

Vines that did beare little nailes, and leaves of pure gold: which were given as presents to Kings and Dukes. *Mizaldus.*

43 If any doth aske thee (having knowledge in Astronomy) whether that place where he dwels, it better for him, then that to which he means to go: behold, and if thou dost find the Moon separate from infortunes (that is from an evil Planet, or from an infortunate Planet) tell him that his going is better than his tarrying: but if you find the Moon separate from a good or fortunate Planet, then it is better for him to tarry there still, then to goe from thence to dwell: and to be brief, if one shall aske thee, saying thus: I must needs doe a certain thing, or I have certaine businesse to doe, whether may I doe or it no? then mark thou the Lord of the Ascendent, & the Moon and if thou find them separate from evil Planets, or evill Fortune, applying to good or fortunate Planets, bid him doe that that he is determined to doe and spare not: but if thou find them separate from good Planets or fortunate, and applying to evill Planets, bid him that he doe it not, neither take it in hand. *Haly Abenragel.*

44 That woman is like to be barren, in whose nativity the Moon and *Venus* being in barren signs, are infortunate of *Mars* and *Saturn*: or if *Saturne* be in the seventh or teenth house infortunating *Jupiter* and the Moone: or if *Venus* be with *Saturn*, and the Moon then in the sixth, or twelfth house infortunate. *Iatromath, Guat. Ryff.*

45 The ſeeds of Roſes with Muſtard ſeed, and the foot of a Weſel, all together tyed in ſome thing, and hanged among the bows or branches of a Tree that bears but little fruit: it is ſaid, that it will make the Tree to beare well, and to be marvellous fruitfull. *Mizaldus.*

46 Pare the nales of one that hath the quartane Ague, which being put into a Linnen Cloth, and ſo tyed about the neck of a quick Eele, and the ſame Eele put into the water, thereby the Ague will be driven away. *Geber & Alber.*

47 If any liſt to ſleep, and lay by him the branches of moiſt Hemp: Gnats will not trouble him nor come neere him. *Mizaldus.*

48 If the Lord of the twelfth houſe be in the twelfth houſe, many debates and enormities will happen upon the day belonging to that Planet, to the child then borne. *Taiſnier.*

49 Colver dung ſtampt and uſed for a plaiſter with ſtrong Vinegar, and applyed to the Navell, bindeth incontinent all fluxes of the belly. *Maoer.*

50 The root of a Goord, tyed to the ripnes of the back of women that are in labour or travell of child, doth cauſe ſpeedy deliverance thereof. But let it be taken away as ſoone as the Child doth come forth, leaſt the Matrix goe out after the Child. *Tortula de paſſionibus mulierum.*

51 Here followeth an Electuary of a wonderful vertue in the time of Peſtilence, this Electuary is of ſo great vertue, in them that do receive

receive it once in in xxiiij. houres, that they may be ſure from al evil infections of corrupt and contagious aires, all the day after. But in them that are infect already, and are taken with the Peſtilence, if they drinke of it but one ſpoonfull, as ſhall be ſaid hereafter, (eſpecially after letting of blood, if it be convenient to the patient,) and lay him downe and ſweat upon the ſame, if the venome hath not utterly overcome the heart: he ſhall undoubtedly recover. It hath beene lately proved, that after drinking of the ſaid Medicine, when the Patient made his water in an Urinall, the glaſſe hath burſt in peeces, by reaſon of the venome that it purged out. This is the making of the ſaid Electuary. Take Sinamon elect, one ounce, *Terra ſigillata*, ſix drams, fine Myrrh, three drams, Unicorns horne, one dram, the ſeed and rinde of Citron, roots of Dyptanny, Burnet, Turmentill, Zedoary, red Currall, of each two drams, yellow Saunders, foure ſcruples, red Saunders, two ſcruples, white Been and red, flowers of Marygolds, of each one dram, Ivory raſed, Scabius, *Vero incitunici*, ſeed of Baſill, the bone of a Stags heart, Saffron, of each two ſcruples, make a fine powder, and adde unto it of bole Armoniacke preparate two ounces, white Sagar three pound, and with a ſirrup of *Acetoſitate citri*, make a good Electuary, and keepe it in a glaſſe. If the Peſtilence commeth with great exceſſe of heat, drinke it in Roſe water and Vinegar: but if you feele it cold, take it in a draught of wine,

and cover you with cloths, ſo that you may ſweat as long as is poſſible: for without doubt it is a preſent remedy, as I my ſelfe have now of late proved. Thus much *Thomas Phayre* in his Treatiſe of the Peſtilence.

52 The teeth of a mad Dog, that hath bitten a man or woman, tyed in Leather, and then hanged at the ſhoulder, doth preſerve and keepe the party that beares it, from being bitten of any mad Dog. *Diaſcorides*, by the report of *Mizaldus*.

53 The ſeeds of *Carduus Benedictus* ſtamped, and drunke, doth help the grief, pains prickings, and ſtitches of the ſide, and the griping in the guts, and the lower parts of the belly. This is proved for truth.

54 If any doe ſprinckle his head with the powder of the skin that a Snake doth caſt off, gotten or gathered when the Moone is in the full, being alſo in the firſt part of *Aries*, the Ram, he ſhall ſee terrible and fearful dreams. And if he ſhall have it under the plant of his foot, he ſhall be acceptable before Magiſtrates and Princes. *Cardanus*.

55 Whoſoever begins their journey in the houre of *Venus*, he ſhall have good and profit on the behalfe of Women or ſome ſuch like thing. *Haly Abenragel*.

56 If wormes gnaw upon or hurt the mouth of the ſtomack, put Hony combes into the mouth faſting, and hold them there, and the wormes wil draw unto the Hony and ſo void by the mouth. It hath bin proved.

57 If

57 If in the firſt beginning of any ſickneſſe, or at the time of any queſtion for the ſick, if the Moon be Orientall, nigh to the Sun, within twelve degrees, it is ſign of death, and the neerer to the Sun, and in Combuſtion, the worſe. *Johannes Ganivetus.*

58 With this ſecret following, *Benedictus Victorius* had alwayes good ſucceſſe, in paſſions and griefs of the heart. Take of the juice of Bugloſſe, cleanſed or purified at the fire, two ounces, of white Sugar two drams, mix them together, and let the patient or diſeaſed party drink it every night going to bed, and there will not 10 dais paſſe, but the party wil be cured of the paſſion or grief of the heart.

59 This following is a notable tried medicin for the Gout, and for the ſwelling of joynts, and for knobs and knots comming of the French-pox. Take *May* butter a quarter of a pound. half a pound of commin ſeed beaten in fine powder, a quarter of a pound of black Sope, one handfull of Hearb grace, halfe a handfull of clarifi'd ſheepe ſewet: ſtamp all theſe together in a Morter, then take the gall of an Oxe, and a ſpoonfull of bay ſalt, and fry them altogether till it be thick, then lay it on a woollen cloth, and ſo apply it to the ache as hot as may be ſuffered: and let it lye unremoved a whole weeke: and then lay another plaiſter thereof to it, and let it lye unremoved as long: then lay the third plaiſter therto, & let it lye therto as the other, which will be the whole three weeks, and without

doubt it will help him. I have ſeene it proved. This I had out of a very old Booke.

60 There be (and truly with proved ſucceſſe that doe hang roots of Sorrell at their necks for the Swine pocks: and alſo in like caſe of Planten. *Mizaldus.*

61 Whoſoever hath the bloody Flix, (be it never ſo great or grievous) let them drinke the wine wherein the roots of Holliocks cut in pieces are ſodden and ſtrained; if the party have an Ague, then let the roots be ſod in water with ſome Planten leaves, and ſo ſtrained, which is an approved and ſure medicine for that diſeaſe: whether the party have an Ague or not.

62 A Ring made of an Oxe or a Cows horn, and worn or carried upon them that have the Cramp, it puts the ſame away. This is proved to be true of many. *Mizaldus.*

63 If the Lord of the ſeventh houſe be in the third or ninth houſe, and any evil Planet behold him; he that is then borne, will fall from ſome building, or elſe he wil die of ſomthing that ſhall fall upon him. *Ptolo.*

64 If you ſeeth Briony in water, and uſe to drink the ſame, it helps and cureth them that have the Dropſie. Proved.

65 Marvellous and notable vertues of the Ey-bright do follow. Let the leavs, ſtalks and flowres with the whole ſubſtance be diſtilled when it beareth flowers, the water thereof ſtilled, dropped and ſtreaked about the eyes, cauſeth cleare eyes, and ſharpneth the ſight, and

and ceaſeth the paines of the eyes, the water dropped into the eyes an houre before night, and ſtriked about them, and drunke to the quantity of three ounces at one time, comforteth, ſtrengthneth, and preſerveth the ſight, eſpecially in aged perſons, and in flegmatick complexions. The herb dryed and brought to powder, and eaten every day in a potched egg, rere, for a certaine time together, reſtoreth ſight loſt, the water mixed with halfe a dram of the powder, and drunke every evening for a moneth or forty dayes together, recovereth a weake ſight.

66 This precious Medicine following, will bring forth a Canker, and pluck it up by the roots, out of any ſore where ever it be either in man or woman. Take Roſeagler, & make powder thereof, then take barrowes or hogs greace, that is new and freſh (firſt melted and after cold) then mix the powder therewith very wel: then put therof upon a peece of white leather, which may cover the ſore: then ſprinkle on the ſaid plaiſter, fine flowre of pure wheat; then upon the ſame ſpread honey, and then put upon the ſaid hony womans milke, and when all this is done, put the ſaid plaiſter upon the ſore, where the Canker is, and put the neather cruſt of a new white loafe upon the ſaid plaiſter, and tye it faſt upon the ſame that it remove not: and in the morning thou ſhalt find the Canker dead on the ſaid plaiſter. This is moſt true. This I copied out of an old written Booke.

67 Let

67 Let a woman make water in a Urinall that is faire and cleane, or rather new, upon certaine cornes of Barley: and ſet the ſame in a cold place for the ſpace of eight dayes, and if the ſaid Barley Cornes will grow againe, or bring forth new Corne, then the fault is not in the woman that ſhee conceives not, but rather in the man. If otherwiſe, then the let of conception is in her.

68 Stamp Chryſtall in a ſtone morter of marble, and make thereof a very fine powder, then put thereto ſo much of the white of an Eg that you may write therewith, mix them wel together with a little gum or gum water, then write therewith in paper what you wil, then rub the ſame letters with what metall you will, and the writing will be of the color of that metall wherewith you rubbed them. This I had out of an old Book, and *Mizaldus* affirmes it without the gum water.

69 The juice of Lilly roots, and Vineger, of either like much mixed together, and the ſawcefleame or red pimpled face anointed therewith every evening for the ſpace of nine or ten dayes, doth help it perfectly.

70 You ſhall know whether the Dropſie be hot or cold by this that followeth: If the ſwelling begin firſt at the feet, and go upward then it comes of a hot cauſe: If the ſwelling begin firſt in the face, and goe downeward, then it comes of a cold cauſe. This likewiſe I had out of an old written Book, wherein were many things credible.

71 Caſt

71 Caſt the water of any ſick perſon newly made at night on red Nettles, and if the Nettles be withered and dead in the morning after, then the ſick party is like to dye of that diſeaſe, if they be green ſtill, then he is like to live.

72 A certain wicked fellow that killd his Father, did ſit in company with his companions, eating and drinking, over whoſe head there was a Swallowes neſt, with young Swallowes in the ſame, at which time the ſaid Swallowes made a great noiſe, and chattering, when ſuddenly the ſaid wicked fellow got a long powle, and burſt the Swallowes neſt: whereby the Swallowes fell downe, and he trod on them, and cruſhed them in pieces. Being asked of one of them, why hee did ſo? I have good cauſe ſo to doe, ſaid he: for did you not heare, ſaid he, how they told that I killd my Father: whereupon he was ſuſpected, examined, and ſo confeſſed, and therefore executed. *Plutarchus.*

73 Dry a Goats, Sheeps, or Neats bladder, and make powder thereof, and let them drink thereof with vineger or water when they goe to bed, that cannot hold their water, and it will help them. *Galen* affirmes this.

74 If the Sun, the Moon, the Alumten, or the Lord of the Aſcendent be all ſafe, and not with the Lord of the eight houſe, or in his aſpect: without doubt the ſick perſon ſhall be rid of his diſeaſes, and recover the ſame. If two of them be ſo, he is like to eſcape likewiſe.

wiſe. If contrary, then he is like to dye thereof. *Iatromath. M. Guat. Ryff.*

75 To kill Serpents in your dream, ſignifies victory: to ſee ſailes of ſhips is evill, to dream that all your teeth are bloudy, it ſignifies the death of the Dreamer: but that the teeth is drawn out, ſignifies the death of another: that Birds enter into a houſe, ſignifies loſſe: to weep, betokens joy: to handle money, ſignifies anger: to ſee dead horſes, ſignifies a lucky event of things. *Artemidorus.*

76 You ſhall make a ſword, knife, or any other Inſtrument to have an excellent edge, if you doe as followeth. Put into a pound of the Urine of a young man, as much of Soot as ye may take in your hand, putting thereto foure ounces of the Oyle of Linſeed: all being mixt together, let them ſeeth on the fire, and between the beating or ſtriking of the ſword or the knife, while it is red or burning hot, quench in this mixture, and according to Art let it be well tempered. *Mizaldus.*

77 If you ſtamp Lupines (which are to be had at the Apothecaries) and therewith rub round about the bottome or lower part of any tree, no Ants or Pyſmires will go up and touch the ſame tree. *Mizaldus.*

78 If *Mercury* (being L. of the ſixt houſe) be impedite of *Saturne*, it threatens to the child then born, continuall blindneſſe, and ſo much the more, if the Moon behold the Sun and *Saturn* in that ſort. *Taiſnier.*

79 Rub the leafe of a Marigold betweene your

your fingers, & put the ſame into your noſe, and let it ſtay there a little while: and it will bring forth abundance of humors out of your head, and it will help the rheum within a little while, if you uſe it. This I had of a friend as an excellent ſecret.

80 The eating of two drams of great Raiſons (the ſtones taken out) in the morning faſting, doth profit for concerning youth, becauſe they make better digeſtion, and flegme is diminiſhed by them, they comfort the liver, and make it fat, becauſe they are friends of the ſtomack and of the Liver, & they increaſe blood and make it thick, and when they are taken after meat, they ſtrengthen and moiſten the belly. *Johan. Ganivet.*

81 The eyes be not only inſtruments of enchantment, but alſo the voyce and evill tongues of certain perſons; for there are found in *Africke*, as *Gellius* ſaith, Families of men, that if they chance exceedingly to praiſe faire trees, pure ſeeds, goodly children, excellent horſes, fair and well liking cattell, ſoon after they will wither and pine away, and ſo dye. (No cauſe or hurt known of their withering or death. Thereupon the cuſtome came, that when any do praiſe any thing, that we ſhould ſay, God bleſſe it or keep it. *Ariſtot.* in *Prob.* by the report of *Mizaldus.*

82 Stop both your ears with your fingers and the hickop will goe away within a while after. Proved.

83 Many that are born at that time, when

the earth doth quake, are alwayes fearefull: in the time of Thunder, they are for the moſt part faint and fearefull: in the time of the change of the Moon, either they live not long or elſe they be weak, and oftentimes, as *Ariſtotle* ſaith, have Melancholick diſeaſes, or elſe are out of meaſure Melancholick: which makes them to be waiward, fretting, and ſeldome merry. *Mizaldus.*

84 There is a marvellous ſtrength in *Spermaceti*, for if it be pure and right, it will penetrate and goe thorow the boxes or things wherein it is kept, with a certaine moiſture, or ſweating drops. *Mizaldus.*

85 If *Mercury* be conjunct with *Saturn*, or in an evill aſpect of him, and neither *Jupiter* nor any other good Planet doth behold *Mercury*, it doth note, that they then borne ſhall have an impediment in their tongue, or ſhall ſtut; chiefly, if it be found above the earth. *Taiſnier.*

86 The roots of Eldern ſod and ſtrained, and drunk thirty dayes together, thrice every day, at morning, noon, and night, doth cure the Dropſie perfectly. Proved.

87 If the paps of a woman, which is with child of two, do wax little, ſhe ſhall loſe one of them, and if it be the right pap, it is a man child that will be loſt: and if it be the left, a woman child. *Hippocrates* in *Aphor.*

88 Take Garlick, and Houſlick, of each a like much, and ſtamp them both together, and plaiſter the ſame either to a hot or cold Gout:

Gout: and it will help and eaſe it marvellouſly. This was reported to me to be excellent therefore.

89 The flowre of Ointments, called *Flos unguentorum*, is made as followeth. Take of Roſen, and Perroſin, of each halfe a pound, Virgin wax, and *Olybanum*, of either a quarter of a pound. Maſtick one ounce, Harts tallo, or ſheeps tallow, a quarter of a pound, Champhere two drams: make your gums in fine powder, and ſeare them: then melt the wax and tallow, and mix the powders therewith well, and boile them well together, then ſtraine thorow a canvas bag into a pottle of white wine; then let it keele until it be bloud warme, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, evermore ſtirring it well, till it be thorow cold: then make it up in rowles, and keep it to your uſe, for the beſt ſalve for all things following, that ever was made, by the ſufferance of God. Wherefore eſteeme of this ſalve above any other, for it hath been put in experience, and ſubſtantially proved: It heales wounds, old and new, it cleanſeth very well, & gathereth good fleſh: It healeth headache, and impoſtume in the head, or in the body: Swolne eares or cheekes, ſawsfleames in the face, Sinewes cut, ſterke or ſprained in travell: It drawes out iron and thorne: it helps venemous biting and pricking, it healeth all manner of botch, all ſwelling and ache in the Cods, and all other members: it ceaſes

ceaſes the flux of the Emrods, and it is ſpeciall good to make a ſeare-cloth, for all manner of griefes. This was written and caſt into the Recluſe or Anker, at the Red hill in Almaine, wherewith he wrought many marvels, and never uſed any other Medicine but this. This I copied out of a very old Book: and I have proved it many times to be precious.

90 When the Alumten or the Lord of the Aſcendent is infortunate in his fall, or combuſt with three other teſtimonies or elſe two: It ſignifies that the ſick perſon ſhall die: And it is ſo much the worſe, if hee bee under the beames of the Sun. *Iatromath. Guat. Ryff.*

91 Whoſoever hath the grieſe or ſwelling of the Spleen never ſo much, and hath had it of a long time, and doth heat the ends of a pair of tongs in the fire, untill they be glowing and red hot, and then quencheth the ſame in halfe a pinte of white Wine, and drink the ſame Wine: It will help them thereof perfectly. This was credibly told mee for very truth. But it is more certaine, if they be ſo heated and quenched five or ſix times, and then drunk: and to take the ſame foure or five mornings together. Which I know to be excellent: the like unto this is affirmed to bee moſt true, and proved by *Auth. Benevenius.*

92 It is a great token of health when the ſtones or cods begin to itch, though the other parts of the body be weak. But then take heed of Venerious acts, leſt you pay for your pleaſure. *Mizal.*

93 Co-

93 Coriander seed made in powder, and mixt with Hony, and implastred upon a Carbuncle, or other grievous Biles, destroyes the same quite. *Arnoldus de Villa nova.*

94 The black Sea-cole, mixed with Oyle, will be made soft. Wherewith if one anoint Vines, it will destroy worms which destroy or eat the buds of the Vines. *Serverinus Gebelius.*

95 The gum of a Cherry dissolved in white Wine, and so given to them that are grieved with the Stone, it will help them marvellously. *Mizaldus* affirmes that it is certainly proved.

96 It was credibly told me for a truth, that there was a very poore woman being brought to bed of a child, having many children before, to whom a sister of hers (being rich, and that never as yet had any child) came to see her, who said unto her as followeth. Ah sister, sister, here are many mouthes and little meat. To whom her poore sister answered, Content your selfe, sister, God never sends mouth, but he sendeth meat. After it chanst the rich sister to be with child; which, when it was born, had never a mouth. So that there was much meat, and no mouth. A worthy & rare example to make all covetous, greedy & carefull worldlings to cast their whole care on the Lord, & not so to depend on their own provision or worldly wealth. If it were not for the great goodnes of God, we should have no more meat for our mouthes, than this wo-

mans child had a mouth for meat. But if we have both mouthes and meat, and lack good ſtomacks for the ſame, what are we the neer? So that both mouth, and meat, and ſtomack, are not in our wills to have when we liſt, but are Gods gifts to beſtow as he will.

97 *Hermes* ſaith, if in the nativity of the husband, *Venus* be combuſt, the wife ſhall dye before the husband. If in the Nativity of the wife, *Mars* be combuſt, the husband ſhall dye before the wife.

98 Water or Wine wherein Walwort is ſod (if a good draught thereof be drunk every day firſt and laſt for the ſpace of twenty dayes at the moſt,) doth perfectly help them that have the dropſie. It is an excellent Medicine for the ſame.

99 Caſt or inſtill certain drops of Baulme into cleare water, and then with a ſtick labour well the water, and if the water then be troubled, the Baulme is not perfect. But if the water abide cleare, the ſame is good and perfect Baulme. For the good and true Baulme, doth gather it ſelfe alwayes into one place. And thus you may try a true and good Baulme from a falſe and ſophiſticate Baulme.

100 If the root of Piony (eſpecially of the male Piony) be hang'd at the neck of a child or a boy, that hath the falling-ſickneſs, it doth help very much. Likewiſe doth Pellitory, and the haire of a dog that is all black.

The end of the Fourth Book.

The

The Fifth Book.

1.

A Mare will bring forth a Foale of divers colours, if ſhe be covered with a cloth of divers colours, while ſhe is taking the horſe. For ſuch colours as be before the eyes of the horſe, whiles he doth horſe her, without doubt the Foale will be of the ſame colours. The ſame may be proved with dogs and other beaſts. *Mizaldus.*

2 The berries of Halicacabus (called winter Cherries) being ſtampt, and the juice preſt or wrung out of the ſame, and then dryed in the ſhadow: the ſame (if it be given to ſuch as have the Stone, or cannot make water, and alſo to them that have the Dropſie, it will provoke urine, or drive forth the water, and alſo expell the Hidropicall humours. *Mizaldus.*

3 *Hortus Apollo* doth ſay that a Wolf doth fare greatly ſtones: therefore when he is conſtrained to goe by ſtony places, he treads very demurely or ſoftly. For being hurt with the very little ſtroke of a ſtone, it breeds worms thereof at length he is [illegible]d, or brought to his death. Therefore he doth flye from a Marchellor that layes wait to ſtrike him with ſtones.

4 If the Moon and *Venus* be joyned toge-

ther, and both be combuſt: he that is t
borne, ſhall lack a wife, or never marry. *A*
lomeus.

5 If the leaves of Elderne, firſt made
between two Tile ſtones, and then appl
hot to the forehead and the temples, if
paine lye there: it helpeth the ach of the
marvellouſly. This is very good and
proved.

6 Here followeth a marvellous water
provoke ſleep, Take of *Opium chibarcum*,
Garlick heads pulled, of each two ounc
beat the Garlick heads in a Morter wi
wooden peſtell, and put thereto the *Op*
grinded: uncorporate theſe well toget
that it may bee like a ſawce. Diſtill this
retort, with a moſt ſoft and ſlow fire in aſh
with this water diſtilled, when need ſhall
quire, anoint the temples, the fore-head,
pulſes of the wreſts. And beware you mini
nor uſe this but upon a great neceſſity, and
frantick perſons, (as you ſhal think it goo

7 The juice of the buds, leaves, inner
or of the young branches of Elderne (ſo
thing warme) put into the eare, doth not
ly break the Impoſtume thereof within fo
or five times, but alſo doth marvellouſly
the deafeneſſe. This was told me for a
ſecret, and I have tryed it to be an excell
thing in ſuch a caſe.

8 To ſee Monks in ones dreame, doth p
and death or calamity: to ſee fat Oxen b
kens plenty of things: to loſe an eye or a to

gnifies the death of a friend, or of a kinſ-
an, or ſome other evill luck: to dream to
dumb, foreſhewes ſpeedy gladneſſe: to ſee
xen plow, betokens gaine: to enter into
ers, betokens evill. *Artemidorus.*

9 This following makes a ſoft beard, and
th beautifie the chin with a fine haire, Take
ter without Salt, the juice of a red Ony-
the greace of a gray or a Badger, the root
Briony, of Beetes, of Radiſh, and of white
lies, whereof make a Liniment, and anoint
chin often therewith, being ſhaven. *Mi-*
dus.

10 Put up an old Gander in a houſe, and
him be there 3. dayes without meat, then
unto him pieces of an Eele newly killed,
en gather the dung that comes from him,
er he hath eate the pieces of the Eele; which
being laid to any Impoſthume or ſwel-
is a preſent remedy therefore.

He that ſleepeth in a ſheeps skin, ſhal ſee
dreams, or dream of things that be true.

The brain of a Weſell dried, and drunk
Vineger, doth help them that have the
lling-ſickneſſe. *Mizaldus.*

Jupiter and *Venus* or the one of them in
eight houſe, and combuſt, nor retrograde,
ſignifie the child then born ſhall dye na-
rall, and no violent death. *Taiſnier.*

Take a little ſtick, and tie about the end
of old Oken leaves, then cut them ſome-
round, and hold the ſame leaves in your
th as deep and as farre in as you may

ſuffer it wel, (holding the ſtick between you teeth) and ſo hold your mouth over a porenger or a diſh, and there will great abundance of humours avoid out of your mouth: and within a while waſh in faire water the ſalt leaves on the ſtick, and then hold it in your mouth ſo againe. Doe thus for the ſpace of halfe an houre, and uſe this three or foure times a day, for three or foure dayes together, or untill you have avoided as much watery humours as you think good. This is the beſt and preſenteſt remedy for helping of the Rheume, that ever I knew or heard of. I had it of a Gentleman, that eſteemed it as a Treaſure. And whoſoever proves it, ſhall finde it an excellent thing.

The Rheume

15 *Mirabolanes chebuli*, preſerved with hir Sirrop, uſed daily, and eaten, preſerveth your mouth excellent well.

16 This following is an excellent Gargariſme to purge the head and the breaſt. Take of Staveſacre, three drams, Peliter of Spaine and Muſtard-ſeed, of either two drams, long Pepper, Ginger, and Allomgem, of each one dram, make powder of them that are to be powdered, and ſtamp the reſt, and mix all well together, and put as much thereof as a Beane in a little linnen cloth, and tye the ſame faſt with a thread, that it may be round, then hold the ſame in your mouth, and champ it ſoftly between your teeth, and it will bring forth water and fleame abundantly. Uſe

this

this daily untill you think your head be well purged.

17 If the Lord of the Aſcendent be in the eight houſe, received of the Lord of the eight houſe, ſo that he receive not the Lord of the eight houſe, it ſignifies that the ſick party ſhall eſcape without all hope. *Iaromah.*

18 Earth-wormes ſlit and cleanſed, and waſht from their ſlimy and earthly matter (half a dozen of them, at the leaſt) and cut in pieces or chopped, and a good meſſe of pottage made thereof made with Oatmeale and water, and ſo much every day eaten by them that have the black Jaundies, for the ſpace of twelve dayes or longer: no doubt it wil perfectly cure them thereof, though it be never ſo long rooted, or thought to be paſt cure. Or elſe a ſpoonfull of the powder made of them in March, or any other time, when you can get them taken every day ſo long in a little draught of any drink, doth likewiſe perfectly cure the ſame. This is very true, and hath been oftentimes proved. It hath helpt ſome in foure or five dayes.

19 *Olibanum* (which is a kind of Frankincenſe) in powder mixt with as much Swines greace, and boyled together, wherewith if childrens heads that are full of Lice, or that are given to breed Lice, be anointed, they ſhall afterwards be free from Lice. This is better & more ſafe, then to uſe ointments mixt with Quickſilver, which is very dangerous; therefore let mothers or nurſes rather uſe this.

20 Whereas every beast (the act of generation ended or done) is wont to be sad: only the Cock rejoyceth, for he sheweth his gladnesse then by crowing.

21 If *Mars* be in the eight house, and in a humane sign, or in the second face of *Taurus*, or in the first face of *Leo*; it doth shew the child then born, shall die of iron. *Tayſnier.*

22 It is proved by experience, that to use customably in the dinner, and immediatly before supper, halfe an ounce of the flower of Cassia newly drawn, doth forbid the ingendring of the impostumation of the stomacke. Truly I say unto thee, that who doth use such taking of Cassia, shall be preserved from every evil affection of the stomack. *Emperica bened.*

23 Wine of the decoction of Tormentill, drunk daily without any other drink, and the herb thereof sodden, and every evening plaistered over the eyes, the space of three or foure moneths or more, restoreth the sight, yea to those that have their eyes as though they did see, and yet are blinde, and see nothing at all. *Petrus Hiſpanus.*

For blind eyes

24 *Andreas Mattheolus* knew a woman, that every day for a whole years space, was grievously troubled with the paines of the Mother, which was helped very well of that disease, by drinking once a weeke at her going to bed, of white Wine, wherein an ounce of the root of Briony was heated: and she using this Medicine a whole yeare in such sort, she felt no more harme thereof.

25 If

25 If you will deſtroy or put away warts, cut off the head of a quick Eele, and rub the warts all over well with the ſame blood then as it runs from the Eele: then bury the head of the ſaid Eele deep in the ground, and when the head is rotten, then they will fall away. I think the Author hereof is, *Johannes Baptiſta. Porta. Mizaldus.*

26 About the riſing of the little Dog (being in Summer) an old Cock doth lay an Egg, round ſpeckled, and of divers colours: whereof many do think that the baſyliske, or Cockatrice doth come (which is a moſt pernicious and venemous Serpent,) eſpecially if that Egg be ſit upon and hatched by a Toad: which whether it be a fable or not, let others judge. *Mizaldus.*

27 *Mars* in the eight houſe, with the head of the Dragon, betokens that the childe then born ſhal die of a roap, or be hanged. *Tayſner.*

28 The juice of Coleworts, put or ſnuft into the noſtrils, doth purge the head marvellous well, and helps the ancient paine of the head. Often proved.

29 Black ſieges like to filthy blood, are wonderfull evill, whether they be with an Ague, or without an Ague. And the darker colour they have, the worſe they be: but if theſe ſigns come through a purgation, they be more laudable. And although they be of divers colours, they be not evill. *Hypocrates.*

30 This following is an excellent and often proved thing for the Collick, Strangury, and

Elizabeth Story

and the Stone, take the Seed of Caraway, Fennell ſeed, Spicknard, Annis ſeed, of Commin ſeed, Sinamon, and Galingale: of each halfe and ounce, Gromel-ſeed, and Liquorice, of either of them an ounce. and beat them all to powder, and drink half a ſpoonfull of the ſame powder in Ale, a little warmed, and walk up and down an houre after, before you eat or drinke any other thing. Do thus five or ſix dayes together at the leaſt, and you ſhall find it of a notable operation. This was taken out of a learned practiſers Booke: beſides, ſince it hath many times beene proved.

31 Young Children whoſe Gumms are anointed with the brain of an Hare, doth breed their teeth eaſily. *Mizaldus.* And it hath bin proved with the brain of a Cunney.

32 A Walnut put faſt into a Chicken, that it fall not out in the roaſting therof; it makes that the ſame Chicken will be the ſooner roaſted. *Mizaldus.*

33 If a round large Veſſell, with one hole in the top thereof, be filled full with quick Lime and Brimſton, of both equall portions, and the hole well ſtopt, that no aire nor any thing may goe out, and ſo put into ſome ſtanding water, or a little pit of water, or into ſome Ceſtern ful of water, it wil keep the ſaid water hot a long time, or for many dayes. Proved of many, ſaith *Mizaldus.* And I found the ſame alſo in an old written Book.

34 Hens dung mixt with meat that is given

to

to be eaten of mad Dogs, will take away their madneſſe from them: (as it is thought.) *Mizaldus.*

55 If a worme that is found in the graſſe, before it touch the ground, be hanged alive at a womans neck that is with Child, it is thought ſhe ſhal keepe the child untill the due time of the birth. *Plinius.* As *Mizaldus.*

36 If one give any thing for warts, to them that have them, be it never ſo ſmall thing, as three or foure haires, (a rag of linnen Cloth, or ſome other thing of no value, the ſooner it will rot, ſo much the better) and let the party that would be rid of the warts, wrap the ſame in ſomething, and put it into the ground and cover the ſame with earth againe. Truly, as the ſame thing does rot in the earth, ſo wil the warts weare and conſume away. This is perfectly proved.

37 If *Mars* be in *Gemini*, and the Sunne in *Piſces*, in a quartile aſpect, in the day time, or the Moon in the night time: it doth ſignifie that the Child then borne will be hanged. *Taiſnier.*

38 They that uſe to receive three pils made of Aloes *De ſucco citrino*, made in powder, (which is to be had at the Apothecaries) and mixt with the juice of Coleworts of the bigneſſe of a beane, ſhall never be troubled with paine in the head. *Pet. Hiſp.*

39 A ſtrange medicine for the Gout. Take a good handfull of Arſemart, and wrap and tie the ſame in a Burre leafe and lay it firſt in

in cold aſhes, then compaſſe the ſame with hot embers and coales, and ſo roaſt the ſame well: then apply the ſame roaſted Arſemart to the grieved place and doe thus evening and morning for two or three daies: and thou ſhalt find a preſent help thereof. This was told me for a great ſecret, and as a proved thing.

40 If you put or ſtop faſt within a Nut, quick Brimſtone, Saltpeeter, and quick-ſilver, the ſame being put into a loaf of bread, & then the ſame loafe of bread put into ſome hot place, where it may heat, as ſoon as it waxeth hot, you ſhall ſee the loaf of bread ſo leap, that it will be very pretty ſport to them that ſee it. *Mizaldus* had this of one that proved it.

41 A moſt excellent oyle of S. *Johns* Wort is made as followeth. Infuſe or ſteepe for the ſpace of three daies the tops of Saint *Johns* Wort, in pure and excellent Wine, then in a double Veſſell let them heat eaſily over the fire, and then ſtrain them eaſily: then againe put as many of the tops of Saint *Johns* Wort in that ſtrained liquor, as you had before, and let them ſteepe therein three dayes or three nights as before, then heat and ſtraine them as before, then adde thereto three ounces of Turpentine, and ſix ounces of old oyle, and of Saffron the weight of xxij. barly cornes: mix all together, and then ſeeth altogether in a double Veſſell, untill the Wine be conſumed, and that that remaines, put into a glaſed or leaded veſſell, and keep it ſafely for your uſe. This oyle is of a marvellous vertue and pro-

perty,

perty, as wel chiefly againſt venimous Ulcers as many other diſeaſes and cold griefes: well known to many women. *Mizaldus.*

42 If you rub ſlightly any kind of beaſts or Cattell, with the juice of Goords, in hot weather, no kind of Flies will then hurt or moleſt them, nor yet annoy them. A thing deſired of many, and very neceſſary for ſuch as ride in the hot weather. *Mizaldus.*

43 If *Mars* be oppoſite to *Jupiter*, and the one of them be the Lord of the eight houſe: it is like the child then born ſhal die by the commandment of the Judge. *Tayſnier.*

44 The leavs of wild Ivie ſod in wine, and laid upon any Cancker, doth kill and heale the ſame. *Tortula.*

45 This water following is very precious for frantick and mad men, proved very often. Take of the flowers of Roſemary, of Burrage, and of the root of Bogloſſe, of each half a pound, of Saffron two drams, of Quinces foure ounces, of the beſt white wine two pints, mixe them all together, and then let them ſtand ſo for the ſpace of a naturall day: after that bury the glaſſe body wherein all the ſame is, in horſe dung for fifteen dayes: and then take it out and diſtill a water thereof according to art, two or three times over: Keepe this water as the Apple of your eye, for it is very precious and well proved in all melancholly ſickneſſes very effectuouſly, and in the paine and trembling of the heart the quantity to be given at one time is a Dram, which is

the

the weight of lxxij. barly corns. If you prove it you will praiſe it. And this is in the new Iewell of health, with many other more excellent things.

46 They are not like to loſe their ſenſes, nor their underſtanding, in whoſe Nativity the Moon doth apply to *Mercury* either by conjunction or by aſpect. *Iatromath. Argent.*

47 Set a round glaſſe full of water againſt the hot Sun, that it may ſtand faſt, and then hold ſome thing that is very dry, and will take fire eaſily, nie to the ſame glaſſe, between the glaſſe and the Sun, and it will ſet the ſame thing there holden, on fire. Which is very ſtrange to behold. And the rather, becauſe fire a hot and dry Element, is procured out of water, a cold and moiſt Element. *Johannes Baptiſt. Porta.*

48 *Didimus* writes, that ſheepe are wont to follow them that ſtop their ears with their wool.

49 If any doth ask thee (having knowledge in Aſtrology) what he did ſee in his Dreame, marke the Aſcendent, when the queſtion is made: and if thou doſt find *Saturne* in the Aſcendent (or firſt houſe) tel him that he did ſee in his dreame religious perſons: as Fryers, Hermits, or ſuch like, or places of prayer, &c. But if thou find *Mars* in the aſcendent. ſay that he ſaw in his dream, Captaines, Knights, Murtherers, Theeves, Harneſſe or Battells, or ſuch like. If the Sun be in his firſt houſe, he did ſee Gardens, Trees with fruits, Gold

or

or a King. If *Venus* be in the Aſcendent, hee did ſee a faire Virgin, or ſome eating or drinking, or one lying with a woman, or that have things wherein they are delighted, or elſe to play, or to walke abroad, or white or red Garments. If *Mercury* bee in the firſt houſe, then he did ſee hanſome and eloquent men reaſoning, or Palaces decked with Curtens and rich hangings or Clothes, Bookes, or writings of ſalvation, or of accompts. If the Moone be in the firſt houſe, he did ſee Rivers, or water, or precious ſtones, or ſome that did eat or drinke, or his mother, or his Awnt, or his mothers ſiſter: This ſaith *Haly Abenragel.* But *Meſſanala*, and *Alhaylat*, and *Abrier Fotſall* have ſaid, Look in the ſigne of the ninth houſe from the Aſcendent, and if thou doſt find in the ſame houſe any of the ſeven Planets, judge that the viſion or dreame was of them as is before, when they are found in the firſt houſe. And add to the ſignification of the Sunne, (that is, if the Sunne be in the ninth houſe,) that he did ſee himſelfe flying between heaven and earth, or that he did ſee a great light: and if there be no Planets in the ninth houſe, then mark him that is in the firſt houſe; if none be there, then mark who is in the third houſe: if none be there, then look in the fourth houſe: if none be there, look in the ſeventh houſe: if none be there, then look in the tenth houſe, and judge according to the ſignification of every Planet, and thou ſhalt be certified God willing. *Haly Abenragel.*

50 Againſt the quartaine Ague, take all the urine that the party makes at one time in his fit, and knead flower therewith: And when the ſame is baked, then give it to a Dog of the ſame houſe: And when you have done this thrice, the party will be whole, and rid of that diſeaſe: And in his ſtead the Dog will be ſick. But for a man that is ſick, a Dog muſt be choſen; if a woman, a Bitch muſt be had. This was taken out of an often proved experiment of an Italian, by the report of *Mizaldus*.

51 Whoſoever deſires to ſee the Sun eclipſed without hurting their eyes: Let them behold the ſhadow thereof in a Veſſell, wherein Oyle is put: Where they may behold and ſee it without danger: for a fattie humour is not eaſily troubled. And what ſhapes or formes it doth receive, it repreſenteth the ſame truely. *Mizaldus*.

52 A Lamen, or thin plate of Gold, borne on the ſeam of the braine, doth ſtrengthen the brain. The ſame hanged againſt the region or place of the heart, doth help the beating of the heart, and encreaſeth gladneſſe. And if it be put upon the reines of the back, it ſtrengthens the reines, and cooles the ſame, and ceaſeth the paines of the back. But *Mizaldus* wiſheth that the ſame plate be beaten and made of pure and fine Gold, when the Sun is in *Leo* called the Lyon; and *Jupiter* and the Moone beholding each other happily. *Herm. Arnold, Villa novanus & alij.*

53 If

53 If the Lord of the Horoſcope be in the ſeventh houſe combuſt, and the Sun hath no eſſentiall dignity in the ſame: then he that is then borne, ſhall periſh by the hands of many, which will riſe againſt him. But if the Sunne have then any power in the eleventh houſe, he ſhall dye by the Kings commandement. *Taxſnier.*

54 It is proved, and a ſecret, that if three graines of Maſtick be given to the patient to bee ſwallowed every night at his going to bed, it doth preſerve him from the paines in the ſtomack, and doth cure him. *Emperica benedicti Victorii.* I know by proofe, it helps the ſtomack marvellouſly.

55 This water following breaks the ſtone in the Bladder, and in the Reynes. Take of the juice of Saxifrage, two pints, of Gromell, and of the juice of Parcely of either one pint, of the beſt Vineger of a pleaſant Wine, eight ounces, diſtill all theſe together, and let the liquor diſtilled be kept in a glaſſe with a narrow mouth: Of which miniſter in the morning one ounce at a time, as much at noone, and as much at evening going to bed. This is a proved water, as ſaith *Fumanellus.*

56 To dream that Eagles flye over your head, doth betoken evill fortune. To dreame that you ſee your face in the water ſignifies long life. To follow Bees, betokens gaine or profit: to be married, ſignifies that ſome of your kinsfolks is dead: to dreame that you worſhip God, ſignifies gladneſſe: to look in a

glaſſe, doth pretend ſome iſſue or a childe: to have Oyle powred upon you, ſignifies joy. *Michal Scotus* and *Artemidorus*.

57 If you would have Copper to melt quickly, and run eaſily, put the hoofes of a horſe into the ſame, between the melting and powring out thereof. *Mizaldus* had this ſecret of an expert Italian.

58 Goats wil not ſtray nor wander, if you cut off their beards. *Florentinus*.

59 If you put a Toad in a new earthen pot, and the ſame be covered in the ground in the midſt of a Corn-field, it is ſaid there will be no hurtfull tempeſts or ſtormes there. As *Archibius* did write unto *Antiochus* King of *Syria*, *Plinio authore*.

60 If the Lord of the eight houſe be found in the twelfth houſe, with an evil Planet, or in his evill aſpect it ſhewes, the child then born, will die a captive, (that is) in priſon, or as one that doth flie away. *Taiſnier*.

61 Whoſoever anoints their belly with this ointment following, it eaſeth the paine of the head, it purgeth the ſtomacke, it comforteth the appetite, and clarifieth the eyes. Take of the juice of Smallege two ounces, of the juice of Mercury foure ounces, of Gooſe greace and Hens greace, of either of them a pound, of Roſen two ounces, of Maſtick, and Frankincenſe, of either five drammes, of *Caſſia Fiſtula* two drams, and put thereto juice of Walwort and of the inner rinde of Elderne, and mix them all well together, and make thereof an oint-

ointment. This if it be well made, is a very good thing.

62 The Squinancy, or any other paine of the throat will be helpt with this following, Mark where a Swine doth rub him, and then rub your hand on the ſame wood, poſt, or ſtone, with which hand rub your ſore or ſwolne throat. And as ſome ſay that have proved it, cut off a piece of the ſame wood, where the Swine did rub himſelf, and rub the ſwolne or grieved place therewith. But the rubbing of the Swines neck, is the beſt for the neck, the legge for the legge, and ſo that part of the Swine, for the like part of the perſon grieved or diſeaſed. This is a very true and often proved thing.

63 Take a pint of white Wine, one handful of Woodbine leaves, or two or three ounces of the water of Woodbine, and a quarter of a pound of the powder of Ginger, ſeeth them all together untill they be ſomething thicke, and anoint a red pimpled face therewith five or ſix times, and it will make it faire. Proved.

64 *Ludovicus Vives* doth write, that within the memory of his Anceſtors or Fathers, there was a Sepulcher or Tombe pluckt up wherein a burning candle was found, made (as was witneſſed by writing) five hundred yeares before. And when it was touched or handled, by and by it was reſolved into powder. *Johan. Langius.*

65 If you would have a deep Well made, it is beſt to digge the ſame when the Sunne is

in the laſt parts of *Virgo*, before the Autumnall Equinoctiall, (which is about the beginning of September, or immediatly after, for then through the great heat and drineſſe of the Summer the earth wants raine. *Mizaldus* had this of one that was skilful in ſuch things which was a Maſter Carpenter.

66 If any be bitten or ſtricken of a Scorpion, which ſhall eat Baſill the ſame day, hee ſhall be made whole thereof. *Aphri.* reports it.

67 If any fall ſick in the houre of the Sun, he will have a ſtrong Fever or Ague: And many times ſhall bee vexed in his minde; which ſhall bring no ſmall hurt unto him. *Haly Abenragel.*

68 The juice of Coriander, given to them that have the Falling-Evil to drink, will not ſuffer the humor to aſcend into the head, and it worketh great help to the diſeaſed. This was written in an old Book.

69 Whoſoever is brought weak, either by ſome grievous ſickneſſe or diſeaſe, or long continuance, or by wounds received, or any other way, and thereupon have a Siege of Melancholy, like to black blood, hee ſhall doubtleſſe dye the next day after. *Hippocrates in ſuis Aphor.*

70 A ſawsfleame or red pimpled face, is helpt with this Medicine following. Take *Ennla Campana*, four ounces, and ſeeth it with Vineger, till the Vineger be ſodden in, then ſtamp it ſmall, and then put thereto Quick-ſilver and Brimſtone, of either foure drams, and

and Barrowes greace, foure ounces, and beat them all together, and make thereof a plaister, and lay it to the infected or spotted place in the Face all night: and on the morrow wash it off with warm water. Doe this six or seven nights, and it will help it without doubt.

71 The first seeds that the He, or Male Piony brings forth (being round and black) do marvellously recreate or help them that have the falling sickneſſe: If some thereof bee stampt and taken with *Oximell Stillitricke*, which is to be had at the Apothecaries: and with the Sirrop of *Stichados*, and a little Nutmeg: which *Lemnius* doth witneſſe for a very truth.

72 Whosoever is stricken or hurt of any venemous worme, or other thing: or else bitten with a mad Dog, let them take heed diligently that the same thing that did hurt them see them not untill they be perfectly whole. For the Hebrew Physicians say, that the party hurt, shall then dye, or else be in perill a fresh: yea, though they begin to wax whole when they see them. *Mizaldus.*

73 One handfull of Basill, with ten Sea Crabs, stampt or beaten together, doth make all the Scorpions to come to that place, that are nigh to the same. *Aphri.* as *Mizaldus* saith.

74 If the Lord of the eight house, be afflicted in the fourth house, it signifies, the childe then borne, shall dye in prison. *Taysnier.*

75 Wine wherein the rinde of an Ash tree

hath been ſudden, drunk faſting, ſix or ſeven mornings together, doth perfectly help them that are tormented with the paines of the Spleene. (Which makes one to have a great paine in the left ſide, and their moſt griefe is after meat.) And if you anoint the grieved place, ſo long with an ointment, called *Deatha*, every morning and evening, it is an excellent thing likewiſe.

76 Behold a ſingular Oyle or Baulme drawn out of Wax and Turpentine, which dryeth and mightily pierceth where the ſame is applyed, taken out of the ſecrets of *Fallopius*. Take of the pureſt and cleareſt Turpentine that can be gotten, one pound and two ounces, of new yellow Wax that is odoriferous, twelve ounces, of Nutmegs and Cloves of either one ounce, of common Aſhes, ſix ounces, beat all theſe well together, then put the ſame into a Retort, fenced with Lute of wiſdome, and ſet in aſhes, and diſtill it with a ſlow fire at the firſt, and after encreaſe the fire untill all be diſtilled, which gathered, diſtill the ſecond time in a Glaſſe body with an head and receiver, putting unto it before the diſtilling foure ounces of the powder of Brick or Tiles. Which diligently luted in the joynts, maintaine fire under it, untill no more will come, then have you purchaſed an Oyle of Rubine colour, which worketh miracles in wounds, eſpecially where ſinnewes be harmed. This alſo helpeth any manner of Rume proceeded of a cold cauſe; it helpeth beſides

beſides the cough, by anointing the region of the breſt therewith: and it is alſo of great importance unto many other griefes, invented and proved by the above-ſaid Author many times. This excellent Oyle I had out of that worthy Book, called the new Jewel of health, which many perhaps ſhall read in this my Book, that otherwiſe ſhould never have ſeene that Book. Which makes me deſcribe herein ſome notable things therein uttered.

77 A notable and often proved plaiſter, to deſtroy any impoſtume, ſwelling, and ſtitch, in what place of the body ſoever it be, is now deſcribed as followeth. Take of the root of Hollyock, (cleane waſhed and cut in pieces,) two good handfull, and ſeeth the ſame in fair water, untill the ſaid root be ſomething tender. Then take out the ſaid root, and put into the ſame water, of Fenecreek and Linſeed, of either one handfull, (ſomething ſtamped and bruiſed,) and ſeeth them together untill the water be roping like Birdlime: then ſtampe the ſaid root of Holliock before ſaid, and put it to the ſaid Fenecreek and Linſeed, with an handfull of Barley Meale, and fry them together with Bores greace, and Barrowes greace: And need be, you may take Sheep ſuet, then lay a plaiſter thereof to the ſore, or grieved place, as hot as the party may ſuffer it: and let the ſame lye twelve houres unremoved at the leaſt, and after apply another plaiſter of the ſame thereto, in ſuch order, and within nine plaiſters it will work

the full effect. It hath helpt and dissolved the Plurisie, with the applying of three or foure plaisters. A thing of small cost, and great vertue.

78 When the Lord of the Ascendent is impedite or infortunate of the Lord of the second house: it signifies the sick shall not be healed, and with great expences of money, or else dye. And universally, mark what Planet doth infortunate the Lord of the Ascendant, the sick is like to have harme, or hindrance by such things, as that house doth signifie whereof that infortunating Planet is the Lord or signifier. *Iatromath. Guar. Kyff.*

79 Eggshels dried and beaten to powder, & given in white Wine, breaketh the Stone. It is a tried Medicine, as one affirmed to me.

80 Sugar, (especially Valentia Sugar) made in powder and put into a wound or cut, does not onely cleanse all corruption from it, and consumes all superfluous flesh, or matter in it, but also heales it marvellously. If you list you may mix a little fresh butter therwith, whereby it will not be of the lesse vertue. This is a sure, excellent ease, and a ready Medicine, who list to try it, shall finde it a singular thing.

81 A certaine wench was born within sixteen miles of *London*, who within a year and a halfe after her birth, did begin to eat earth, stones, brick, and gravell; and so continued therein, (having all her delight in eating of such baggage) also she did eate the woolen sleeves that were on her armes, besides

that

that ſhe did eate a glove. And on a time her mother did feed her with milke, there chanſt to fall a great piece of ſoot, out of the Chimney into the ſaid milke, which ſoot, the ſaid childe took out of the diſh with her fingers, & did eat it moſt greedily. She abhorred then bread and butter, and other ſuch naturall food, wherby ſhe was marvellouſly conſumed with a flux, and ſhe yet liveth having nothing on her but skin and bone. I ſaw her in June 1577. She was borne in *Charſey* within two or three miles of *Stanes*, at which time ſhee was full three yeares of age.

82 It is ſaid, that Mice dung, with the aſhes of burned Waſps, and of Haſell nuts, and a little Vineger of Roſes put thereto, doth trimly deck a bald place with haires, if the ſame place be often rubbed or anointed therewith. *Miza'dus.*

83 If any beaſt of the female kind doth piſſe upon the urine of a Wolfe newly made: the ſame beaſt ſhall never conceive. *Pythagoras.*

84 *Ætius* gives counſell, that that Dog be buried or put into the ground in any wiſe, which is dead by taking his diſeaſe from a man; for it is certaine (ſaith he) that dangerous and many effects (the man being eſcaped) are turned or overpowred into him.

85 The troubleſome or unpleaſant noyſe of Frogs in the night, will ceaſe, if you ſet a Candle burning on the banck-ſide nigh the water where they be. Or elſe many lights according to the greatnes of the place where they

they be. *Africanus Geopon*: and this was proved at *Paris*, by the means of a Preſident there, that therewith was troubled. *Mizaldus.*

86 It is the opinion of many, that an herb called *Leucanthus*, that is white Thorn (even as the Bay-tree) is never ſtricken nor touched with lightning, nor is not touched with any evill from Heaven.

87 *Zuel* ſaith, that he hath proved in many nativities, where the Moon is in *Virgo*, oppoſite with the Sun; that the Child then borne, hath bin drowned.

88 Six cloves of Garlike ſtampt and ſtrained into a draught of Rhenniſh wine, and ſo drunk, is a preſent remedy for the Collicke, Stone and Strangury. An excellent tryed medicine, if you take it three dayes.

89 Make powder of the flowres of Elder, gathered on Midſummer-day, being before well dryed, and uſe a ſpoonfull thereof in a good draught of Borage-water, morning and evening, firſt and laſt, for the ſpace of a moneth: and it will make you ſeeme young a great while. This I had out of an old written booke, as proved.

90 Take Horſeleaches, and burne them to powder, and mix them with Eyſell, then uſe to rub the place therewith where you would have haire grow no more: and there will no haire grow in that place. This was a ſecret of a notable Practiſes.

91 Whoſoever uſes to drinke butter milke, they will be laxative, although they be very much

much bound, and cannot go to ſtoole, proved.

92 They are like to have the Falling-ſickneſſe, in whoſe nativities the Moon and *Mercury* doe not behold the one the other. Or where neither of them doe behold the aſcendent: and whereas in the day time *Saturne* is the ſignifier of the qualities of the mind, and then being in an Angle, and *Mars* in Nativities of the night.

93 That young beaſts be not hurt of their fetters, or that being hurt of them, they may be cured. Tye unto their necks a Date ſtone bored thorow. *Mizaldus.*

94 If you give to them that have the Falling-ſickneſſe, this Medicine or Antidote following three dayes, whiles the Moon is conjunct to *Jupiter*, it will helpe him. Take of Mace, the ſeeds of Piony and the roots of the ſame halfe a dram, the leaves of Gilliflowers, and of Primroſes, (which ſome take to be Daſies) one Dram, ſtamp them and give it to drink with white Wine, the party being faſting. *Mizaldus.*

95 A certaine Country-man did ſleepe open mouthed in the fields, a Serpent crept in at his mouth, and ſo into his body; but after the ſame man cured himſelfe thereof with eating of Garlick; but he infected his wife with poyſon, by having to doe with her carnally, whereof ſhe dyed, which was very rare and ſtrange. *Volateranus.*

96 Powder made of the ſtone of a Swallow, given to drink to them that have the Falling-ſickneſſe,

ſickneſſe, healeth them without doubt, for it is a ſure experiment. *Petrus Hiſpa.*

97 If you would know whether a Woman be conceived with Child or no: give to her two ſpoonfulls of water, and one ſpoonfull of clarified Hony, mingled together to drink when ſhe goeth to ſleepe: and if ſhe feele gripings and paines in her belly in the night, ſhe is with Child, if ſhe feele none, ſhe is not. This is very true and often proved.

98 He will never be poore, of whoſe Nativity *Jupiter* is ruler, or Lord *Gallowarrant*: the Author of which work is unknown.

99 This following will take ſpots out of the face, and beautifie the ſame. Put 7 whole Egs in a moſt pure and ſtrong Vinegar, and let them lye therein ſo long, untill their ſhels be as ſoft as their inward skins, and mix therewith foure ounces of Muſtard-ſeed, before made in powder (or ſtampt) then ſtamp or grinde them together, and therewith let the face be anointed. This hath bin proved. And *Tortula* affirmes it alſo for the like purpoſe.

100 Greene Nettles laid in the urine of one that is ſick, and ſo ſteeped therein for the ſpace of xxiiij. houres, if after the ſame time they be taken out greene and freſh, it betokens the ſick party will recover of that ſickneſſe: if they be whithered, it is a great token of death. *Mizaldus.*

The end of the fifth Booke.

The

The Sixth Book.

1.

If you would have any Beaſt, or any part of the ſame, (of what colour ſoever he be) to be turned into white; ſhave off the hairs, and ſmoak the ſame that is ſhaven with the fume of Brimſtone, and white haires will grow there. You may prove the ſame in flowers. *Mizaldus.*

2 The berries of white Thorn, taken with white Wine, is of great force, for deſtroying or expelling of the Stone. It is known by the practice or experience of the Country-men. *Mizaldus.*

3 In a queſtion of a Viſion or a Dreame, mark the Lord or the Alumten of the Aſcendent, and the Moon, and conſider if thou finde ſt either of them in the ninth or third houſe, but if you find none of them there, then mark, if thou find either of them in the Aſcendent or firſt houſe, or in any of his angles: and if you ſo find either of them, and the ſame be ſeparate from a good Planet, and applyed to a good Planet: It ſignifies that the Dreame is good and pleaſant, and of a good ſignification, and is of the condition of that good Planet, to whom he applies; & the profit or commodity of his dream, ſhall be of the condition of the houſe where he is in the figure, and of the

the condition of that houſe which he doth be hold with a good aſpect. But if it be ſeparat from an evill Planet, and applies alſo to a evill Planet: then the Viſion or Dreame is e vill, and to be feared, and is of an evill ſig nification. Which evill and harme ſhall be ac cording to the nature of the Planet, to whom the ſame applies: and according to the nature of the houſe wherein he is in the figure, and according to the nature of that evill Planet. But if it be ſeparate from a good Planet, and applies to an evill Planet: ſay that the Viſion or Dream was good and pleaſant, but he hath an evill ſignification. But if it be ſeparate from an evill Planet, and doth apply to a good Pla net: ſay that the Viſion or Dream was foule and evill, but it hath a good ſignification, and the profit or ſucceſſe thereof, wil be according to the nature of the Planet, to whom he doth apply, and according to the nature of the houſe wherein he is in the figure, (as wee have ſaid.) Therefore according to this way and rule, conſider the Viſions or Dreams, and con fer one to another, and thou ſhalt be certified God willing. *Haly Abenragel.*

4 It is proved, and a ſecret, that if you give to them that have the Hickop, every morning three houres before meat, one root of greene Ginger, and immediately after, drinking two draughts of Malmeſey, you ſhall ſee that he will be ſoone cured. *Empirici benedicti Villa vin.*

5 A ſword wherewith a man is killed, th

blood

blood being clean wipt from it, and put into a hot fire, which being taken out of the ſame doth manifeſtly ſhew the murder: for ſo far as the ſword was in the wounded perſon, ſo far it will be of a contrary colour to the ſword. It was told me that a Biſhop did try it to be true, by one of his men.

6 If the blood of a Cock be dryed, and made in powder, and mixt in Wine, wherein there is water, it makes the water ſwim above. This was the relation of a learned Monke. *Mizaldus.*

7 Planten hath a marvellous vertue, to deliver them of the Plague that are infected therewith: given any manner of way. Proved.

8 The more lively and quick that a Horſe is, the more deeper he will thruſt his noſe in to the Water, when he drinks. *Plineus.*

9 Swine and Elephants do hate white garments: Buls and Oxen hate marvellouſly garments that be of purple colour, which many under ſuch apparel have ſometimes proved to their great griefe. *Plinius.*

10 If the Lord of the eight houſe, be in the eight houſe, or behold the ſame happily: the child then born will dye in his Country, or nigh the ſame. *Taiſnier.*

11 The white of an Eg, and the juice of Pellitory of the wall, well beaten together, and ſkimmed: and then one drop of that liquor put into the eye, doth heale the web in the eye. This is true and proved.

12 A proved Oyle which is very good for the Dropſie, called *Aſcites*, if all the belly or paunch bee anoynted therewith. Take of Turpentine one pound, of Frankincenſe, Maſtick, Myrrh, of each two drams, *Landanum*, one dram, Nutmegs, Cloves, Galengall, Zedoary, of each one dram and a halfe, of the juice of Walwort, and the juice of Cucumber (called *Cucumis aſininus*) of either one ounce: Let them be powdred, that are to be powdred, and let them be mixed together, and put them in a Limbeck, and let an Oyle bee diſtilled thereof, and it is a moſt ſecret thing, not onely to take away the ſwelling of the belly in the Dropſie, called *Aſcites*, but alſo any flegmatick ſwelling of any other member of mans body, and it is marvellous for the paines of joynts, and members of a cold cauſe *Emperici benedicti*.

13 A certaine Butchers wife being with child, as ſhe was ſtirring the bloud of a beaſt newly killed, a little thereof did chance to ſprinkle, or ſpurt on her face, which ſhe with her hand ſuddenly wiped off, and then wiped the ſame hand on her left thigh: Who after being brought to bed of a Boy, the ſame Boy had, and hath the like mark, or blood-ſpot on the left thigh. They that knew both the Father, Mother, and the Child, told this for a very truth. Therefore it is not good to hit a woman ſuddenly, being with Childe, on the face, or otherwiſe, leſt the child ſhe is withall, be ſo marked, as is declared in other places of this book.

14 The

14 The ſick perſon cannot eſcape, when the light of the time, (that is) the Sun in the day, and the Moon in the night, & the Alumten of the Aſcendant, are both impedite, or evill affected of the Lord of the eight houſe, or of the Lord of the fourth houſe. *Iatromat. Guat. Ryff.*

15 If you wil take the hair from anyplace of the body, and would have it to grow there no more: Stamp Ants Egs with the juice of Henbane and Hemlocks, or with the bloud of a Bat, or Reremouſe, and anoint the place therewith. *Mizaldus.*

16 If you cut the Liver of a beaſt in pieces and put into the ſame pieces the powder of *Nux vomica*, called the Spuing Nut, (which is to be had at the Apothecaries,) the ſame pieces being ſtrowed or laid in an open place, where Ravens and Crowes may reſort thereto, the Crowes or Ravens that eate thereof, cannot flye away, whereby you may take them eaſily. This I know to be certaine and true. To catch Crowes.

17 The little Bird called *Linaria*, begins to leave ſinging, and alſo to be ſick when the Starre called the little Dog, doth riſe, and will pluck off her feathers; which chanceth about the middeſt of July, as we have proved by one another, (ſaith *Mizaldus*) the ſpace of ten yeares, and thereupon have ſhewed to many, that then that Starre did ſurely riſe. And in a Larke we have obſerved the ſame, (ſaith he,) in the riſing of Arcture with the

All living things have their Starre.

Sunne. And it is not to be doubted, but that other Birds, and living things, have their peculiar Starre, whereby they are moved to ſing, or to hold their peace, to ſadnes, or gladneſſe, which I deſire the diligent ſearchers of ſecrets to obſerve. Thus much *Mizaldus*.

18 The L. of the Aſcendant in the twelfth houſe, in a humane ſigne, without the beames of good Starres: the child then born, will be impriſoned. This is true and often proved: And alſo *Taiſnier* affirmes it.

Toothach

19 This following is a ſure and proved Medicine for the tooth-ach. Take a handfull of ground Ivie, as much of Spere-mint, and as much of Salt, ſtamp them all a little together, then put all the ſame into a pint of Vineger, and ſeeth all well over the fire, then ſtraine it well, and put the ſame into a cloſe glaſſen veſſell, or bottle: and when you will occupy it, take a ſpoonfull thereof, and put it into the ſide of the mouth that aketh, & hold downe your cheek, that it may deſcend to the roots of the aking teeth, and it will take the ache and paine away preſently. This was taught me by a woman, to whom many reſorted for help, who uſed onely this Medicine therefore.

20 An Ointment made of the Oyl of bitter Almonds, Honey, the roots of Lillies, and of Wax, is an excellent thing to anoint the face withall, to get away wrinckles, ſpots, and other deformities of the face. *Mizaldus*.

21 You may take Foxes with this Oyle fol-

following. Anoint the ſoles of your ſhooes, with a piece of fat Swines fleſh as broad as your hand, newly toſted, or a little broiled at the fire, when you go out of the wood homeward. And in every of your ſteps, caſt a piece of the Liver of a Swine roſted, and dipt in Honey, and draw after your back the dead carkas of a Cat; and when the Fox following thee, comes neer unto the ſteps, be ſure to have a man nigh thee with bow and ſhafts to ſhoot at him, or by ſome other meanes to hit him. *Mizaldus* had this of an expert Hunter. A Traine for a Fox.

22 Women that have double apples in their eyes, or ſtrales, doe every where hurt with their looking: Which is called of ſome overlooking. *Cicero.*

23 Bodies that are ſtrucken with Lightning, do remain uncorrupt; therefore in ancient time they did neither burn nor bury the bodies of ſuch as were ſtrucken or killed with Lightning: whereupon it is plaine to all men, that the ſame bodies are not corrupt as others. *Mizaldus.*

24 If the Lord of the eight houſe be in the third or ninth houſe; it ſignifies, the child then born, ſhall dye among ſtrangers, or out of his Native ſoyle. *Taiſnier.*

25 Wormwood newly ſtamped with the white of an Eg, and laid over the eyes, taketh away the blood and redneſſe thereof, of what humour ſoever it come. This hath been often proved.

26 If one do take this confection follow-

ing fasting, he shall never fall into the paine of Collick nor Illiac, Take the outward rinde of Radishes being taken or pared thick, two pound; white Honey foure povnd, let them boile together unto the consumption of half the Honey, then put thereto of the powders of Sinamon, Cloves, Nutmegs, Mace, black Pepper, of each two drams, mix them together, and let them be put up in a clear vessell, and let the Patient take and eate every morning halfe an ounce of the said rindes of the Radishes. *Benedictus victorius Faventinus.*

27 If you take the powder of Brazell, and mingle it well with Milk, but so that it be very red, and put therein either a staffe, wood, or bone, letting it lye therein eight daies, it will make the same wood or bone red for ever. I had this out of an old written Book.

28 To dream that you goe over a broken bridge, betokens feare: to have your head cut off for a hainous offence, signifies the death of friends: to make cleane the hands, betokens trouble: to see hands filthy or foul, doth signifie losse and danger: to feed Lambs, signifies griefe or paine: to take Flyes, signifies wrong or injury. *Mizaldus.*

29 A Garland made of Ivie leaves, and laid upon womens paps, or dugs, that hangs flagging downe: it gathers them together, and makes them round. Ivie leaves stampt and applyed thereto, workes the like effect. *Mizaldus.*

30 A Toad being strucken of a Spider, or

of a Serpent, doth help her ſelfe by eating of Planten. *Plinius.* For confirmation whereof, a Toad being on the ground, hard by a wall, a Spider did ſuddenly ſtrike the ſaid Toad on the back; which when the Toad felt, beginning to ſwell, did eate of Planten nigh unto the place: Whereof being well, the Spider again did poyſon the Toad with her venome, as before: Which done, the Toad preſerved her ſelfe with the ſaid Planten as before; but one that chanſt to behold the ſame, did then cut up the ſaid Planten, and took it away from that place: Which Toad the third time being ſtrucken or rather poiſoned of the Spider, as before, immediatly ſearched for the ſaid Planten, for (as it ſhould ſeeme) there was no more Planten nigh to that place, which when ſhe could not finde, did ſwell ſo ſore, that ſoone after ſhe did burſt withall. The party that did take away the ſame Planten, and did ſee this ſtrange and marvellous matter, did tell me this for a very truth, whoſe credit I know to be ſuch, that I am bold here to place the ſame, having ſuch good occaſion. And I heard that a Nobleman of this Realme, did ſee the like.

31 Whoſoever is ſore grieved with the Stone, and cannot make water, let them drink a ſpoonfull of the powder called *Pulvis diuiticus*, in a draught of white wine, which you may have made at the Apothecaries, and uſe it three or foure mornings together, or ſomething leſſe if you liſt. Give halfe ſo much to a

child, and without doubt it will make them avoid the Stone, and to make water presently. I have proved it oftentimes to be a soveraigne thing in this case. And there was one from whom I had it, that got therewith above an hundred pound by the yeare. If it be truly and well made, you will praise it well as I have done, and because it is such a notable thing, I would have it better knowne, and more used.

32 Make Oyle of paper, by burning faire paper on a clean pewter dish or sawcer: or hold a piece of faire paper folded on a knives point, and set fire on the nethermost end thereof, and hold the same nigh unto the sawcer, and out thereof will come a little moist Oyle, and bee on the sawcer. Take a little thereof on a cleane feather, and put it into the eye that is sore or dim sighted: and it will helpe the same marvellously. It hath beene proved in many to be excellent. And *Euonimus* doth praise it therefore.

33 If the Lord of the Ascendent be in the eighth house infortunate, it signifies that the sick party will kill himselfe through evil guiding him. *Iatromath.*

34 A Spirit came nigh unto *M. Brutus*, leading an Army of men from *Asia*, when *Brutus* asked him who he was, he answered, I am thy evill Angel, whom thou shalt see in the fields of *Philoppis* in *Thessaly*, and there *Brutus* dyed in conflict. *Plutarchus.*

35 Agrimony sod in red wine, wherewith if

if wounds be waſht, it cleanſeth all filth and corruption from them. And the leave of Agrimony beaten, or ſtampt, and tied on wounds that be ill joyned or knit together, by and by doth open them. A Spaniard told this to *Mizaldus*.

36 He that receiveth a ſum of money in the houre of *Venus*, he will ſpend the ſame with women, in pleaſures and wantonneſſe.

37 The juice of Rew mixt with Hony, that hath beene skummed, and a little thereof put into the eye at once, riddeth them that uſe it, of an ancient dimneſſe of the ſight. Proved often. For dim Eyes

38 If a woman hath not conceived, & thou wilt know whether ſhe ſhall conceive or not, let her be well covered with clothes, and beneath let a fumigation be made of hot things, and odoriferous, or ſweet ſmelling: for if the ſmell come up thorow her body to the noſe, and mouth; be ſure that ſhe is not barren of her ſelfe. *Hippocrates Aphor.*

39 Whoſoever is grieved and tormented with the Stone, let them take an ounce of the roots of Radiſh, cut in ſlices, and lay the ſame to ſteep in half a pint of good white Wine all night, then ſtraine the ſame well, and put thereto of the Electuary, called *Lithontriphon*, of the deſcription of *Nicholas*: and alſo *Juſtinum*, one dram, mix them with the ſaid white Wine, wherein the Radiſh was infuſed, and let him that is grieved with the Stone, receive all the ſame at one time, and you ſhall

ſee a marvellous work thereof. If need be, let him receive the like quantity thereof three or foure dayes together. This is proved to be ſure and an excellent thing, for breaking and avoiding the Stone, and Gravell. Be ſure that the Apothecaries make it of good ſtuffe.

40 A head of Garlike (the skins pulled off, and a little bruiſed) laid by equall parts to the hollow parts of the ſoles of their feet, that are grievouſly tormented with the Tooth-ach, eſpecially if it come of a cold cauſe, and be on the nether jaw, it will help them with ſpeed, by drawing the humors out of the ſoles of the feet. I have known them that have taken this Medicine, and have not bin troubled with the Tooth-ach of ſeven years after.

41 That man is like to have few children, in whoſe Nativity *Saturn* is in the Aſcendent, oppoſite to *Venus*, or if *Venus* be in a barren ſigne, infortunate of *Saturne*: or if *Venus* be in the houſe of *Saturn*, eſpecially, infortunate of him. *Iatromath. Guat. Ryff.*

42 If you rub or touch Warts with the leaves of a Fig-tree, the Warts will conſume and vaniſh away, ſo that the ſaid leaves be buried within the earth, or ground. Som aſcribe the ſame to the heart of a Pigeon. *Mizaldus.*

43 Elephants of all other beaſts, do chiefly hate the Mouſe: So that if they ſhall ſee, or perceive that a Mous hath once touched their meat that is before them, they loath the ſame, and will not eat a bit thereof. *Plinius.*

44 If the Lord of the Aſcendent be combuſt

in

in the twelfth houſe, he that is then born, wil dy in priſon or captivity. *Taiſnier.*

45 The powder of the Berries of Briony, drunk in the water wherein Water-creſſes are ſod, doth marvellouſly heale the Strangury.

46 If any woman great with childe ſhall take this drink following, every other day in the morning, three houres before ſhe eat any meat, beginning the ſame about ten dayes, or a fortnight before the time of the birth, the birth ſhall not onely be made more eaſie, but alſo ſhe ſhall bring forth her childe without paine. Take of the great Treacle one ſcruple (which is the weight of 24. barly cornes, the powder of Licorice, and the powder of Sinamon, of either three graines: of good white Wine one ounce and a halfe, mix all together, and make thereof a drink, and let it be given to the woman with child, in ſuch manner as is before ſaid. *Benedictus Victorius Faventinus*, in his Book called *Empersca.*

47 This following will ſtop the bloudy flux. Take Yarrow and Planten, of either a like much, ſtamp them well together, and put thereto red Wine, and ſtraine it well, and drinke a good draught thereof firſt and laſt, three or foure dayes together, and certainly it will ſtay it. It is an eaſie and precious thing. To ſtop the bloudy Flux

48 If you will prove whether a woman be with child or no, let her make water in a copper or brazen veſſell, and let a Needle lye therein a whole night, that is bright & clean, and

and if ſhe be with child, the Needle will have red ſpots on it; if not, then it wil be blackiſh, or ruſty. It is proved, as *Mizaldus* was informed.

49 If a Crow chance to eat of the reſt of the fleſh whereof a Wolfe hath eaten before, the ſame Crow will dye ſoon after. *Æliams* and *Philes*.

50 Neither Falling ſickneſſe, neither Devil will infect or hurt one in that place where a Bay tree is. The Romanes call it the Planet of the good Angel, &c. *Mizaldus*.

51 Writing Inke tempered with water, wine, or Vineger, wherein Wormwood hath been ſteeped, Mice will not eat the Papers, or Letters written with that Inke. And alſo clothes wherin Wormwood is laid or wrapt, is ſafe from moths, and if there be any there it will drive them away. *Dioſcorides*.

52 The hour of *Mars* is to be abhord in all things, both in the beginning, and when the thing is done. *Haly Abenragel*. Therefore you were beſt to take heed, that you take no notable thing, or great matter in hand, or begin any long journey in the houre of *Mars*, if you can by any meanes know when it is. But whoſoever put their whole truſt in God, and guide their life by the rule of his holy Word, (be he never ſo ſimple and unlearned) he will ſo guide them, and ſo inſtruct them, that they ſhall avoid all ſuch dangers, and perillous times. And contrary, the wicked learned, (yea, though they know the times) ſhall not have

have power to avoid them, as I have ſeene in many: which afterward they did well conſider, though too late. And as I have ſaid of *Mars*, ſo I ſay of *Saturne*: For there is never a good of them both: yet doe I not think, that *Saturne* or *Mars* ſhewes ſuch harme to them, in whoſe Nativities they are Signifiers, or beare rule in the Aſcendent: but chiefly to ſuch in whoſe Nativity they are Lords of the 12. 7. 5. or 8 houſe. But ſurely I have markt it long, and yet I never ſaw any notable thing being in the houre of *Mars* or *Saturne*, that came to a good end. Which they ſhall well finde, that begin to ſet forward towards the Sea, in *Saturns* houre. I ſpeake by tryall as well as *Haly* doth: which I ſhould not have conſidered ſo much, but by his counſell and proofe.

53 Oxen, Kine, bullocks, or Horſes, ſhall not be troulbed with any diſeaſe, if you hang a Harts horne upon them. *Abſyrtus.*

54 If you joyne a Lyons skin, to the skin of a Woolfe or any other beaſt, it will make them without haire, or cauſe their haire to fall or conſume away. *Mizaldus.*

55 Colewoorts, and Rew, (called Herbe Grace), are ſo contrary in nature the one to the other, that they ought not to be ſowne nigh together. *Fracaſtorius.*

56 If any Sheep, or elſe hairy beaſt, or elſe Man or Woman be full of Wormes in any wound or ſore, take of the Wool of the ſame Sheepe, or haire of that beaſt, or ſome of the

haire

hair of the man or woman, and hide the ſame before the riſing of the Sun, under the barke of a Tree, called *Trembla*, which is a kind of black Poplar tree. Doe thus certaine dayes, and thou ſhalt ſee the wormes fall out of the wound or ſore miraculouſly, or elſe they will dye or leave that place. There be that aſcribe the ſame to the Birch Tree, and alſo to the root of wild Succory hanged at the necke in manner of a Croſſe. Which *Mizaldus* ſaw obſerved in a Dog, one of whoſe eares was almoſt eaten off with wormes.

57 It is proved oftentimes by experiment, that many being born in Conjunction of the Sun and Moon, doe dye in the Oppoſition: (that is, in the full of the Moon:) and they that be born in the full of the Moon, are dead in the Conjunction, (that is, in the New Moon.) *Tayſnier.*

To clear ye Eyes

58 Put two or three of the ſeeds of *Oculus Chriſti* into your eye, and within a while after you ſhall not feele them. Whereby you will think they are not there. But at the laſt they will drop or fall out of themſelves, compaſſed about with ſlimy water, which hinders the ſight. Which if you uſe, they will cleanſe and cleare your eyes marvellouſly. This I know to be very true.

59 If one do buy warts of them that have them, and give them a pin therefore; if the party that hath the Warts, prick the ſame pin upon ſome garment that hee weares daily, or commonly, the Wart or Warts without

doubt

doubt will diminish and weare away privily and be cleane gone in short time. This was told me for an often tried and proved thing; yea, and by such a one as had seen the experience thereof. Also Warts rubbed with a piece of raw beefe, and the same beefe being buried within the ground, the Warts will weare and consume, as the beefe doth rot in the ground. Proved.

60 Salt Armoniack stampt, and mixt with water, doth make white Letters, nothing differing from the colour of Paper, but if you hold the same Paper to the fire, the Letters will wax black. *Mizaldus.*

61 A thing to be marvelled at, and worthy to be remembred doth follow, declared by *Jovianus Pontanus*. A certain *Caetane* Woman (saith he) was married to a Fisher, whom he did use as his wife, according to the order of marriage, many yeares (as *Anthonius Panthormita*, being a friend of the same Fisher, was wont to tell to the said *Iovianus Pontanus*, when he was young:) which woman after she had been married fourteene yeares, did become to be a man, and suddenly there sprung out the members of man in the naturall place of the Woman. Which being so asham'd of her condition, as one that thought she should be mockt or laught to scorne both of men and women, became a Religious woman, and lived in a Monastery, where hee knew her the rest of her life. And she was buried at *Rome*, in the Temple of *Mary* or *Mi-*

nerva.

nerva. And another Woman called *Aemilia*, was married to one *Anthony* a Citizen of *Epula*, and after ſhe was married twelve yeares, ſhe was changed into a Man, and was converſant with men, uſing then the arts and trades of men in that Country, and married a Wife. This writes he in the tenth booke *De rebus cœleſtibus, &c. Mizaldus.*

62 If the Lord of the Aſcendent be Combuſt in the Aſcendent, or in the firſt houſe, it ſignifies ſhort life to the Child then borne. *Tayſnier.*

63 Take the Inner rinde of an Oke Tree, and ſeeth it well in faire Water, and then bath any ſore old or new therewith, halfe a dozen times together, twice every day, and at every time when it is thus bathed, then annoint it with butter and brimſtone mixt well together, and within nine or ten daies, it will be whole (God willing.) A true and tryed medicine.

64 This following will helpe the yellow laundies with ſpeed, take a bur root, the greater the better, ſcrape it cleane: then take a pot of new Ale, and put your root therein, and the Ale will boyle, and let it be therein one day and one night well ſtopped, then let the Patient drink a good draught, two or three times, and he will be whole certainly. Proved.

65 The ſick is much to be feared, if in the Aſcendent, or in the eight houſe, or with their Lords, there will be evill Stars or Planets: but if good Planets be there, it is ſafe enough. *Iaromath. Gnat. Ryff.*

66 Ariſtotle

66 *Ariſtotle* and *Avicen* do affirme, that of the round and ſhort Egge, the Cock chicken doth come, of the long and ſharp Eg, the Hen chicken. *Mizaldus.*

67 If you put yellow Amber into hot melted wax, (before well skimed) it will be then as ſoft as clay, ſo that you may make things thereof, in what form or faſhion you will, it wil be ſo tractable and ſoft. *Mizaldus* had this ſecret of a certain cunning Lapidary. To ſoften Amber

68 There is nothing better to drive away Serpents or Snakes, then the ſmoake of old leather, or old ſhooes burned, or elſe to bring them out of ones body, before crept into them by ſleeping open mouthed. Whereof *Marc. Gatinaria* an excellent Phyſician doth write, that the like did happen to a certaine man in his time, to whom when many Medicines were given in vaine, the ſaid man received the ſmoke of old Leather at his mouth by a funnell, ſo that it went into his body, and as ſoon as the venemous thing in his body felt the ſaid ſmoke, it came out at his Fundament: which was a marvellous great Viper, to the great marvell and feare of all them that were preſent.

69 Seeth the inner rinde of the yong branches of a Haſell tree in ſmall Ale, untill halfe be conſumed, and let them that have the ſtrangury drink a good draught thereof firſt & laſt for the ſpace of eight or nine dayes together, and it will help them certainely, for it never failes. Therefore prove it and praiſe it.

70 In

70 In the first beginning of any sickneſſe, or at the time of a queſtion for the ſtate of the ſick perſon, if the Moon be corrupt or afflicted of *Saturn* in the 3. firſt degrees of *Scorpio*, it betokens death. *Johan. Ganivet.*

71 A notable Medicine for the Siatica doth follow. Take Oxe dung and Pigeons dung, of either one pound, and mix them well together, with one pottle of white Wine, and let them boyle together untill halfe the wine be conſumed, then ſtraine it thorow a linnen cloth: then put thereto halfe a pound of Honey, and twelve yolks of Egges, and halfe a pound of melted Wax: and mix all together with as much Barley meale as will ſuffice for the making of it in a plaiſter, and put it hot to the paineſull place. This was proved by King *Henry* the fifth, as the Writing did witneſſe, out of the which I had this. Beſides it hath been ſince proved.

72 Let the Phyſician take heed of his firſt viſiting of the ſick in the hour of *Saturne* and *Mars*: if he come to him in the hour of *Saturn* either the ſick will dye, or elſe the Phyſician ſhall have great labour, doubts, and ſlackneſſe in the curing of him, neither ſhal he help him, except it be even to deſperation, or out of all hope. And if he be ſent for, or goe to him firſt in the hour of *Mars*, there will be chidings & brawlings betwixt him and the ſicke party, and ſmall gaine. The houres of *Jupiter* and *Venus* are much praiſed. The houres of the other Planets are indifferent. *Iatromath.*

73 A

73 A green Lizard hath a great delight to behold a man in the face, for he will lovingly fawne upon him as a Dog, with the moving of his tayle. And as much as in him lies, will defend him from a Serpent that lies lurking in the herbs to hurt him. *Lemnius.*

74 The juice or water ſtrained out a Radiſh roots before ſtamped, mixt with white Wine, and the powder of Turpentine burned or dried in the Sunne, and ſo received, is an excellent Medicine to break and drive forth the ſtone. And it is given with happy ſucceſſe. A thing proved, much better then Gold. *Mizaldus.*

75 If the Lord of the Aſcendant be found in the ninth houſe, he that is then born, ſhall of his owne will go farre and long journies. And if there be a good Planet in the ſame ninth houſe with him, or elſe doth behold him with a happy Aſpect, then it ſhall happen well to him in his journies. If an evill Planet, then contrary. *Tayſnier.*

76 Lay a thin piece of raw beef to the forehead of them that have loſt their voyce, and let it lye thereto all night unremoved, and it will help them preſently, or at the leaſt within three or foure ſeverall applications.

77 Take the bones of beaſts which bee found in the fields, and chiefly of Horſes (becauſe they be beſt therefore) and let them be well waſhed, and after let them be dried at the Sunne, then put them in a great Cawldron with water, and let them ſeeth long, and ga-

ther the fat that ſwims above, wherewith anoint the Gowt or Palſie, of whatſoever cauſe they come, and it will be helped.

78 Seeth Ivie, Mugwort, Walwort, and the inner rinde of Elderne, in water with much Salt, and bathe therewith any Siatica, twice or thrice a day for eight or nine dayes together; and the party grieved will bee made whole. This I had out of an old written book wherein were many excellent things.

79 If you ſprinkle the powder of Saffron round about the wick upon the Oyle in a faire greene and bright Lamp of Glaſſe, and let the ſame burne, (ſo that there be none other light in the ſame chamber) it will beautifie all things in the ſame place, with a faire yellow colour. You may prove it by other colours likewiſe.

80 The dung of a Wolfe being hidden in a ſtable or houſe, where Cattell be, eſpecially ſheepe, it will not only make them leave from eating of their meat, but alſo it will cauſe them to ſtirre up and downe, and to bleate, or make a noiſe, and alſo to quake and tremble, as though their devouring enemy the Wolfe were there preſent. Neither will they ceaſe from doing thus, untill they feele or perceive that the ſaid Dung is taken away. *Mizaldus*,

81 There is nothing better to draw forth Thornes, pricks, or any other thing whatſoever, in any parts of the body whereſoever it bee than black Sope applyed to the place, letting

ting the ſame lye thereto twelve houres without removing the ſame.

82 A certain Noble Matron in the parts of Spaine, had a ſtrong imagination of a great Ethiopian, painted in her chamber, with other, in the time of the act of Generation. Which Lady afterward was delivered of a boy, like to the great Ethiopian painted before named. Which childe being born, every one beleeved, that ſhe had lain with ſome one of the ſlaves of the Sarazens, for that the child was like none of his Parents: Whereupon the miniſters of Juſtice, with conſent of her husband, and other, did decree, that ſhe ſhould be burned after the moneths end. But before the miniſtration of this Juſtice or execution, certaine wiſe men were called, whereof one deſired, that he might ſee the place where the child was begot, which when he had ſeene, he conſidered that that Generation was by the ſtrength of the imaginative vertue: And then he ſaid, that that great Ethiopian was the father of the child; bringing forth for the confirmation thereof, that place of the Bible, where *Jacob* put ſpeckled Rods before the Sheepe, by which imagination the Ewes brought forth ſpeckled Lambes, which when he had ſpoken, the Lady was delivered from burning. Wherefore, as I have written in other places of this Booke, men ought not raſhly to miſlike their wives, (having none other occaſion) becauſe their children are unlike to their parents: For as you ſee here, and

in *Jacobs* Lambes, Imagination is of marvellous force in the time of generation, which doth not onely worke in men, but in beasts. *Ganivetus* writes this history, who as it should seem, hath it out of *Lyra*.

83 The Flowers of Marigolds, as also of Succory, and of certaine other herbs, doe begin to open at the rising of the Sun, at noone they are fully and wholly opened, but they are closed, or are shut, when the Sunne doth set. Therefore some call it, and such other, *Sponsus Solis*, the Spouse of the Sun: Because they sleep, and are awakened with him, &c. *Mizaldus*. And the daily tryall thereof affirmes it.

84 If Asses doe eat much of Hemlocks, they will be cast thereby into a dead and deep sleep, that they will seem to be dead. Which hath deceived the Countrey-men being ignorant thereof, for as they have been flaying off their skins, (thinking that they were dead) the silly Asses have stirred and wakned out of their sleepe, to the great terrour of them that did flay them, or cut off their skins, and to the great laughing of them that did behold them, as *Andreas Mathiolus*, (that learned Physician) hath written in this Commentary upon *Dioscorides*.

85 Put the ashes of a burnt Snaile upon the spot in the eye, and within three dayes it will take it away. *Barth.*

86 If one comes to aske or enquire the Astrologian, for any thing in the houre of an e-

vill

vill Planet, that is, of *Saturn* or *Mars*, it is a ſuſpition rather to evill than to good. And chiefly, if that evill Planet be any where impedite, retrograde, or combuſt, or in his fall, or candent from an Angle. And this is to be underſtood likewiſe of the comming of any on the behalfe of any that is ſick, or bringing the Urine of the ſick, or of any that doth aske counſell, or enquire of the eſtate of the ſick, (though the urine be not ſeen,) it is a ſuſpion of evill for the ſick, though it be not a full teſtimony thereof. *Ganivetus.*

87 If a woman that is too much weakned with her monthly courſe, doth caſt the ſame, or let the ſame run into a hole made in the ground with a three-ſquared ſtake, (the ſame ſtake immediatly after being put or driven into the ſame hole, and ſo remaine therein unremoved,) her ſaid flux will ſtay or ceaſe, being thought before to be uncurable. An honeſt woman revealed this ſtrange ſecret to me, which proved the ſame to be true; and ſhee learned it of a poore woman, that required almes of her at her doore.

88 In the Lake called *Larius* (which now is called *Comenſis*,) certaine Fiſhers in the winter did draw with their Nets to the dry land, a great ſort of Seamewes, ſeeming to be dead, which were joyned together with their bills or nibs in one anothers tayle or fundament: and being warmed with their guts, were found alive. *Catuaſ. Tibe. eſius.*

89 The leaves of Docks do looſe t.e belly,

and make one laxative : but the ſeeds being taken, do bind, and are reſtrictive.

90 If Wine have taken any tartneſſe, or ſowreneſſe, take a pot filled with good water, and let it be well covered. then ſet the ſame pot with water in the veſſell with Wine, (ſo that the pot ſtand under, or within the wine) & at the three dayes end, if the wine have gotten his former ſtrength, the water will ſmell, and then the Wine will like thee.

91 A piece of raw Beefe not too thick, nor too thin, (being laid or ſteeped all the night before in good *Aqua Compoſita*) and applied to the temples of the forehead, without removing all night : and thus doing three or foure nights, doth help the watering and paines of the eyes, and all diſtillations and ruines that come from the head or braine. One told me this, which had often proved it to bee moſt true as a great ſecret.

92 When *Mercury* is in the tenth houſe not impedite, the childe then borne, will bee mighty wiſe, and a great Philoſopher. *Cœli enarrent.*

93 Anoint yong Swallowes with Saffron, and ſoon after the old Swallowes will bring a ſtone to them, wherewith the Dropſie will be cured. This I had out of a Book of ſecrets.

94 An Egge laid on a Thurſday, and emptied and filled with Salt, and ſet it in the fire, remaining there untill it may bee made in powder, and then canker'd teeth rubbed with the powder thereof, it both kills the cancker,

and

and the wormes that eate the teeth, and deſtroyes them. Proved for truth.

95 This folowing wil deſtroy Ringworms Tetters and Scales in the hands, Take white Coperice, the quantity of two Beanes, and put it into a pinte of cleare water, till it bee reſolved or melted, and with that water waſh the place or hands, till they be whole. Proved.

96 Stamp Parſly in white Wine, then ſtrain it well, and drink a good draught thereof, and it will cauſe thee to make water, and breake the Stone, uſe it five or ſix times. This hath been well proved.

97 The wiſe and learned men in old time did think that a Toad put into a new earthen pot, and ſet it within the ground, and ſo covered with earth in the midſt of a field, will drive away Crowes or Birds from Corne that is ſowed there. But about Harveſt time they will that it bee digged up, and ſo caſt forth of the limits of the Fields, leſt the Corn be bitter thereby. *Pliny.*

98 A little piece of the Navell ſtring of a childe, that is newly borne, encloſed in a Ring, and ſo born that it may touch the fleſh or bare skin, is a moſt pure help and remedy againſt the great paines and torments of the Collick. *Mizaldus.*

99 They whoſe hair of the eye-browes doe touch or meet together, of all other are the worſt. They doe ſhew that hee or ſhee is a wicked perſon, and an entiſer of ſervants, and given to unlawfull and naughty acts:

which *Johannes Indagnies* ſaith, hee hath obſerved in old women being Witches, which were led to be burned, whoſe eye-browes were ſuch. As *Thaddeus Hagecius* hath alſo noted.

100 *Saturn* in the ninth houſe, doth ſignifie feares in journies, but more in the Sea chiefly, in a watery ſigne, and in *Cancer* the houſe of the Moon. *Taiſnier.*

The end of the Sixth Booke.

The Seventh Book.

1.

THe water wherein the leaves of Planten, that grows cloſe to the ground, and neer the root, is ſod, being drunk twice every day, morning and evening, firſt and laſt, halfe a pint at a time, for the ſpace of 4. or 5. dayes, helps perfectly all griefes and diſeaſes of the bladder. A true Medicine, and often proved.

The beſt help for the Stone

2 A notable water for the breaking of the Stone. Take of the juice of Saxifrage, two pound, of the juice of Gromell, and of the juice of Parſley, of either one pound, of the juice of Betony, of the juice of Nettles, and of the juice of Ramſens, of each halfe a pound, of ſtrong white Vineger, ten ounces of the flowers and ſeeds of Broome, and of the roots of Radiſh, of each two handfulls,

ſtamp

ſtamp the laſt rehearſed well, then mix the ſame with all the juices before mentioned, and thereof diſtill a water, with a gentle fire; of which water give to them that have the Stone, one ounce at one time, with Oximell Diuriticke, (which you may have at the Apothecaries) uſing the ſame nine or ten dayes (if need be,) and it will break and avoid the Stone wonderfully. There cannot be a better Medicine for the Stone. Prove it when you will.

3 In the Ilands of Ireland and Orcades, in certaine places there, there be certaine Trees, much like unto Willow trees, out of which come forth certaine little haires, encreaſing by little and little into birds, having ſhapes of Ducks, hanging upon the bough by their nebs or bills: and when they are to come to perfectneſſe, they flye away of themſelves, or fall in the next Seas, which birds wee call Barnacles. This is related by the people that dwell there. *Mizaldus.*

4 If one be bewitched of any, put Quick-ſilver into a quill, and ſtop it, or elſe into a hollow Nutſhel, encloſed faſt with wax, and lay the ſame under the pillow of the party bewitched, or under the Threſhold of the doore where he enters into the houſe, or chamber. *Johannes Weckerus.*

5 He that will deliver a ſum of money in the houre of the Moon, he ſhall have much adoe to get it againe, and at laſt ſhall miſtruſt of the recovering thereof; but at length hee

ſhall

shall recover it but not all. *Abablez filius Zaed.*

6 Betony ſtampt and made in a plaiſter, and laid to the eye, healeth a ſtripe in the eye. And if the eye be waſhed with the water wherein Bitony is ſodden, they will be whole without dimneſſe or other blemiſh; And if you drink a dram of the powder of Bitony, with the water of Bitony, it wil bring down and heale the clowdineſſe and bloodineſſe of the eyes; and if Bitony be eaten, it dryeth up the teares of the eyes. All this and more hath bin proved of bitony.

7 Marke on what day any doth fall ſick, & number the dayes from the fixt Calends of *July* (which is the 26 day of *June*) untill the day when the party did firſt begin to be ſick, and divide ths whole number by three, and then if at the laſt, one remaine, he will be long ſick, if three remaine, then it is to be feared he will die of that ſickneſſe. This I had out of a book of ſecrets.

8 A marvellous cure of a Woman that was ſwolne, done by one *John Ardern*, whoſe words thereof were theſe: I *John Ardern* did did ſee acertaine Woman at *Newarke*, whoſe whole body was ſuddenly ſwolne, and alſo the face, neck and legs, who did lye as though ſhe were half dead; to whom I gave the roots of Daffadill ſtampt, and mixt with water and Saffron, which being drunk, ſhe was quickly whole. I wrote this out of an old written booke.

℞ Take

9 Take heed in letting blood or giving of Purgations, or ſtrong Medicines, that the Lord of the eight houſe be not with the Moon or with the Lord of the Aſcendent. Likewiſe that the Moon nor the Lord of the aſcendent be in the fourth or eight houſe, nor that the Lord of the eight houſe be in any Angle, and it is not good that the Moone be in the Aſcendent. *Iatromath.*

10 A wind riſing in the North in the beginning of the night, or in the twy-light, by and by he ceaſeth, and leaveth his place; therfore it is, that the Marriners (having juſt tryall thereof, will not ſet forth in that winde, unleſſe it hath continued three dayes. The South wind is contrary, which if it riſe or begin in the beginning of the day, it brings hope to the Marriners that it will continue, and not quickly depart out of that place. *Mi.*

11. The skin of the right heele of a Vultur laid to the right foot, and of the left heele, to the left foot of them that are pained with the Gowt: It is ſaid that it doth metigate the griefe, and eaſe the pains. *Mizaldus.*

12 Lute ſtrings or Harpe ſtrings cut in little peeces, and caſt upon fleſh newly ſodden or roſted, will ſeeme to be worms, whereby they that know not thereof, will refuſe the ſame meat. *Mizaldus.*

13 If the Yard doth ſwel & be grievouſly pained, mingle Wax, Oyle, and the juice of Purſlane together, and apply it to the ſwoln Yard, and it will help it. It is often proved.

Iohannes

14 *Johannes Ganivetus* writes, that in the yeare of our Lord, 1431. the ſeventh day of Auguſt (being Tueſday) about ſeven of the clock in the morning, one Maſter *Henricus Amici*, a Doctor of Phyſick, born at Bruxels in Brabant, did aske him for the Lord Deane of *Vsennens* then being ſick, whether he ſhould dye or recover that ſickneſſe. In the figure of which queſtion, he found that the Moon was going in conjunction to the Sun, under the beames of the Sun, which was a teſtimony of death, with divers other likelihoods of the ſame. But eſpying *Mercury* beginning to retrograde, within one degree of the Aſcendent (corruption the degree of aſcending) did judge that hee ſhould ſhortly fall into a Frenſie, at the fartheſt within a naturall day, although he was a very wiſe man. And ſo it came to paſſe, for within leſſe then a naturall day, he became frantick, and dyed within two dayes after.

15 Take cloves of Garlick, and burn them in a pot all to powder, and if you uſe to eate of that powder in your pottage, doubtleſſe it will make you make water, if you are troubled with the Stone.

16 If you put the powder of Allom in water, whatſoever you write therewith, the writing or letters will not appeare, unleſſe you put the ſame paper in water, and then you may read it perfectly. *Bapt. Porta.*

17 This that followeth is a moſt excellent true and ſure proved Medicine for a great and old

old griefe and paine in the head. Take of Bay Salt ſtamped by it ſelfe, as much Cumin-ſeed ſtamped by it ſelfe, as much brown Fennell, and then ſtamp them all together, then with as much pure Vineger and a little Roſe water, mix and ſtir them all together in a diſh, over a Chafindiſh of hot coles, and then lay ſome of the ſame hot upon a cloth, and apply it ſo to the hinder part of the head at night, and tye it faſt thereto that it fall not away. And alſo lay on another plaiſter therof hot thereto the next night, and ſo doe nine nights together, one after another: and it will not onely help the ſame, (perhaps within three or foure times ſo doing) but alſo it will cleare the ſight, and draw the humours clean away, that run out of the head into the eyes, and dry up the ſame. This Medicine never failes, therfore it is a precious thing, and worthy to be eſteemed.

18 A good way to get the ſtone called *Cranpaudina*, out of the Toad. Put a great or overgrowne Toad, (firſt bruiſed in divers places) into an earthen pot, and put the ſame in an Ants hillock, and cover the ſame with earth, which Toad at length the Ants will eat: So that the bones of the Toad and ſtone will be left in the pot which *Mizaldus* & many other (as he ſaith) hath often times proved

19 It is ſaid, that the female Viper doth open her mouth to receive the generative ſperme of the male Viper, which he doth, by putting his mouth into her mouth, which received,

ceived, ſhe doth bite off his head. This is the manner of the froward generating of Vipers. And after that, the young Vipers that ſpring of the ſame, doe eate or gnaw aſunder their mothers belly, thereby comming or burſting forth. And ſo they being revengers of their fathers injury, doe kill their owne mother. *Galen de Theriaca ad Piſonem.* You may ſee, they were a towardly kinde of people, that Chriſt called the generation of Vipers.

20 Seeth Sage, and drink it, either ſtamp it, and lay it to the Matrix, for both wayes it provoketh the Flowres and after burthens. *Petrus Hiſpanus.*

21 The girdle worn of a childe, being under ſeven yeares of age, ſome ſay twelve years of age, taken and tied about the middle of one that hath the Falling-ſickneſſe, and then preſently taken from the ſaid party, and cut in nine pieces, and every piece thrown nine ſeverall wayes, it is a preſent and perfect remedy to heale and helpe the ſame party thereof, without ſaying of any words. They that told it me, did ſee it proved; a thing no doubt very ſtrange, and almoſt incredible. Some think that this will not prevaile, but at the firſt falling of the party.

22 The tongue of a Dog laid under the Toe within the ſhooe, doth ceaſe the barking of Dogs at the party that ſo weares the ſame. *Mizaldus.*

23 The skin of an Aſſe being tand, and ſhooes made of that part of the Hide, whereon the

the burthens did lie that the Asse carried, they will never teare nor be worne. No, although you go continually among stones and thorns and with the oldnesse thereof, they will wex hard, that one cannot suffer to weare them, as *Cardanus* hath written.

24 To stop the bleeding of the nose, Take nine or ten fresh new Leeks, and put a thread thorow the midst of them, but cut off the tops of the leaves, then hang them about the parties neck that bleeds, so that the leaves be upward to the nose, & the heads of them downward. It is good also to smell to Camphire dissolved in Vineger, and also to put the root of Piony under the tongue. *Iuv. Holle.*

25 If you take of mouth-Glue and Allome equall parts, mixing them together, and then poure vineger to them, whatsoever you shall cast into the fire, being rubbed, or all over anointed therewith, it will not bee burned. *Mizaldus.*

26 *Mars* in the ninth House, doth threaten in long Journeys, chiefly on the Land, feare and evill hap or successe: but not in *Capricorne*, seeing it is his exhalation. *Taysnier.*

27 It is credibly reported, that whosoever is sick, and at the point of death, though they be marvellous old, lying or being in a certain place in Ireland, the same party cannot dye, untill he or shee shall be removed out of this place: And many that have been there, being very old and weary of their lives, have earnestly desired to bee removed from thence;

who as ſoon as they have bin out of the place have dyed preſently. A very ſtrange thing, if it be true.

28 Stamp Rew with Oyle of Roſes, and lay the ſame ſomthing thick upon the crown of the head, of one that is ſick, the ſame being firſt ſhaven, and if the ſame party doe neeſe within ſix houres after, hee will eſcape that ſickneſſe. If not, he will dye thereof.

29 To make a green that it will not fade away. Take the Flowers of Flowerdeluſe, ſtamp them and ſtraine them, then put the juice thereof into Gum-water, and dry it in the Sunne.

30 To make Letters of gold, Take Gum of Almonds and temper it with Vermilian finely ground, let the Gum be diſſolved in the white of an Eg, then write therewith, and it will be like Gold. Proved.

31 If you will know in what year Wheat will be deare or cheap, and what time in the year, and what moneth the ſame will chance, Elect or chooſe twelve faire cornes of Wheat in the Kalends of January, which is the firſt day of January, then ſweep the Fire Hearth cleane, and make a fire; then take a young wench or boy of the houſe, or elſe one that dwells nigh you, and bid the ſame boy or wench lay one of the ſame Cornes on the ſame being hot and made cleane: and when that is done, mark diligently, whether the ſaid Corne abide ſtill in the place, or leape: If it be ſtill, then ſay that the price will continue:

tinue: If it leape a little, the price will abate a little: If it leape much, then perſwade thy ſelfe, that it will wax very cheape: If it leape towards the fire, it will be dearer in the firſt moneth, and ſo more or leſſe, for the greater or leſſer acceſſe of the ſame to the fire. Doe ſo with the ſecond Corne, and it will preſage for the ſecond moneth, that is for February: And ſo you may judge all the reſt; that is, the third Corne for March, the fourth for April, and ſo for the other. *Mizaldus* hath heard, that it hath beene proved of many.

32 The Lyon is more fierce againſt men, then women; for Nature hath taught him, that women are to be more mildly uſed then men, as *Plinie* affirmes. And *Ariſtotle* ſaith, that it is more wicked to kill a woman than a man, &c. And the Poet ſaith: *Quod fœminea in pœna nullum eſt memorabile nomen*; which is true. A man alſo can get no prayſe nor honeſtie by beating of a woman: which let butcherly beaters, and cruell tormentors of their wives marke well and conſider. *Mizaldus.*

33 A ſpoonefull or more of the powder of Nettle ſeed, drunke in good Wine, doth aſſwage all paines of the Matrix, and takes away the windineſſe thereof, or the griefe of the Mother. *Pet. Hiſp.*

34 By this meanes following, you may put an Egge into a narrow-mouthed glaſſe. Lay an Egge in ſtrong Vineger, till it be tender: then fill the glaſſe almoſt full with water, then put the windie Egge into the glaſſe,

and anone it will bee hard. Proved.

35 To roaſt a diſh of butter. Take fine grated white bread, and mix the ſame well with Sugar, then put a lump of butter upon a ſpit, and turn the ſpit at the fire, and ſtill caſt the grated bread and the Sugar upon the butter, and it will bee a fine and trim diſh of meat. Proved.

76 If a certaine worme with many feet, which will become round like a peaſe if ſhee be touched, of ſome called a Swine-louſe, be prickt with a Needle the paine thereof will ceaſe immediatly. This I got out of an old Booke.

37 They are poſſeſt with Devils, that have not in their Nativities *Mercury*, with the Moon in ſome aſpect, if neither of them behold the Aſcendent; which is the more certaine, if *Saturne* be there in the Nativity of the day, and if *Mars* be there in the nightly Nativity; and if either of them be in an Angle, ſuch is the Nativity of Devils. *Alpohazen.* And they are or will be mad, that have *Mercury* and the Moone in this ſort, except that *Saturne* contrary muſt be in an Angle in the Nativity of the night, and *Mars* in an Angle in a Nativity of the day. *Iatromath.*

38 There is a certain Well at *Gratianapolis*, which although it hath not hot or warm water therein, yet oftentimes there comes out of the ſame together with the water flames of fire, two contrary Elements at one time, out of one place flowing out together. *Mizaldus* writes

writes this of the report of the Inhabitants of that place.

39 If you ſtamp Holliocks with the whites of Eggs, and therewith anoint your hands, and throw then upon the ſame the powder of Allom, you may handle fire without any harme. *Alber.* Praiſe it as it proves.

40 Drink no Medicine in the hour of *Saturne*, neither enter or begin then any Journey on the Sea. *Haly Abenragel.*

41 White Wine, wherein *Lapis Calaminaris* is ſeven times quenched, firſt made very hot in the fire, doth marvellouſly ſtop the runing of the eyes, and cleareth the ſight, if you put a few drops thereof into them, and uſe to waſh them therewith: This is a tryed thing.

For sore Eyes

42 If you would allure or bring Pigeons to a Dove-houſe, take a fat Dog and ſlay him, and fill his belly full of the ſeeds of Cummin, roſt him dry; waſh alſo the Pigeon holes in the Dove-cote with water wherein the Cummin is ſod; but firſt cleanſe the ſaid holes from all filthineſſe, then lay the roaſted Dog upon a broad ſtone in the Dove-houſe, and hang a great Glaſſe in the top of the Lovour, and three or four little Looking-glaſſes within the Dove-houſe by ſome of the holes. Alſo take good clay and mingle it with bay Salt and Cummin, and bake thereof a great lump like unto a Sugar-loafe, then put it into an Oven and make it hard, and ſet it by the dead Dog. Beware of Owles, Buzzards, and Starlings, ſee the houſe be cloſe, that no vermine

come therein, as Polecats, Wezells, or Ferrets, and you ſhall have Pidgeons enough. Alſo make a Thrape by the Doe-houſe, ſtrew Chaffe there, then lay therein a good quantity of Barley, but it muſt firſt be laid to ſteep in Honey three dayes, and then caſt it among the Chaffe, and then a great ſort of Pigeons will reſort to the Dove-houſe.

43 Linſeed put into the roots of Radiſh, and by and by put fat or dunged earth, it will bring forth an herb like Dragons, whoſe taſte will ſeem like Vineger and Salt; therefore it is marvellouſly deſired in Sawces; for having this, you need neither Vineger nor Salt: as one that is chiefe of the Kings Gardens told me, ſaith *Mizaldus*.

44 Foxes being ſod, or cut in pieces, and then given to Hens or Geeſe amongſt their meat, it makes them ſafe from being hurt of any Foxes after, for the ſpace of two months. *Mizaldus*.

45 The ſeeds of Docks, tyed to the left arme of a woman, doth help barrenneſſe, or ſterility. *Africanus*.

46 The Moon and the Aſcendent, are generally Signifiers of the whole Ship, and of the ſtate thereof: and the Lord of the Aſcendent is the ſignifier of them that ſayle in the ſame, whereof if all they be infortunate, the ſhip is broken, and they that ſayled in her are drowned, unleſſe ſome one of them be received, that is of the ſaid Signifiers, and then the impediment wil chance in the drowning, and

ſome

ſome climers of the ſhip wil eſcape: but if all they be fortunate, all ſhall eſcape and be ſaved that is, both ſhip and men, chiefly if there be any reception. Furthermore, if the Aſcendent and the Moon be both fortunate, and the L. of the Aſcendent infortunate, the Ship is ſafe, and the Saylors in her are deſtroyed: but if the Aſcendent and the Moon be infortunate, and Lord of the Aſcendent fortunate, the ſhip is overwhelmed, or loſt, and the Saylors in her are ſafe. *Haly Abenragel.*

47 Goats dung mingled with Vineger and Bran, and applied as a plaiſter to a ſore breſt, looſeth wonderfully all ſwelings of the breſt. It hath been proved.

48 Betony ſtampt & applied to any wound of the head, doth not onely draw out broken bones, but alſo doth heal the ſame with ſpeed.

49 A ſpeciall Medicine to ſtrengthen the back. Take a quart of white Wine, and the pith that runneth in an Oxe back, and halfe a quarter of a pound of Dates, and of Marigolds, Planten, Betony, Parſley roots, and Fennell roots, of all two handfulls, boyle all theſe together, untill the Wine be halfe waſted away, and then ſtraine them thorow a cloth, and drink nine or ten ſpoonfuls thereof every morning and evening for the ſpace of nine or ten dayes, and it will ſtrengthen the back marvellouſly.

50 Five-leaved-graſſe ſod in water, which if it be drunk & gulpt up and down into the throat, is an excellent help for ſore throats.

51 They are divelliſh, or poſſeſt with Divels, in whoſe Nativities *Saturne* is Lord of the place of the Moone, and the Moon then under the beames of the Sun; or if *Mars* be L. of the place of the Moon oppoſite to the Sun, eſpecially in *Sagitary. Haly Abenragel.*

52 To keep Beaſts ſafe that the blind Mouſe called a Shrow doe not bite them. Encloſe the ſame Mouſe quick in chalk, which when it is hard, hang the ſame about the neck of the Beaſt that you would keep ſafe from biting; And it is moſt certaine that he ſhall not be toucht nor bitten, as it is aforeſaid. *Vegetius.*

53 I heare (ſaith *Mizaldus*) that it is obſerved and proved, that a Cow, a Ewe, a ſhee-Aſſe, a Bitch, a ſhe-Cat, and ſuch other domeſticall and tame Beaſts of the Female kinde, will caſt their Calfe, Lamb, Colt, or that they goe withall, if the Male, by whom they conceived, be killed while they went with the ſame. Such a ſtrong and vehement concord or agreement of nature is between or among them.

54 If the ninth houſe begin in a fixed ſign, or if *Saturne* be found in the ſame (except it be *Aries*) they that be then born, ſhall for the moſt part ſee true Dreames, but in a moveable ſigne, his Dreames will be without effect, &c. *Tayſater.*

55 A notable Oyntment for the head-ach, comming of any cauſe, wherewith you muſt anoynt the pulſes of the temples and all the fore-

fore-head. Take of the juice of freſh Camomil foure ounces, of the juice of freſh Roſes two ounces, of the juices of freſh Rew and Betony of either one ounce and a halfe, of the juice of the roots of Holliock two ounces, of Oyle *Roſate Omphacine*, one pound and a halfe of the beſt and pureſt Alabaſter, three ounces, powder of Alabaſter finely beaten, then put into the oyle, and let it lye therein a day and a night, then mix them all together, and with ſufficient white Wax, make it into an Oyntment, which oyntment, is good for any pain of the head, proceeding of any matter or cauſe. And it may be uſed at any time of the fit or paine except the beginning. *Emperica Benedicti Victorii Faventi.*

56 An excellent diſtilled water for hearing followeth. Take of the juice of Betony, of the juice of Onyons, of either of them ſix ounces, of the leaves of Roſemary ſtamped one handfull, of the Oyle of bitter Almonds three ounces, and one white Eele groſſe chopt and cut in ſmall pieces; mix them all together, and diſtill them, and the liquor which commeth thereof, keep in a glaſſe, drop two or three drops thereof into your eare foure or five nights together, and it will help the deafeneſſe.

57 It is much to be marvelled at the little bird called a Wren, being faſtned to a little ſticke of Haſell newly gathered, doth turne about and roſt himſelfe. *Cardanus* and *Mizaldus*.

58 Thou maiſt make faire pictures, veſſels, and many other fine things with ſmall coſt and expences as followeth: Seeth the barke of the Elme Tree, and the tops of the Poplar tree, and whiles they are very hot, put therto moſt pure and fine Lime, untill all the ſame be like curds of milk. Afterwards put thereto the whiteſt Marble that is well and finely beaten into powder, and ſerced, and then caſt the ſame in what forme you will, then dry them in the ſhadow. *Hierenymus Cardanus.*

59 *Hermes* doth ſay, that an evill Planet in *Cancer*, doth threaten ſhort life and continual ſicknes to the mother of the child then born.

60 Brimſtone ſtampt with Wine, and plaiſtered over the Duggs or Paps of Women, breaks the hardneſſe of them. *Iſac.*

61 Water Mints ſtamped and laid to the midſt of the brow, & to the nape of the neck of one that is mad, will much help and relieve him. But firſt tickle him on the brow, and it will diſpoſe him to ſleep; and then apply it to him as is before ſaid: but if hee be far gone, that it will not help him, then take a Tench & cleave it in the midſt, and ſo warm lay the one part to his brow, and the other to the nape of his neck; and without doubt it will help him, if ever he ſhall have help. This I took out of an excellent written book.

62 For burning with fire, Take oyl Olive, and put it into cold water, and ſtir it wel together, till it be well mixed, then anoint the burned place therewith, and lay a wort leaſe upon

upon it, and it will help it ſpeedily. Proved.

63 Stamp Mallowes and Garlike together and mingle it well with white Wine, then ſtraine it well, and drink a good draught thereof nine times, and it will make thee make water of what occaſion ſoever the ſame is ſtopt. This is affirmed for truth. To make one piſſe

64 If you will bring forth or hatch Eggs without a Hen, cover your Egs in hot horſe dung,(ſo that the bigger part of the Eg be upward) but every fifth or ſixth day, ſhift them with new horſe-dung, with a temperate heat as the heat of a Hen; but remember that the Egs muſt be turned,and about the time of the hatching,or when they ſhould come forth of the ſhell, put them under a Hen. *Mizaldus.*

65 Although the fruit of a Medler tree by nature be reſtrictive or binding,nevertheleſſe the powder of him doth vehemently breake the ſtones in the reyns,and drives them forth, which *Anthonius Muſa* an excellent Phyſician doth witneſſe, that he hath proved with moſt happy ſucceſſe on himſelfe. *Mizaldus.*

66 The blood of an Hare dryed and made in powder, and thrown upon fleſh newly roſted or ſodden,makes the ſame fleſh ſeem to be bloody and corrupt; ſo that they that bee preſent,and ſee the ſame,unleſſe ſuch as know the ſecret thereof, will loath to eate thereof. *Mizaldus.*

67 The ancient wiſe men have ſaid, that he that is taken priſoner in the houre of the Sunne, ſhall eſcape within the ſpace of one moneth:

moneth; and in the houre of *Venus*, hee ſhall eſcape at the end of forty dayes: and in the houre of *Mercury*, hee ſhall have long impriſonment; and he that is taken priſoner in the houre of the Moon, his buſines and ſtate ſhall bee changed, according to the applications which the Moon hath with fortunate and infortunate Planets, whereby the eaſineſſe and ſlowneſſe of his delivering ſhall be eſteemed. Alſo, he that is taken priſoner in the houre of *Saturne*, hee ſhall indure long impriſonment: and he that is taken priſoner in the houre of *Jupiter*, he ſhall be delivered quickly. And they that be taken priſoners in the houre of *Mars*, many ſorrowes and troubles ſhall happen to them during their impriſonment, for he ſhalbe put in fetters and ſhall be beaten and he ſhall ſuffer great ſorrowes and labors. *Haly Abenragel.*

68 This Medicine following, will ſurely heale a ſcald head. Take Oyle Olive, and put it into a diſh with faire water, and beat or ſtir them well together, as you would make Butter, then take it up, and put it into a veſſell, and put powder of Brimſtone and May Butter thereto, and make an Oyntment thereof, wherewith anoint the fore-head, and doubtleſſe it will heale it.

69 Woodbind leaves ſtampt, and laid upon Warts, (uſing the ſame halfe a dozen times) will quite deſtroy them.

70 *Francis* Marqueſſe of *Mantua* did ſo inſtruct or teach a Dog, that he uſed him as a very

ry good ſervant, in calling of ſuch of the ourt as he would. *Blondus.*

71 *Abenzeor* an excellent Phyſician a-ong the Arabians, declares that once there as ſuch a famine in the Country, that the ople was driven to pluck the dead bodies t of their Graves, and did ſuck the marrow their bones. A thing horrible to be heard, t more horrible to be done; from which ed or hunger, I beſeech God keep us.

72 If the ſeeds that are found in the round nobs of the leſſer Bur leafe, be made in very ne powder, and ſo given with a little good d pure white Wine, it purgeth the ſand arvellous effectually from the reynes, but ore ſpeedily, if it be drunk with *Aqua vitæ*, *Mizaldus* had this of one that proved it.

73 If you ſeeth Mugwort in water, and laiſter it hot upon the Navell and thighes of woman labouring with child, it cauſeth oth child birth and the after burthen alſo: ut if it tarry long there, it will cauſe the Matrix to follow. *Rogerus.*

74 For ſcalding and burning that it be not ſeen. Take ſheeps ſuet, and ſheepes dung, and the inner rinde of Eldern, and boyle them all together, then ſtrain them thorow a corſe canvas cloth, and ſo keep it in ſome clean veſſell, which when you doe uſe, you muſt melt in a ſawcer, or ſome other thing, and lay it on the burned place with a feather. Proved.

75 To draw out a tooth, fill an earthen pot with Emets or Ants and their Eggs, and ſet

To draw out a Tooth

ſet the ſame pot in hot embers ſo long, unti
all be burned into aſhes, and when any dot
ake, which you would draw forth witho
pain, then take of the ſame powder, and touc
the tooth therewith, and it will fall out.

76 Anoint the freckled face with the blou
of a Hare, or of a Bull, and it will doe the
away, and make the skin faire. Proved.

77 This following will help the hardne
of the ſide, called the Elfecake. Take the roo
of Gladen, and make powder thereof, an
give the diſeaſed party half a ſpoonfull there
of to drink in white Wine, and let him ea
thereof ſo much in his pottage at one tim
and it will help him within a while. This w
told me for a very truth.

78 Mugwort ſteep'd in Roſewater, do
help trembling or ſhaking hands, if they b
waſht therewith. *Miza'dus.*

79 You ſhall know whether the Toa
ſtone called *Crapandina*, be the right and per
fect ſtone or not. Hold the ſtone before
Toad, ſo that he may ſee it, and if it be a righ
and true ſtone, the Toad will leap toward it,
and make as though he would ſnatch it from
you, he envieth ſo much that a man ſhould
have that ſtone. This was credibly told *Mi-
zaldus* for truth, by one of the French King
Phyſicians, which affirmed that he did ſee the
tryall thereof.

80 Garlick being ſowne when the Moon
is under the earth, and pluckt up when the
Moon is above the earth, it is ſaid, that then

is ſtinking ſmell will be gone, *Soclon Gre-*
y, and *Palladius* report, that Garlicke will
made the ſweeter, if in the planting therof
ou doe ſet the ſtones of Olives round about
, or elſe if you ſet the Garlick bruiſed.

81 Lay a Spunge upon any ache Gowt,
pt in warm wine of the decoction of Cum-
in, and it will draw out the hurtfull hu-
ors. It hath been proved. *Pet. Hiſp.*

82 Take the juice of Elder berries, and a-
oint Warts therewith, and it will deſtroy
em.

83 If you take the outward rinde of the
adiſh root, and the herb Mercury, of either
ounce, of Saffron three graines, of *Caſſia*
gnia, finely powdred, one dram, the juice of
vine, two drams, and then mix them, and
t them all be beaten together, and then tye
he ſame in a fine Linnen cloth, that is thin,
d then joyne it to the neck of the Matrix
a woman that is in her travell, and in the
oure of the birth, (which elſe ſhould bring
orth her child with difficulty) by and by ſhe
ill be brought to bed. It is a ſecret. *Bene-*
dictus Victorius Favent.

84 He in whoſe Nativity *Venus* is con-
unct, or joyned with *Mercury*, and they both
eing under the beames of the Sun, ſhall be
elded. *Iatromath. Guat. Ryff.*

85 If you pluck out one of the eyes of a
lack Dog, whiles he is living, and will carry
t with you, it will make that no Dogs ſhall
ark at you; yea, though you walk among
them.

them. But it will be more ſure, if you p
thereto a little of the heart of a Wolfe. *Se*
Platonicus and *Albertus*.

86 The juice of Knot-graſſe, drunk wi
the powder of ſeven pepper cornes, before t
fit, doth quite put away the Quartain Agu
But it is ſaid, that the herb muſt be gathe
upon a Thurſday, and the juice then likew
thereof muſt bee gotten and ſtrained (
Moon decreaſing, which is betweene the f
Moon and the change.) *Mizaldus* had t
out of an old book of ſecrets, written wi
the hand of one called *Janus* or *Faunus*.

87 A Bath wherein Emmets, or Ants a
their Eggs, (being ſtampt) have been ſodde
doth quickly heale an old, and almoſt inc
rable joynt ſickneſſe. Proved.

Falling-ſickneſſe. 88 If they that have the Falling-ſickne
do uſe to receive twice or thrice in the we
at their going to bed, one of theſe little pi
following without doubt they will be whol
thereof howſoever it comes. Take of the b
Caſtorum, *Aſſafetida*, of either halfe a dra
of the root of Piony finely powdred o
dram, *Aromaticum Roſarum*, two drams, mi
them together with the ſirrup of Mints, a
make thereof ſeven pills, (you may have
this at the Apothecaries.) This is a prov
ſecret. *Emperica Benedicti*.

89 An excellent Oyntment for the Gow
Take three pounds of Walwort, and ſtamp
well, then melt one pound of May butter, a
put thereto, and let them ſtand ſo nine day
togeth

together, then boyle the ſame halfe an houre on the fire, then ſtrain it thorow Canvas, and ſo anoynt the pained place therewith. It is a notable and proved thing, not much unlike to one in this book, to that effect, deſcribed by *Mizaldus*.

90 This Medicine following will deſtroy the itch in any part of the body. Take of oyle Debay, one ounce, and one ounce of Quick-ſilver firſt killed with faſting ſpettle, which muſt bee a killing therein with ſtirring of them together, halfe an houre; then therewith anoint the palmes of your hands, and the ſoles of the feet, and within three or four times ſo doing it will kill the itch.

91 If you will make a Candle that wil not be put out, fill a Can with the powder of Brimſtone, and with a linnen cloth broken in very little pieces, then cover the ſame with wax, and ſo ſet it on fire; and then it wil not be put out, neither with Bellowes nor wind. A Candle.

92 Oyle wherein Frogs be ſodden, untill the fleſh be gone from the bones, doth marvellouſly help all effects of the ſinewes and the joynts, and alſo all parts of the body that is cold, or benumbed, if the places affected bee anointed therewith, being firſt made warme. This is gotten out of the ſecrets of *Janus*.

93 If you wil bring into one place, or elſe kill all Wormes, and Beaſts that are hurtfull in a Garden: Take the belly or paunch of a Weather newly killed, with all the filth or dung that is in it, and bury the ſame in the

place

place where they be, and cover it a little with earth, and then within two dayes thou ſhalt ſee all the wormes and vermine gathered thither; if you do this twice or thrice, you ſhall make all the hurtfull Wormes and things to gather togethter there; and then you may caſt earth upon them, or elſe kill them as you liſt. *Mizaldus* did underſtand that this was proved.

94 An evill Planet in *Leo*, doth ſhew or betoken ſhort life of the Father of that childe then borne. *Taiſnier*.

95 The juice of Betony, put into the eare ſomething hot or luke-warme, will both put away paines and the deafeneſſe of the eares, (if there be any) and alſo other impediments of the ſame. I have proved this divers times, and found it excellent good in this caſe.

96 This water following is both proved, and precious againſt Fiſtulaes; and alſo it ſo hardneth iron, that you may cut another piece of iron therewith, as eaſily as if the ſame were wood. Take of earth-wormes, and draw of them a water by diſtillation, and likewiſe draw water of Radiſh roots, both which waters mix together, then put therein an edged iron knife, made red hot; the ſame thus heated and quenched for three or foure times by an equal quantity, uſed at each time, and the knife temperd with the edge, then dip it red hot againe into the ſame water, & then after you may cut away iron ſafely and eaſily therewith; and this water is alſo marvellous in Fiſtulaes.

97 It

97 It is ſaid, that if Horſes be ſhod with that yron wherewith one hath beene before killed, it makes the ſame Horſes very lively and quick: And if of the ſame you make a Bitt, or a Snaffle, that Horſe that hath it in his mouth, will be made tame & eaſie to be handled, yea, though he be never ſo wild, ſtubborn, or given to biting. *Raſis* and *Albertus*.

98 If a Horſe cannot ſtale, or piſſe, or elſe doth the ſame hardly, or with much griefe or paine, beat his body all abouts eaſily, mildly, or gently, with the boughes of Elderne, full of leaves; then after cover his head, neck, and all the body with the ſame leaves, and it will helpe him very much. *Simoneta Cardinalis.*

99 A Water whereby the Phyſician doth Marvels, and is reputed as a Prophet: Take the filings of Silver, or Braſſe, Yron, of Lead, of Steele, of Gold, of Spume, of Silver and Gold, of Storax, according to the riches or povertie of the Patient: firſt of all let them be put into the Urine of a Boy that is a Virgin, the ſecond day in warme white Wine, the third day in the juice of Fennell, the fourth day put them in the whites of Egges, the fifth day in womans milke, that gives ſuck to a Boy, the ſixth day in Red Wine, the ſeventh day in ſeven whites of Egges, and put that onely into a Styll, at an eaſie fire; and that that ſhall diſtill, keepe in a Veſſell of Gold or Silver. Silence is to be kept of the prayſe of this Water, becauſe it may not be bought: For his vertue doth palliſie Leprous perſons; it

for a Leproſy

heales and deſtroyes a pure Lepry; it wipes away, or takes away every ſpot; it conſerves youth, it makes the eye faire. I ceaſe to ſpeak of the ſecrets of this Water; for becauſe, I fear, leſt they that have it ſhould be puft up with pride. *Trotula de paſſionib. Mulier.*

100 This following is a proved thing, for the ſounding of the eares, or wind in the ſame. Take Almonds, and the kernels of Peaches, and let them be cleane pilled in hot water; then ſtampe them, and get Oyle out of them, and put of the ſame Oyle, with tents wet in the ſame, into the ſounding eares, or otherwiſe grieved; which tents muſt be made of fine Linnen Cloth: and doe thus with new tents every day once, for the ſpace of nine or ten dayes, and it will put away the ſounding and other paines of the eares. This I learned of one that came out of Spaine; and I proved it to be very true.

The end of the Seventh Booke.

The Eighth Booke.

1.

To make Vineger.

YOu ſhall make Vineger by and by, and if you poure pure and good Wine, halfe ſod, into a new Earthen Veſſell, then well covered and ſtopt, and ſo the ſame ſet in hot ſcalding water.

2 A Wolfe firſt ſeeing a Man, doth lift up his voyce, and as a Victor doth deſpiſe him: but if he perceive that the man hath eſpyed him firſt, he layes away his fierceneſſe, and cannot run. *D. Ambroſius, Virgil, Plato, Sextus Platon.* and other.

3 There is a deadly warre betweene the Hawke and the Eagle; who ſometimes are ſo faſt together in their fight, that they are both taken or catcht thereby. *Plinius.*

4 To take the Birds that eat the ſeedes that are ſowne, ſeeth Garlike, that it may not grow againe; for it is ſaid to profit marvelouſly, if it be throwne unto them: for they that ſhall eat of it, will be taken with your hand. *Mizaldus.* To catch Birds.

5 He that takes his journey on the Sea in the houre of *Saturne*, he ſhall have many waves, and divers windes, which will caſt him to unknowne places. *Haly Abenragel.*

6 If you give one of theſe Pills following, every night going to bed, to him that hath the Palſie, it will helpe him, for it is proved. Take of herb Ivie, Cowſlips, Betonie, of the flowers of *Stecados Arabici*, of each one dram; let them be dryed in the ſhadow, and make them in fine pouder: then take good Turbith one dram, of the beſt Agarick two drams, *Colloquintida* halfe a dram; Ginger, Salgem, of either ten graines; good and choſen Reubarbe one dram and a half; Spikenard ſeven graines; the pouder of *Hiera ſimplex Galeni* halfe an ounce; Scamonie prepared, one dram: let

them all be made in fine powder, and with the juice of herb Ivie, make a maſſe of pills. The weight to be given at one time is, one pill of one ſcruple. And mark if he that hath the Palſey, take this ordinary Pill, (not once every day, but twice in the week at the leaſt) you ſhall ſee a ſudden help in the Palſey. Theſe Pills may worthily be called glorious Pills in the Palſey. *Empirica Benedicti Victorii Faventini.*

A woman with child

7 A certaine man finding or catching a Mouſe, did hit his wife therewith on the left cheek, being with childe, who after was delivered of a wench, which wench had, and it hath the marke of a Mouſe on her left cheeke. This was told by a credible woman, who ſaid moreover that the name of this wenches Father was *Tho. Buckman*, dwelling at that time in Norfolk in a certain Towne called Dyſſe. This affirmes my other writing hereof.

To make white Wine red.

8 You may turne white Wine into red, without any hurt or detriment by and by: If the powder of Honey, (that is firſt ſod into a ſtony ſubſtance, and then dryed, and ſo made in powder) be caſt into white Wine, and mixing it well in the ſame with rowling it up and downe together. The roots of any kind of Dockes, either new or dryed, put into the Wine, will performe the ſame with leſſe buſineſſe.

9 Garlick being ſtampt with Hogs or Barowes greace, and made ſomething thick like an Oyntment, doth marvellouſly help them

that

that have the cough, and have taken cold, if the soales of their feet and their back bone before the fire be anointed therewith.

10 Whosoever hath any fixed Star, of the first honour, or magnitude, in the degree of their Horoscope, or in the degree of their Cuspe of the tenth house, or in the degree of the Sun by day or in the degree of the Moone by night, he shall possesse greater riches and honours, then his Ancestors have done of the nature of that fixed Star. Indeed this is true, if that fixed Star be of small latitude; but if it be of great latitude his strength will smally appeare in the Nativity of the Childe. *Hansnier.*

11 This water following is excellent good to clear a dim sight, if two or three drops thereof be put into the eyes, at a time, using it certaine dayes together, Take of the water of Vervein, the water of Roses, and the water of Fennell, of each foure ounces, white strong wine three ounces, Tuty preparate, and Sugar Candy, of either three drams, Aloes Hepatick, two drams, let all them be beaten in one powder that are to be powdered, and put them into Water and Wine, mixing all together, and let them remaine and stand a whole day, then straine them easily, and keep the liquor in a faire glasse, and use it as is before said. This is a precious thing for the sight and the eyes.

for dim Eyes

12 A marvellous Medicine for wounds and sores, Take a handfull of Arimart, wet in

To heale a sore or wound.

faire water, then lay it in the wound, or sore; after, burie the same Arsemart in some moist ground; and the said wound, or sore, will afterward miraculously heale, as the same herb doth rot and consume. This I had of one that affirmed it to be true: I thinke it is written by *Paracelsus*.

Drowned people.

13 The bodies of drowned, or dead men, doe fleet on the water with their faces and bellies upward; but dead women doe fleet on the water groveling, or with their faces downeward, contrarie to their procreation: But they doe fleet or swim above the water, out of whom the Lungs is taken, &c. *Mizaldus*.

14 The water of Marigolds doth helpe all diseases of the eyes, and take away all paines of the head: And smoake of the flowers thereof taken or received by a fundible into the secret parts of a woman, or else otherwise taken, doth bring forth easily the after-burthen. This Secret, *Mizaldus* did get of an old Midwife, which had need of his helpe otherwise.

15 The head of a Glead unfeathered, burned, and so much thereof taken with water, and drunke, as you may take up with three fingers, helps them that have the Gout. *Galenus*.

16 If any come or send to thee in the houre of *Jupiter*, it is for no harme, but rather for good: Therefore doubt it not; and though it should seeme to be some harme or losse at the first

firſt, yet at length it will turne to good. The oftner one tryes it, the truer he ſhall finde it, ſo that he be not Retrograde or Combuſt.

17 Oke Ferne (called *Polypodium*) ſtampt and plaiſtred upon the feet of a woman travailing of Child, cauſeth the birth of the Child, either alive or dead. This was told me for a great Secret.

18 Take of the greaſe of a Swine, or Hog, and rub therewith the body of any that is ſick, againſt the heart, or the ſoales of his feet; then give that greaſe to a Dog: which if he eat, the partie will eſcape; if not, it is a token that he will dye thereof.

19 This following will helpe them that be deafe. Take a piece of greene Elme, or Aſh, and lay it in the fire, and receive the water that commeth out of the ends thereof; and take alſo a ſpoonfull of the greaſe of an Eele, that is red beneath the Navell: boyle all theſe together a little on the fire, and put it into a glaſſe, and when he goeth to bed, put ſome thereof into his eare luke-warme, and in two or three dayes he will be whole, and heare well: proved. Deafneſſe

20 To draw out a Tooth without any paine. Take the gum of Ivie, and greene Ivie leaves, of each a like weight, and burne them to pouder in a new Earthen Pot; and when it is made in fine pouder, mix it together with the milk of Spurge, and put ſome thereof into the Tooth that you would have out, if it be hollow; if not, touch the Tooth therewith, Toothach

and it will fall out; but beware you touch no other tooth therewith.

21 *Ælianus* doth report, that no ſick perſon of the *Locrenſes*, ſhould upon paine of death drink any Wine without the conſent and knowledge of the Phyſician, or any other give it them, without the commandement of the Phyſician.

To trye whether the Wine be not mixt.

22 If you will prove whither there be any water mixed with Wine or not, put an Egge into the Wine, and if the Egge ſinke into it there is water mixt with it, if the Eg ſwim, then it is pure Wine.

To encreaſe Pigeons.

23 If the ſcull of an aged man be hung in a Dove-houſe, Pidgeons wil be encreaſed there, and will live quietly, as *Albertus* and *Mizaldus* doe write.

24 The juice of Bay-leaves diſtilled into the eares, doth not permit deafeneſſe, nor other ſtrange ſounds to abide in the eares. *Pet. Hiſp.*

25 A Queſtion was asked of the ſtate of a certaine perſon being ſick and of what condition the diſeaſe was, and whether he ſhould recover thereof, or not, &c. It ſeemed at the ſight, that the party was whole for whom the queſtion was made, becauſe the Sun was in the tenth houſe, and the part fortunate in the Aſcendent, but many other Teſtimonies ſhewed the contrary: And alſo *Mars* did corrupt *Venus*, Lady or Alumten of the Aſcendent, and *Venus* alſo was under the beames of the Sunne, and began to bee

Com-

Combuſt, diſtant from the Sunne ten degrees; for *Venus* was in the 28. degree of *Sagittarie*, and the Sunne in the 8. degree of *Capricorne*: which two degrees in *Sagittarie* did ſignifie two moneths, being a common ſigne, and the 8. degrees in *Capricorne* being a moveable ſigne, did ſignifie 8. dayes: therefore it was to be doubted of the death of the ſick perſon, about two moneths and eight dayes after the queſtion was made, as God would ordaine; and ſo it happened right, by the appointment of God, to whom it belongs to cure infirmities and griefes, to rayſe up the dead, and to moderate the earthly bodies by the heavenly bodies, and to diſpoſe inferiour things by meanes, to whom be glory, Amen. *Gulielmus Anglicus in ſuo Tractatu de Urina non viſa.*

26 An excellent Medicine for the Ache in the bones, or armes, or any other place of the body. Anoint the place where the paine or Ache is with good and pure *Aqua compoſita* by the fire, and let it drinke in; doe thus three or foure times together: then at the laſt time, while it is wet, caſt upon the wet place where the Ache is, the pouder of *Olibanum*, (which is the faireſt & the whiteſt of the Frankincenſe) and ſo lay a Linnen Cloth upon the pouder, and ſew it faſt, and ſo let it lye three or foure dayes, untill it be well and whole; which will be by that time, God willing. Proved. *An ache.*

27 *Eunuchus*, that is, he that is gelded, is never bald nor gowtie. *Hippocra.*

28 It

28 It is a thing worthy of memorie, that *Lampridius* writes of *Heliogabalus*, the Roman Emperour: who saith, he had foure Harts in his Chariot that carryed him, and so many Dogs, calling himselfe *Diana*; and foure Tygers, calling himselfe *Bacchus*; and foure Lyons, calling himselfe *Sibyl*: and he joyned foure women to his Chariot, as *Sesostris* King of Egypt did with foure Kings. O proud presumptuous Prince! he might ride a good while in that Chariot, ere it would bring him to Heaven.

29 It is not good to burie any too hastily, especially such as have had the Apoplexie, the Falling Sickneſſe, and that are suffocate with the Strangulation of the Wombe, called the Mother; for such may seeme to be dead, and yet revive againe within three dayes: For it was the fourth day after *Lazarus* dyed, ere Christ did rayse him from death to life; lest any should falsely report, that *Lazarus* had had the Apoplexie, or the Falling Sickneſſe, or such like, and therefore but in a Trance, or not perfectly dead, whereby the just Merit of Christs marvelous Miracle thereof might be darkened. This is the meaning of *Lemnius*, in his second Booke of the secret Miracles of Nature. Therefore it is very meet to know, whether any such be perfectly dead, or not; which you may doe, by holding a little burning Candle at the parties Noſe, whose mouth is open; or elſe by setting some little Cup or Glasse, full of water to the brim, upon the said

ſaid parties Belly, or Navell: for by the moving of the flame of the Candle, or of the veſſell with water, you ſhall perceive his ſecret breathing, and whether there be any life in him, or not. *Camillus.*

30 An approved Medicine doth follow for the ſhortneſſe of breath, & doth marvelouſly helpe the ſame: for if halfe an ounce thereof be given to the Patient thrice in a naturall day, that is, three houres before Dinner, two houres before Supper, and about Midnight; continuing the ſame three or foure dayes, and no moe, you ſhall ſee the diſeaſed healed. Take of Manna elect, or choſen, called *Manna Granata*, two ounces; the flower of Caſſia newly drawne, halfe an ounce; Penyedes three ounces; oyle of ſweet Almonds, being new, one ounce; the Lights or Lungs of a Fox, finely beaten and poudred, two ounces, (make the reſt in pouder that are to be poudred) then mix all together, and make thereof a Lectuarie with the ſyrrup of Hyſop. *Emperica Benedicti Victoria Favent.* You may have it well made at the Apothecaries. I have tryed it to be an excellent thing in this caſe.

31 If you will breake the great heat of Wine in the veſſell, caſt into the ſame a little piece of Cheeſe, and then you ſhall ſee a marvelous thing: And why that is, *Georgius valla placentinus* doth teach.

32 If you anoint your hands, or other parts of your body, with a Linement made of Nettles Oyle, and a little Salt, it will defend the

the party therewith anoynted from the bittereſt cold that is. *Mizaldus.*

Againſt Moths. 33 There be branches of a Bay tree, wrapt up or laid among cloathes and bookes, will keep the ſame ſafe from Moths, Wormes, and other corrupton. *Dioſcorides.*

34 If you ſtamp Ants Egs, and ſtrain them thorow a cloth, and put thereto the juice of Swines graſſe, or Knotgraſſe, and diſtill it into the eares, it helpes a long continued deafneſſe.

For the Eyes 35 A powder to conſerve the ſight, Take Betony, Rew Celondine, Saxifrage, Lovach, Anni-ſeeds, Synamon, Eye-bright, of each one handfull. *Cardamomum*, Ginger, Fennell, Petroſeline, Hyſope, Organy, Syler mountaine, of each one dram, Galingall an ounce, Sugar one ounce; let a powder bee made of theſe, and let it be taken continually with meat, and the ſight will be reſtored and kept. This powder was ordained by Maſter *Gerard*, whoſe tryall an old man did prove, which uſed Spectacles twelve yeares, ſo that without them he could not ſee great letters; but after he had uſed this powder onely one forty dayes, hee was free, inſomuch that all the time of his life, hee did ſee, and read the leaſt letter that was. This *Gerard* hath written in the latter end of his book, *De paſſionibus multorum.*

36 An excellent way to get the water out of ſwolne legges, whereby to make them as ſlender as they were before. Seeth Oates in water

water untill they be tender, then let the party diſeaſed hold his leg that is ſwolne over the veſſell, that it may receive the fume or ſmoak of the ſod Oates, and cover the party with ſomething that it may goe down round about the veſſell, and then bliſters will come upon the leg or ſwolne place, out of which will run much water and corruption, then after anoynt the place with butter. Doe thus foure or five ſeverall times if need be. This is well proved.

37 Two or three pure drops of *Aqua Compoſita*, put into the eyes morning and evening, every other day, for the ſpace of four or five dayes, will cleare the ſight, and help the eyes of a cold cauſe marvellouſly. An old Gentlewoman that tryed it on her ſelfe, did reveale it to me.

38 The herb Dandelyon well ſod in water, is counted to be a chief help for the joyning or knitting of wounds. It is good againſt ruptures, or for them that be broken or burſten, &c. *Mizaldus.*

39 A marvellous Water that ſoon and eaſily may be prepared, more precious then Gold, is made as followeth, Put fair and clear water into a veſſell, wherein there was never before any liquor, or before never occupied, and when the water is very hot, poure it to quick Lime, being before in another new and cleane veſſell, and let it remaine and reſt ſo long, untill you have taken all the foule ſpume that fleetes above from the ſame, and

that

that all the Lime be ſetled to the bottome, and the water very cleare, then powre out the water very ſoftly, without moving the Lime to the bottome, and keep the ſame water in a faire cleane glaſſe, or ſome other cleane veſſell well covered or ſtopt, untill you uſe the ſame; it will ſcantly be beleeved, what a miraculous vertue and power it hath in all kind of Ulcers, and chiefly ſuch as ſpring of the French Pox: For the ſame being bathed, moiſtned, and with a linnen cloth dipt or wet in the ſaid water ſomething warme a pretty while, and then a linnen cloth well wet in the ſame, and ſo laid upon the Ulcer or ſore in manner of a plaiſter, and after renewed againe: it wipes cleane away all the filth or corruption, it ceaſeth the paines, it fills the Ulcer with fleſh, and it quite quencheth the heat or inflamations in a ſmall time, not without a great miracle; for otherwiſe quick Lime doth burne with vehemency of his heat. Let them enjoy this moſt excellent Secret, which for great prayer and price to many I have refuſed to utter. Thus much *Mizaldus*.

40 Myrre given to drink in warm Wine, the quantity of a big Nut, cauſeth the deliverance of the childe, either quick or dead. *Petrus Hiſpanus*.

41 Here followeth a bleſſed Water for the Gowt, Take of Roman vitriall two pounds, of diſtilled Hony foure pints, diſtill theſe together, (making the Vitriall firſt in powder,) and

and when it is diſtilled, adde to the ſame the third part thereof, of *Aqua vitæ*, rectified, which diligently mixed keep to your uſe, and anoynt the ſore or grieved place therewith: do this morning and evening, untill you feele your ſelfe well, which will be (God willing) within ſeven or eight dayes at the furtheſt. I wrote this out of an old Book. I think it be alſo in the new Jewell of Health, which is a worthy Book, and full of many ſtrange and excellent things.

42 The ſmoak of Ivie burned, doth drive away Batts or Reremice, from that place, where the ſame ſmoak is.

43 If any doth ask thee (having knowledge in Aſtrologie) for any thing wherein he hath a hope to have: Mark if the Lord of the eleventh houſe apply to the Lord of the Aſcendent, or the Lord of the firſt houſe, to the Lord of the eleventh houſe, judge that he ſhall have the thing which hee hopes to get or have, and he ſhall come to it. And if the Aſpect be of a Trine or Sextile, he ſhall quickly and eaſily, and by a good meane obtaine it: but if it be by a Quartile or Oppoſite Aſpect, he ſhall get it with tediouſneſſe and labour. Furthermore, if thou doſt finde the Lord of the eleventh houſe in an Angle and received: then judge that he ſhall have the thing which he ſo hopes to have, even as he deſires. *Haly Abenragel.*

44 A piece of the root of Crowfoot, either put into the hollow of the tooth, if there be any,

any, or applyed to the tooth that aketh, will help the ſame preſently. A ſure proved and often tried Medicine.

45 Whoſoever hath a ſoreneſſe in the throat, or elſe any hard ſwelling there, called the Squinancy, or *Angina*, and perhaps thereby doth hardly draw his breath, let them apply this following oftentimes in a day, and it will ſoften it and reſolve it; for it is proved. Take of the roots of Holliock cut in ſmall pieces, and made cleane, Camamill, the flowers of Violets, the flowers of Mallowes, with the roots, of each one handfull, let them boile all in a ſufficient quantity of water, untill the water be conſumed; then put to the ſame, the flowre of Barly, Linſeed, and Fenecreeke, well ſtampt and beaten, of each one handfull, the greace of a Hen, one ounce, Oyle of Camamill, and oyle of ſweet Almonds, of either a like much, which will be enough to make the plaiſter fat. This I know to be an excellent remedy in this caſe, which I learned of *Benedictus Victorius Faventinus*, in his Book called *Emperica Benedicti*.

46 This Medicine following will help any paines or weakneſſe of the backe. Take a quart of Malmeſey, of Balme, Nep and Maydweed, (which Maidweed is a ſtinking herb, having a flower like a Dayſie,) of each one handfull: ſtamp the herbs well, and ſtraine them well into the Malmſey, or put ſome of the Malmeſey in the ſtamping, to them, and ſtrain it into the reſt of the Malmeſey,

ſey, and drink a good draught thereof every morning faſting, and at night when you goe to bed, and within three or foure dayes it wil help you perfectly, God willing. A notable and often proved Medicine.

47 Drink the juice of Centory, once every morning, foure dayes together, and it will make thee to ſing cleare, and ſpeake with a good voyce. It cleanſeth the breaſt marvellouſly. Often proved.

48 Mints doth abhor yron, as Rew doth Baſill; for if Mints be given to one that is wounded, hee will not eaſily wax whole: If Mints be mixt with Milke, and after taken from the ſame, and the Rennet or Cheſlip put in the ſame Milk, the ſame Milk will never gather together, or come to crud. *Floren, in ſuo Georgico.*

49 Whoſoever falls ſick in the hour of *Saturne*, his infirmity or diſeaſe will be prolonged, or he will be long ſick) and after he will dye (of the ſame ſickneſſe.) *Haly Abenragel.*

50 Fill a hollow tooth with Crows dung, and it will break the tooth, and take away the paine. *Pet. Hiſp.*

51 *Guido Bonatus* writes a ſtrange thing, which he found out by the Science of Aſtrology, in the Revolution of *Henry* the Emperour, who had of the ſame Emperor a yearly ſtipend, for that he was a man of famous knowledge; which Emperour had many Aſtrologians, as well Phyſicians, as other in his owne houſe, who for a certaine year did travell

vell for the Calculation of the Revolution of the ſaid Nativity of the ſaid Emperour. And every one of them did draw out a figure thereof alike, and they found *Mars* in the ſame figure of the Revolution in the Angle of the Earth, which is the fourth houſe under the Earth, and they judged *Mars* then to be of an evill influence, and thereby they judged that the Emperour that yeare ſhould have hot Fevers, of the nature of *Mars*: And they agreed all in that opinion to the Emperour. *Guido Bonatus* being there, had drawne the Emperours Revolution likewiſe, and hee found *Mars* going towards the fourth houſe, being then of an evill influence, judged thereby that poyſon ſhould be miniſtred to the Emperour to kill him: Therefore he counſelled the Emperour, that if any did whiſper, or had any privy talke together, or were found meeting or having conference together in his Court, they ſhould be apprehended. Or if any ſhould come to the Kitchin, not wont, or appointed, that ſome faithfull man of his Court ſhould wateh the ſame: which charge was committed to the Maſter of the Emperours Houſhold; which being very diligent therein, eſpied and found two Knights of the Emperours Court, that were very buſie in talke together, and had not only mutuall conference together, more then they were wont, but alſo oftentimes required to come into the Kitchin; whereupon the Maſter of the Houſhold ommitted them to priſon, and then one of them,

them, called *Johannes Franciſcus*, was ſore tormented, but yet he wold confeſſe nothing: ſo that they deviſed a Letter in the name of the ſaid *Johannes Franciſcus*, confeſſing therein the matter, and ſhewed it to his fellow; which when he ſaw, ſtraightway ſaid, that the ſaid *Johannes Franciſcus* was the chiefe procurer thereof, and entiſed him to it: which uttered, they had their deſire; wherefore they were ſecretly executed. *Johannes Ganivetus* likewiſe deſcribes it.

52 A certaine woman that uſed *Mizaldus* for her Phyſician, had a belly did ſo ſwell, that it ſeemed ſhe was not able to carry her burthen; from whom (about the end of nine moneths) there came an evill ſhapen maſſe or piece, whereunto were two eares like the handles of a cup faſtened, like armes; with feeling after that, there did fall from her wombe a Monſter, with a crooked bill or beake, with a long and round necke, with brandiſhing eyes, a ſharp tayle, marvellous quick of foot; & ſo ſoon as it ſaw any light, it filled the Parlor or place with noyſe, and ſo did run from place to place, but at the laſt the women following it, did ſmother or choke it to death with pillowes. After, the Woman almoſt worried, not without great danger of her life, did bring forth a Boy, which was ſo tormented of the Monſter, that they had much to doe Chriſten it with life. *Levinus Lemnius* is the Author.

53 If *Saturn* be in the tenth houſe in a watry

try ſigne, and hath any dignity in the Aſcendent, the Child then born will be a Shipman or a Saylor, or elſe he wil abide gladly on the water, and will delight in fiſhing. *Tayſnier.*

54 Culver dung ſodden in Wine, till the wine be conſumed, and then emplaiſtered hot to the Gowt, healeth the ſame perfectly. Uſe it morning and evening four or five dayes togethe. *Petrus Hiſpanus.*

55 To reſtore the deafe to hearing. Take the root of Houndſtoung out of the earth, and make a hole in the root, as long and deep as you can, and fill the ſame hole with Salt, and cover it wel that nothing can come within it, then ſet it in the earth againe as it was, and cover it with earth, and let it be there ſo three dayes, at the three dayes end take it up, and that which you finde therein, keep it in ſome cleane glaſſe, and put ſome thereof into the deafe eare: Let him uſe it every evening at his going to bed, untill hee heare clearely, which will be within a fortnight at the furtheſt, (God willing,) And when you doe it into his eare, let him lye in his bed that the liquor may enter. This I had out of an old written book. Praiſe it as it proves.

56 Take two little pieces of good Licorice (the barke ſcraped away,) of the length of a pin, and of the bigneſſe of two Barly ſtrawes, and put either of them into your mouth, betweene your gums and your cheeks, that is, on either ſide one, and ſo let them lye all the whole night. Uſe this every night for a fortnight

night at the leaſt, and without doubt it will ſtop or ſtay the Rheum, for it conceales the thin Rheum into thick Fleame, ſo that you may ſpit it out. This helpt one that was without all hope to be helpt.

57 To help the Pox in the eyes. Take Saffron, and lay it in a Sawcer with faire water, and let it ſtand whiles it be yellow, and then drop ſome of it into the eye with a feather; and it will deſtroy the Pox, and ſave the ſight. This I had out of an old Book.

58 When thou doſt find the ſeventh houſe and the Lord of the ſame to be afflicted or impedite, in the time of the queſtion for the ſick, change the Phyſician, for he ſhall not profit the ſick party, either through his owne errour, or through the negligence of the ſicke perſon, or through them that be about the body. The houſe is afflicted, if *Saturn* or *Mars* be therein, or being beholden of their quartile or oppoſite Aſpect; and contrary, if the ſeventh houſe be well affected, as if *Jupiter* or *Venus* is there, take the Phyſician to whom you make the queſtion, or whom you are determined to take, for he ſhall profit the ſick much, and he wil quickly cure the ſick to his great praiſe. Therefore mark the firſt, or ſudden calling or ſending for the Phyſician, for if at that time the 7. houſe, and the Lord therof be evil affected, the Phyſician then called, or ſent for, will not profit the ſick: But it followes not therefore that the ſick ſhall dye: But the Phyſician, if he take him in hand,

ſhall goe away without honour: Therefore as ſoon as thou art called to go to the ſick, take counſell of thy *Ephemerides*, and the celeſtiall Figure being erected, marke whether the ſeventh houſe be well or evill affected, and ſo thou mayſt either refuſe, or take the ſicke in hand. *Iatromath. Guat. Ryff.*

59 Put the powder of red Corrall in the hole of the tooth, and it will fall out by the root. *Petrus Hiſpanus.*

60 An excellent Medicine, and a noble reſtorative for man or woman that is brought very low with ſickneſſe. Take two pound of Dates, and waſh them clean in faire Ale, then cut them and take out the ſtones & the white skins, then cut them ſmall, and beat them in a Morter till they begin to work like Wax, then take a quart of clarified Hony or Sugar, and half an ounce of the powder of long Pepper, as much of Mace, of Cloves, Nutmegs, and Sinamon, of each one dram, as much of the powder of *Lignum Aloes*, beat all theſe ſpices together, and ſeeth the Dates with the Sugar or Honey with an eaſie fire, and let it ſeeth, and as it ſeeths, caſt in thereto a little powder, by little and little, and ſtir it with a ſplatter of wood, and ſo do untill it come to an Electuary, and then eat every morning and evening thereof one ounce at one time, and it wil renew and reſtore again his complection be he never ſo low brought. This hath beene proved, and it hath done good to many a man and woman.

61 A

61 A Noble Receit for the black Jaundiſe. Take a gallon of Ale, a pint of Hony, and two handfulls of red Nettles, and take a pennyworth or two of Saffron, and boyle it in the Ale, the Ale being firſt skimmed, & then boile the Hony and the Nettles therein all together, and ſtrain it well, and drink every morning a good draught thereof, for the ſpace of a fortnight: For in that ſpace, God willing, it will cleane and perfectly cure the black Jaundiſe.

62 Whoſoever in the firſt nine dayes in May drinks every morning faſting a little diſhfull of the juice of Betony, it will do him marvellous much good for the Gowt, which he ſhall perceice the next year following, (if he live ſo long.)

63 Whoſoever hath the Pluriſie, or is ſtuffed in the ſtomack with tough or hard fleame, let him take a ſcruple, that is, the weight of xxiiij. Barly Cornes, of the powder of the ſeeds of Nettles, with the Syrrop of Violets, and ſwallow the ſame, as by licking it by little and little, and he ſhall ſpit out the viſcous and tough humor eaſily. A ſecret of a Pariſian Phyſician.

64 Goats will give much milk, if you tye Dittany about their bellies *Affricanus.*

65 If *Saturne* be in the tenth houſe, in an earthly ſigne, and hath power or dignity in the Aſcendent, and is Orientall of the Sun, he that is then born, will be a Maſter Carpenter, or elſe he will delight in Carpenterſhip; but

if he be Occidentall, he will be a cleanſer of wells or pits, or elſe a digger. *Tayſnier.*

66 If the grief of the Gowt or ache be too outragious, take of *Opium*, one dram, of Saffron two drams, mingle them with foure or five yolks of Eggs, and plaiſter the ſame upon the grief, for it mightily aſſwageth the pains, and diſſolveth the corruption.

67 A moſt approved Medicine for the Emrods or Pyles. Take two or three Bricks, and burn them red hot, and put them in ſome pan under a cloſe ſtoole, and ſprinkle them with Vinegér, and let the party grieved ſit upon the ſaid ſtoole, that the fume thereof may aſcend upward to his fundament. Doe thus three or foure times if need be, and certainly it will help it.

68 If you will make Birds drunk that you may catch them with your hands, take ſuch meat as they love, as Wheat or Beanes, or ſuch like, and lay the ſame to ſteep in Lees of Wine, or in the juice of Hemlocks. & ſprinkle the ſame in the place where the Birds uſe to haunt, and if they doe eat thereof, ſtraightwayes they will be ſo giddy, that you may take them with your hands. I wrote this out of an old written Book, wherein I know many true things were written.

69 A preſent help for a woman that travelleth of childe. Take Hyſop, Vervein and Dittany, of each one handfull, ſtamp them ſmall, and temper them with old Ale, then ſtrain it, and wring out the juice, and give a good

good draught thereof to her that travelleth of child to drink, and she will be delivered with speed, and the child saved and she both, so that the child be alive when she drinks it.

70 A true Medicine for the Gowt, Take the juice of the flowers of Broom, and the juice of *Scali cœli*, and Hony, as much of one as of another, and seeth it all together, till it be of the thickness of Hony, and anoint the Gowty place therewith. I knew (saith the Writer hereof,) a good Priest in London that healed all men and women therewith for the most part, that came to him. This, for the great good likelihood of the Medicine, and for the faithfull affirming, I thought good to register it among the rest.

71 If of one pound of Wax, two ounces of quick Brimstone, and as much of quicke Lime, (putting thereto a little ounce of the oyle of Nuts,) a Candle be made with a week of Bumbast, and so put into the water, as soon as ever the quick Lime begins to burn, it will move the rest of the things, apt for the fire, to burne, even in the midst of the water. *Mizaldus.*

72 A Ram will not but nor run at one, if his hornes be bored thorow, nigh unto his eares. *Mizaldus.*

73 Whosoever falls sick in the hour of *Jupiter*, he will recover his health quickly. *Haly Abenragel.* This have I proved to be true many times: And in the houre of *Jupiter* is an excellent hour to do any thing, or to take any good thing in hand.

74 A

74 A little Gunpowder put into a piece of fine linnen cloth, and the ſame put into the hollow tooth, or holden between the teeth, ſo that it touch the aking tooth, it puts away the toothache preſently. This is very true.

75 If you diſtill herb Ivie, and give the water thereof to be drunken of them that are grieved or tormented with the Gowt, anointing alſo therwith the gouty or grieved place, it will heale or help them aſſuredly. Great warrantize was made of this Medicine, where I had it.

76 A ſpeciall Medicine for all ſudden ſickneſſe, and eſpecially of the ſtomack or breſt. Take a ſpoonfull of *Aqua vitæ*, and put therein halfe a ſpoonfull of the powder of Licorice, and let it remaine therein three houres, and drink it faſting, or at even when you goe to bed. It is a ſoveraigne thing for the ſtomack or breſt.

77 Lay Saffron on the Navel of them that have the yellow Jaundiſe, and it will helpe them. This was affirmed to me as proved.

78 This following is an excellent Medicine to purge the head of naughty humours, and to help the head-ache, the ſwimming of the head, and Megrim. Waſh the roots of Beets, and cut away the uppermoſt bark, then ſtamp the ſame, and wring out the juice therof, then ſnuffe ſome of it out of a ſpoon, into your noſe, and a marvellous effect will follow, and a ſpeedy remedy thereof. A Gentleman a friend of mine told me this, as a proved thing in this caſe.

79 Cocks

79 Cocks that eat Garlick, are moſt ſtout to fight; therefore travellors doe often bite thereof, and alſo ſuch as follow warres, becauſe it increaſeth agility, ſtrengthneth them, and makes them bold. It is given to Horſes with bread and Wine, at the houre of battell or conflict, to make them more fierce, lively, and to ſuffer more eaſily their labor and travell. *Mizaldus.*

80 There were yong Mice found with the Perſians, in the bellies of Mice, that had yong Mice in their bellies. *Ariſtotles* as *Mizaldus* writes.

81 If the feet of a great living Toad be cut off, the Moon void of courſe, that is, aſpecting none, and haſtens towards the Conjunction of the Sun, and hanged about the necke of him or her that hath the Kings Evill, it ſo profits, that oftentimes it delivers the party from the diſeaſe. *Hieronymus Caican.*

82 If *Jupiter* be in the eleventh houſe well affected, and not retrograde, nor combuſt, nor in his fall, as in *Capricorne*, but in *Cancer*, *Sagittary* or *Piſces*, it ſignifies the childe then borne, ſhall be fortunate, happy, and have a common love in all things, chiefly if he have any dignity in the Aſcendent, or the place of the Sun, in the Nativity of the day, or in the place of the Moone, in the Nativity of the night. *Tayſnier:*

83 This marvellous water following, will recover the ſight again, hindred of any cauſe, wherewith *Conſtantine* the Emperour received his

his ſight. Take three drams of Tuty, made in very ſmall powder, as much of *Aloe Epaticum* in powder, two drams of fine Sugar, ſix ounces of Roſe water, as much of pure white Wine, mix all together, and put it in ſome cleane veſſell of glaſſe, and being well cloſed and ſtopt, ſet it in the Sun a month together, ſtirring it together once every day; then take of the ſame water foure or five drops in your eyes, morning and evening, and with this continuing a certaine ſpace, it will cauſe the ſight to come again as faire as ever it was before. This I know is proved for an excellent water for the eyes, for it cleareth them marvellouſly. I knew one that could not thread a Needle without Spectacles, which put not paſt two or three drops of the ſame in their eyes at night, and the next morning the ſame party did ſee well to thread a Needle without Spectacles.

For loſt ſight.

84 To make a light that ſhall never faile. Take the Wormes that ſhine in the ni ht, called Glowormes, ſtamp them, and let them ſtand till the ſhining matter be above, then with a feather take off the ſame ſhining matter, and mingle it with Quickſilver, and ſo put it into a Viall, and hang the ſame in a dark place and it will give light. This I had out of an old Book, which is not much unlike the deſcription of *Miza'dus*.

A pretty kinde of light.

85 If the Liver of a Mouſe be given in a Fig to a Swine, that Swine will follow the giver thereof. *Mizaldus*.

A Nog.

86 The

86 The ſound of an Eccho is thought to drive away Bees, therefore their Hives ought to be placed where the Eccho or the voyce doth not ſound againe. *M. Varro.* Evill for Bees.

87 Whoſoever takes his Journey in the houre of *Jupiter*, he ſhall have good gaine in his ſubſtance, and in his buſineſſe, and he ſhall have profit and gladneſſe in things unlooked for. *Haly Abenragel.*

88 If a Spider be put in a linnen cloth a little bruiſed, and holden to the noſe that bleeds, (but touch not the noſe therwith, but ſmell to the ſame,) by and by the bloud will ſtay, and the noſe will leave bleeding. This is very true, for the venemous Spider is ſo contrary, and ſuch an enemy to mans blood, that the blood drawes back, and ſhuns the Spider preſently. A marvellous thing. To ſtop bleeding.

89 Write what you will on white paper, with the juice of a red Onion, wel mixed and tempered with the white of an Egge, which being dry, will appeares though it were only plain paper, without any writing; but if you hold it againſt the fire, you may then eaſily read it, or perceive the letters.

90 To gild Iron or Copper. Take the gall of a Bull, and rub the Iron or Copper well therwith, ſo that the ſame before be well burniſhed all about, that you would have gilded, and let it after dry in the Sunne, foreſeeing that there come no duſt thereto, and when it is dry, gild upon it as you would doe upon Silver. To gild.

91 Seeth

91 Seeth an Egg in ſtrong vineger untill it be very hard, then let the ſame Egge lye three dayes in Urine, then dry it, and it will be marvellous hard. Or let an Egge lye three dayes in Vineger, then dry the ſame at the Sun three dayes, and it will be very hard.

To make a red Roſe white.

92 Caſt Brimſtone in a Chafingdiſh with hot burning coles, and hold a red Roſe over the ſmoak thereof, and it will be white.

93 To ſeparate gold from any thing gilded. Seeth pure Sulphure revive (called quick Brimſtone) in water, untill halfe the water be conſumed, then wet the part gilded with that water, then dry it at the fire, then ſtrike the ſame gilded place with a little Iron, and the gold will fall from it. This I had out of an old written Book.

94 To prove or finde out the event of any that is ſick. Count the dayes from the beginning of his or her ſickneſſe, and take the root of an herb which hath ſo many leaves, as the number of the ſame dayes be, tye it or hang it up, and if the diſeaſe be curable, the party will be much recreated; if not, then the party will be ſad: but if you cannot finde an herb that hath ſo many leaves, put the roots of divers herbs together, the leaves whereof together doe perfectly make up the number of the ſaid dayes, from the beginning of the parties ſickneſſe, and uſe them as before. This *Mizaldus* had of an Italian.

Againſt the bloudy flux.

95 The bloud of a Hare dried, doth help and ſtay the bloudy flux, or any other lax, though

though it be nere ſo ſore or extreme. So doth the bones of a man or woman made into fine powder, and taken in red wine.

96 An eaſie plaiſter for the Gowt, but not a little effectual, becauſe I (ſaith *John Ardern*) have oftentimes applyed it as well to women as to men, and have taken away their great paines, with once applying it as well in the feet as in the knees, and other joynts. But take heed it be not perceived of the patient, nor of any other, but it ought to be kept more ſecret and deare, and let it be revealed to none but to thy ſonne, or any well-beloved friend. I doe think it prevailes above all other Medicines for the Gowt, and eaſeth the paine ſooner, and ought to lie five or ſix daies without any moving of it, if it can be ſo applied; it is made thus. Take of black Sope as much as is ſufficient, whereunto adde of the yolks of raw Egges, halfe as much as the Sope, and mix them well together in a diſh, untill the Sope hath loſt his proper colour; which done, lay thereof upon fine flax, and ſpread it like a plaiſter, and then apply it to the grieved place, then take the whites of Egs mixed with Wheat flowre, and wet a linnen cloth well in the ſame, and lay the ſame upon the ſaid plaiſter, & tie it well upon it, that the plaiſter remove not away of all the ſaid time, unleſſe there be ſome great occaſion. This is proved. **Againſt the Gowt.**

97 If you ſeeth Barly, dry Beanes, and Licorice cut in pieces, of each a like much, all together **To break an Impoſtume.**

together in faire water, and drink a good draught thereof with ſome Sugar every morning faſting, and at night when you goe to bed, five or ſix dayes together, or more, it will deſtroy an Impoſtume, and ſhall thereby avoid or caſt out the ſame. Proved.

98 He will be a good Phyſician, in whoſe nativity *Mars* and *Venus* are corporally, or by any good Aſpect conjunct: Even ſo if *Venus* and *Mercury* be joyned, or in conjunction together. Alſo he will be a perfect Phyſician in whoſe nativity *Mars* and *Venus* are conjunct in the ſixth houſe. *Iatromath.*

99 A very little bird called *Ægithus*, doth marvellous diſagree with the Aſſe, who in thorny places doth ſcratch or rub his Ulcers or ſores, whereby he doth deſtroy or breake the neſts of this Bird; whereupon it comes, that as ſoone as the bird heares the voyce of the Aſſe, ſhe doth not onely caſt the egges out of her neſt, but alſo her young ones (if ſhee have any,) doe fall from the ſame aſtonied with feare; ſo that the ſaid Bird flies unto the Ulcers or ſores of the Aſſe, and pricks and thruſts at them with her bill, that ſhee may drive him away from thence. *Ariſtotele, Plin. & Oppianus.*

100 If the Lord of the Aſcendent bee Combuſt in the fourth houſe, or in the eight houſe, it ſignifies, that hee that is then borne, ſhall dye in priſon. And if he be Combuſt in the fifth houſe, in a watery ſigne, it ſhewes hee will bee given to be drunke. In the ſixth houſe,

houſe it ſhewes that he will die of a long ſickneſſe. *Tayſnier.*

The end of the Eighth Booke.

The Ninth Booke.

1.

FIll an Egg full of the juice of Egremony and give it unto the patient to drinke, whom you ſeſpect to have drunke poyſon and it will mightily purge upward all the poyſon, and with a wonderfull facility healeth the biting of Serpents and other venemous beaſts. *Pet. Hiſp.*

2 This Oyle or Balme following is of a marvellous vertue againſt trembling and the Palſey, and it helpeth the memory, anointing the hinder part of the head therewith; which a moſt ſingular Phyſician kept privy to himſelf for a time, as a moſt precious ſecret, which in the end revealed it to the Author, whereof the making followeth. Take of *Galbanum* one pound, (in another place I have read it halfe a pound) of Gum, Ivie, three ounces, theſe finely beaten apart mix together, which after put into a Glaſſe body with an head, and diſtill it in *Balneo Mariæ*. After it is diſtilled, mix therewith one ounce of the Oyle of Bayes, and one pound of good Turpentine, then let the whole be diſtilled, and ſe-

perate the water from the Oyle, and keep the Oyle as a precious Balme. The uſe of this is, that the Patient vexed with the Palſey, Convulſion, the Cramp, and trembling of members, be laid upright, and the Oyle temperatly hot, muſt be powred upon the belly, into the hollow and bottome of the navell, and you ſhall ſee after a marvellous working, that may rather be counted divine than naturall, and very much helpeth the Palſey, & ſtrengtheneth the memory, uſed as before. A certaine Practitioner applyed one drop of this Oyle on the patients forehead that had the Palſey, and another on his navell, and he incontinent aroſe as amazed, and was after one houre delivered of a grievous paine of a wound in a certain place of his body, and the ſhrunken ſinewes being anointed with this Oyle, the patient was ſuddenly healed, &c. This Oyle helpeth deafneſſe, and any ſickneſſe proceeding of a cold cauſe, and helpeth beſides the loſſe of ſmelling. *Arnoldus de Villa nova*, I take to be the Author hereof.

3 The hoofe of a beaſt called *Alces*, which is a wilde beaſt like a fallow Deere, having no joynts in his legges, hath a marvellous vertue and ſtrength againſt the falling evill: for a little piece thereof encloſed in a Ring, and the ſame Ring put upon the finger next the little finger, ſo that the ſame piece of the hoof bee turned toward the palme of the hand, doth recreate them marvellous much, that

up. A little piece of the ſame bare, and put in the hand, by and by cloſed into a fiſt, ſuddenly drives away the diſeaſe, and raiſeth the party that is fallen therewith; which *Lemnius* ſaith he proved once or twice. And *Mizaldus* ſaith that he proved it, putting in a little piece of the ſame in the left eare, (moving it, as ſcratching a little) of one that had the falling ſickneſſe, and it had a very good ſucceſſe, and it was counted for a miracle. *Johannes Agricola* doth ſay the like is done, if a little piece of the ſame Hoofe be hanged upon one that hath the ſame diſeaſe, ſo that it may touch the skin. I doe heare, ſaith *Mizaldus*, that ſcrapings or filings thereof are given in Polonia for the ſame diſeaſe. The Hoofe of the right hinder foot is to be choſen: But you muſt take heed of falſe deceivers, which ſell the Hooſes of Oxen or Kine, for the true Hooſes of *Alces*.

4 It is a moſt ſure and proved remedy, as well in curing of ſpitting of bloud, as alſo in preſerving from the ſame, every day in the morning faſting to eat a ſcruple, which is the weight of foure and twenty Barley cornes of Rubarbe roaſted at the fire. *Emperica Benedicti Faventini.* Spitting of bloud.

5 Bay ſalt well beaten into powder and ſifted, and incorporated or mixed well with the yolk of an Eg, and ſo laid upon any Carbuncle, Plague ſore, Botch, Byle, or Impoſtume, aſſuredly (by the grace of God) it will draw to it ſelfe all the venome of the Plague, To break a Byle.

or the Sore, and break any Byle, or other thing, ſo that in ſhort time the ſame will bee healed. A tryed thing.

Tokens of death. 6 If the forehead of the ſick wax red, and his browes fall down, and his noſe wax ſharp and cold, and his left eye become little, and the corner of his eye run, if he turne to the wall, if his eares be cold, or if he may ſuffer no brightneſſe, and if his wombe fall, if hee pull ſtrawes or the clothes of his bed, or if he pick often his noſtrils with his fingers, and if he wake much, theſe are moſt certain tokens of death.

Jaundiſe. 7 Pottage made of the leaves and roots of Strawberries, being eaten faſting certaine dayes of them that have the Jaundiſe, doth help them perfectly. This was the ſecret of a certaine Monke, wherewith he got marvellous much money.

8 A Serpent doth ſo hate the Aſh tree, that ſhe will not come nigh the ſhadow of them: And therefore ſhe goes farre from them, both morning and evening, becauſe then they give the longeſt ſhadowes. And *Pliny* ſaith, that he hath proved it, that if one compaſſe a place about with the branches of an Aſhtree, ſo that there be a fire, and a Serpent encloſed in the ſame, the Serpent will rather goe into the fire, than hee will ſeek to paſſe over, or thorow the Aſhen branches, &c. *Mizaldus.*

9 If the Lord of the Aſcendent be found in the 12. houſe, he that is then born, ſhall procure his owne emnity. *Tayſnier.*

10 Juni-

10 Juniper berries are Medicinable againſt poyſon, for there is none of like operation unto it. And *Diaſcorides* ſaith alſo, that they doe helpe againſt poyſons, and ſtingings of Serpents. *Pet. Hiſp.*

11 To try whether precious ſtones be pure or not. Heat a plate of Iron on the fire, then anoint the ſame with oyle, and caſt or ſtrew on the ſame, the powder of Glaſſe, whereupon lay quick burning coles, and then hold the ſtone that you would try, a good while over the ſame coles, that the ſtone may be hot, not touching the fire, and then if the ſtone loſe his colour, he is not good or pure, but if he keep his colour, he is then perfect and right.

12 As principle a Medicine as ever was ordained for the bone ache, either in woman or man, in what place ſoever it be. Take a penny worth of *Aqua vitæ*, and another of Oyle *De Bay*, and mix them well together, and anoint the grieved place therewith, not by the fire, and it will doe away the paine for ever, uſing it often. But you muſt warme the Oyntment a little in a Sawcer, before you lay it on, and chafe it well, untill it be dryed in, and cover it warme at all times untill it be whole. Thus I found it written.

13 Egremony, Mugwort, and Betony both leaves and roots, ſtampt with old Greace and Vineger, or Verjuice, and a plaiſter thereof applyed to the grieved or ſore pained backe, will quite put away the paines and griefe thereof, ſo that you uſe it three or foure

times. A ſure and proved Medicine.

14 If you will catch Moles or Wonts, put Garlick, Leekes, or an Onion in the mouthes of their holes, or in their entrings into the ground, and you ſhall ſee them come, or leap out quickly, as though they were amazed or aſtoniſhed. *Albertus.*

15 If the Fiſtula be outward, put into it the juice of Culverfoot, for it healeth it. If it be inward, drink it, and it healeth alſo. This is true, for it hath been proved.

16 For them that have ſurfeited, or eaten too much, let them ſtamp Betony, and temper it with hot water, & a little wine, then ſtrain it well, and drinke a good draught thereof morning and evening, firſt and laſt 3. dayes together, and it will thorowly help them, God willing. This was told me for a truth.

17 The two hornes of a Snaile, born upon a man, will pluck away carnall or fleſhly luſt from the bearer thereof. I had this out of an old written Book; but how true it is, I know not.

18 For all evils of the ſtomack, & for them that cannot eate: Take an herb called Century, and ſeeth it well in ſtale Ale, and when it is well ſodden, then ſtamp it, after that ſeeth it againe in the ſame Ale, let there bee two handfulls of Century, to three quarts of Ale, and let them ſeeth as before ſaid, to three pints, then put thereto one pint of pure Honey, and boyle them together, and keep it in ſome cleane Veſſell, and give to the party grieved,

grieved, three ſpoonfulls thereof faſting every day, till he be whole and and well, for it drives away the fleame and corruption from the ſtomack, and makes him have a great deſire to his meat within foure or five dayes. Often proved.

19 The powder of Betony put in wine, that is, a ſpoonful of the pouder to a draught of wine, a little boiled on the fire being drunk doth preſently help ſuch as have drunk poyſon before. Whoſoever drinks the ſame in a morning faſting, no poyſon taken after the ſame day, can hurt him. This is proved.

20 The dung of a Cat dried, and ſo mixed with ſtrong Vineger, that it may be ſomthing thick, and therewith any hairy place rubbed oftentimes, or anointed in a day, it will cauſe that haire will grow no more in that place: Proved of a countrey man. *Mizaldus.*

21 If the Lapwing do ſing before the Vines doe bud, it is ſaid that it foreſhewes great plenty of Wine. *Mizaldus.*

22 Whoſoever delivers a ſum of money in the houre of *Jupiter*, he ſhall receive it againe well, with gaine. *Haly Abenragel.*

23 This potion or drinke following is wonderfull, & very often proved of me, ſaith *Petrus Hiſpanus*, for it killeth the Fiſtula, in what place ſoever it be, and draweth out the corrupt & broken bones. Take the roots and leaves of Planten, Strawberry leaves, the leaves or ſeedes of Hemp, the leaves or ſeeds of Muſtard, the tops of ſharpe Docke, red

Colewort leaves, and Tanſey; let them all ſeeth in a good quantity of white wine; after ſtraine all the whole, and put into the ſtrayning as much Hony as ſhall be thought meet: give thereof unto the patient early and late, untill ſuch time as the clear potion or drink come forth by the mouth of the Fiſtula, which alwayes muſt be kept open with a ſilver pipe put into it, and keep upon it alwayes red Colewort leafe. It is of a wonderfull operation, *Pet. Hiſp.* And I my ſelfe have proved it, and healed in ſuch manner as is before declared: It is a precious thing.

24 Dragons bound to the privities of a woman in labour, cauſeth her to be delivered incontinent: But there muſt be heed taken, that it be quickly removed leſt it draw forth the Matrix withall. *Pet. Hiſp.*

25 Here followeth an excellent Oyle which maketh fair colour in the face. Take of Almonds ſcraped ten pounds, of red Sanders in powder ſix ounces, of Cloves one ounce, of white Wine four ounces, of Roſe water three ounces; theſe after they be groſly beaten together, let them lye in a Marble Morter cloſe covered, for eight or nine dayes, beating the ſame over once a day; then beat it all in an earthen veſſell, untill it begin to fume and be thorow hot, and after that put into a new ſquare bag of linnen cloth, then put the ſame bag into a Preſſe, between two ſmooth plates of iron, ſomething hot, for out will come a red Oyle, wherewith women may anoynt their

their faces; for it cauſeth a comely red fine beautifull skin. A ſecret, and practiſed of few. This is in the new Jewell of health, a Book of much value and ſmall price.

26 The greace of an Eele, and the juice of Singreen mixed together, of each a like much boyled a little, and a little thereof put into the deafe eare nine nights together, wil bring the hearing againe as well as ever it was.

27 Take ſalt Armoniack, Allome, and ſalt Niter, of each a like quantity, with a little filings of ſilver, let all be mixt together, then put them unto the fire, that they may be hot, and when they ſhall ceaſe to ſmoak, then with the ſame powder alone, or elſe mixt or moiſtned with the ſpettle of your mouth, let copper or braſſe be rubed therewith, and ſtraightway it will have the colour of ſilver.

28 Serpents being within a circle made of Betony, cannot go out of the ſame, but rather will dye with beating themſelves. *Plin.*

29 If the Lord of the ſecond houſe be in the twelfth houſe, emnities will come many times to him that is borne, for money or through money. *Tayſner.*

30 Planten ſtampt, and the juice wrung out, and put into the hollowneſſe of an Ulcer with a ſpowt, healeth the ſame. So doth Betony ſtampt and applied to a Fiſtula, healeth it. *Petrus Hiſpanus.* The juyce of Cinquefoyle, doth heale the Fiſtula likewiſe, if it be put into the ſame with a ſpowt.

31 To ſeperate Gold from any thing that

is gilded. Take Borace and temper it in water, then boyle it over the fire, and with the ſame water anoint the thing that is gilded, and caſt thereon a little of the powder of quick Brimſtone; after put it into the fire that it may be made red, then quench it in running water, and you ſhall find the gold in the bottome of the veſſell.

32 For any pains of the ears, and for them that cannot heare. Take a great Onyon, cut a hole therein, and ſet it in the embers to roaſt, then fill it full of Oyle Olive, and ever as it dryeth, fill it up againe till it be rofted well, then take away the uppermoſt skin thereof, then ſtraine the Onyon thorow a cloth, and keep it in ſome cloſe glaſſe, and when you will occupy thereof, put ſome of it into the whole ear, and let him lie on his ſore eare when he goes to bed; and if he uſe this nine nights at the furtheſt, it will help him.

33 For the fundament that goeth forth. Take the tops of red Nettles, and ſtamp them in a morter, then put it into an earthen pot, then put thereto a good portion of white wine, & ſet it over the fire, and let it ſeeth till half the liquor be conſumed, & give the party diſeaſed a good draught thereof ſomething hot to drink morning and evening, firſt and laſt, for the ſpace of ten dayes; and alſo apply the herbs ſomething warme to his Fundament, and it will help him perfectly.

34 For the eies that be chaſed and the lids turned up, bleared eyes. Take Arnement,

Honey,

Honey, and the white of Eggs, of each a like much, temper them well together; then take flax and lay the ſame thereon, then apply the ſame upon the ſore eyes, and it will draw the evill bloud out of them, and perfectly heale them. This Medicine hath been proved.

35 It is ſaid that a Hart doth ſo abhor a Ram, that he cannot abide the ſight of him. *Ariſtotle*, *Plinie*, and others.

36 When four or five Planets be conjunct or joyned together in the Aſcendent, or firſt houſe, of any Child that is borne, that Child will not live long. *Expoſiter* doth ſay, The King of our City did call me, becauſe one of his women had borne a Sonne, and the Aſcendent was the eighth degree of *Libra*, the terme of *Mercury*, and *Jupiter* was in the ſame, and alſo *Venus*, *Mars* and *Mercury*; and the Company of the Aſtrologians did meet together there, and every one of them did tell his opinion, and I held my peace. The King ſaid unto mee, Say what thou canſt: why doeſt thou not ſpeake? To whom I anſwered, Give mee reſpit for three dayes, for if your Sonne ſhall paſſe the third day, you ſhall ſee a great miracle of him. And after 24. houres was ended, the Child did riſe up to ſit, and he ſpake and gave ſignes with his hand, whereof the King was greatly afraid. And I ſaid, that he would ſpeak ſome Propheſie, or ſome miracle. Then the King went to the Child, and we with him, to heare what hee would ſay. And the Infant ſaid, I am the in-

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fortunate

fortunate borne Childe, and I am borne to ſhew the loſſe of the Kingdome of *Azdexit*, and the deſtruction of the people of *Almanaz*. And ſtraightway the Childe fell downe, and dyed. *Haly Abenragel.*

37 This following is a ſecret, and an approved thing for the Palſey, whereof if you give thrice in the day to him that hath the Palſey, half an ounce, that is, in the morning three houres before meat, and two houres before ſupper, and at his going to bed, it will help him thereof. Take of the new and freſh brain of an Hare, broiled or fryed one pound, the juices of Sage, of herb Ivie, and the juice of the root of Acorns, of each three drams, of pure Sinamon, Cloves, black Pepper, of each half a dram, Turpentine waſht with the water of herb Ivie, three ounces, Sugar diſſolved in the water of herb Ivie, as much as doth ſuffice; and thereof make a Lectuary according to art, and know that it is marvellous. *Emperica Benedicti. Victorii Faventini.*

38 To help ſwolne legs. Take Mallowes, and ſeeth them in water, then ſtamp them well, and ſtraine them; then put thereto Barrowes greace, and fry them together, untill it be ſomething thick, an like and Oyntment; lay ſome thereof upon a cloth, and make a Plaiſter, and apply it to the ſore and ſwolne leg, and lay a new Plaiſter thereto twice every day, morning and evening, three or foure dayes together, and by that time it will be aſſwaged, and as ſmall as the other.

This

This was told me by a Woman that had tried it many times.

39 One never hath the Gowt, untill hee hath known a woman carnally. *Hippoc.*

40 *Alexandrinus Jovinus Pontanus* doth ſay, that he ſaw a man was grievouſly ſtung or ſtricken of a Scorpion, which preſently was delivered and helped thereof, with drinking of Frankincenſe, wherein was ſealed the Signe of *Scorpio*, or of a Scorpion, being after made in powder; but it muſt be graven in the ſtone of a Ring, (*Scorpio* aſcending) the Moon then being there, and place in the Angle, and the Frankincenſe muſt bee ſealed with that ſeale, when the Moon is in *Scorpio*, and found in an Angle: And let it be given in powder as is beforeſaid, either in water, or in white Wine, or in any other meet liquor.

41 Here enſueth the making of a miraculous Oyle, called Oyl incombuſtible. Take of white Sope the beſt that may be gotten, and after you have beaten it well and fine, put it into a great Retort, on which poure ſo much weight of *Aqua vitæ* ſeven times diſtilled over, then ſet the Retort into aſhes, fixing a large receiver to it, and very well luted in the joynts; this done, make under it a ſoft fire in the beginning, and encreaſe the fire by little and little, untill all be iſſued forth that will come, which together will bee an Oyle and water, then draw away the receiver, and ſeparate the water from the Oyle, which Oyle is incombuſtible and miraculous in ſundry matters,

matters, in the work of *Alchemy*, for this greatly availeth in fixing the Medicine Volatile, and ſerveth well to incorporate with all Mettals, and ſeaſoneth ſuch as be crude, and likewiſe ſweetneth when they be eager. This alſo diſſolveth all pains and ſwellings cauſed of groſſe and clammy humors, and healeth in a manner all ſorts of wicked Ulcers. And in this, (ſaith the Author) I concieved a great delight, as to work ſuch a maſtery, to ſee ſo many ſtrange fumes and varieties; but a more pleaſure I took in the practice, as to ſee how the ſame availed in every matter whereto it was applyed: By which I prove this to be a divine ſubſtance, and an Oyle worthy of eternall memory. And this was the greateſt ſecret, with which that ſingular *Matheus* the Hungarian did ſo many great marvels in Padua, for he healed with it the Gowt, the quartaine Ague, the paine of the French diſeaſe, and the drye ſcab on the head, with ſundry other griefes, for which while he remained in Padua, he was highly eſteemed and wondred at. And at the laſt in his departure from Padua, he revealed it to me, that the only Medicine which he uſed to all the griefes, was this Oyle and none other. The making of which he uttered unto me at his departing, which before he would not teach to any man. And the ſame I have many times made, and have alſo ſeene ſuch ſtrange practices of it, that to repeat them, I ſhould ſcantly be beleeved. *Hac de ſecretis Falopii.*

42 To

42 To put a Schedule, or little writing in an Eg, lay an Eg certaine dayes in ſtrong Vineger, untill it be ſoft, and write your name or what you liſt in a piece of paper, and fold the paper as hard together as you can; then, with a Razor cut the ſame Eg in the top finely and adviſedly, thorow the which put the little paper into the Egg circumſpectly, and then put the Eg into cold water, and immediatly the ſhell will be hard as it was before. A proper ſecret.

43 The quieter Beaſts have the leſſer Gals; the fearefuller, the greater hearts; the lighter the more leaping, the more Liver; the merrier the more pleaſant, the greater Spleene; and the greater voyce, the more Lights; much like to theſe verſes following.

Cor ardet, Pulmo loquitur, Fel commovet Iras,
Splen ridere facit, cogit amare lecur.

That is,

The heart doth burn, the Lungs do ſpeak,
the Gall to ire doth move;
The Spleen or Milt doth make us laugh,
the Liver makes us love. *Mizaldus.*

44 *Cauda Draconis* in the ſecond houſe, called the houſe of Subſtance, ſignifies the child then born, ſhall waſtfully conſume and ſpend his goods, or ſignifies the loſſe thereof, and that he ſhall come to poverty and open miſery. *Haly Abenragel.*

45 Agrimony is of wonderfull profit in Medicine, eſpecially againſt hollow wounds and

and ulcers, *Petrus Hiſpanus*. And *Trotula* ſaith that though the Fiſtula that penetrates to the eyes, is incurable; yet ſome do witneſſe that ſuch a Fiſtula may bee cured by Agrimony alone, by often uſing it, either in drink or powder. *Filipendula* is good for the ſame, and the graines or little round things, that are found in the end of the root. *Cordonius* alleageth Agrimony to be the beſt and ſureſt Medicine for the curing of a Fiſtula.

46 For the web or ſpot in the eye. Take the great bone of the Gooſe wing, the elder the better, for though it be a year old, it is not the worſe, break it, and take out the marrow that is within it, then put ſome of it upon the web, or ſpot, and it will break it, and ſave the ſight. Proved.

47 The vertues of Tormentill. This herb comforteth the ſight, and cleanſeth the body of divers maladies, the powder thereof is good to clarifie the ſight of the eyes, though one be blind: And this herb is dreſt on this manner. Take the herb with the root, & ſeeth it with white Wine, till the third part be ſodden away, and give him that is blind, to drink of this liquor nine dayes in the morning cold and at night blood-warme, and within that time hee will recover his ſight (by Gods grace;) but if the ſight of the eye be hurt, take alſo the herb and ſtamp it, and ſeeth it in white Wine, with a little water put into the Wine, then lay or ſpread the herbs on a linnen cloth, and binde it upon his eye or eyes,

and

and it brings a wonderfull help, if thou ſtamp this herb with the root a good quantity and put it into a little veſſell full of Wine, and let it remaine therein three moneths. Whoſoever drinks often of this Wine, though hee hath been blinde nine yeares, he will recover his ſight againe. This I had out of an old written Book, which doth much agree with *Petrus Hiſpanus*, in this caſe, whoſe minde thereof I have mentioned in another place of this Book.

48 If the part of Fortune be cadent from the Aſcendent, and doth not behold there the light or Luminary of the time, and his Lord be weak and infortunate, and removed from an angle, not beholding the part of fortune, and the Lord of the houſe of ſubſtance be evill affected of evill Planets, or of the beames of the Sun, which deſtroyes and ſcatters, it ſignifies that he or ſhe that is then borne, ſhall be poor, a wretch, and that he will not be able to get his own living, & that he is like to live of Almes. *Haly Abenragel.*

49 This following is a ſecret and approved Medicin for them that are ſhort breathed, very good for the poor, becauſe it is not coſtly. Take of the roots of Holliock dried in the ſhadow, one pound made in fine powder, clarified Honey, four pound; ſeeth them over a fire, and ſtir them together untill it be in the forme of a Lectuary, whereof let the patient take often, and he will be whole. *Emperica Benedicti Victorii Faventini.*

50 A perfect and moſt ſure and proved remedy, and a rare ſecret for the helping of Womens breaſts that be ſwolne, and full of paine, which was revealed unto me by an old woman, who ſaid that the Lady *Owen*, Doctor *Owens* wife, uſed it to women in this caſe very much, who kept it as a good ſecret. The Medicine followeth. Stamp or bruiſe nine little worme, of ſome called Swine lice, (which commonly will be found between the barke and the wood of old or dry trees, which have many feet, and being touched, they become as round as a button) in eight or nine ſpoonfuls of drink, let them remaine therein all night, and the eighth morning ſtrain the ſame drink and let the diſeaſed woman drink the ſame a little warmed, at one draught, and then let her lay to her breaſt, a two or three fold linnen cloth warmed; the next morning, let her take eight of the ſame little wormes in drink, in ſuch order as before, and the third morning, ſeven, and the fourth morning, ſix, and ſo every morning following one leſſe, decreaſing one every morning, untill nine mornings be ended, on which ninth morning ſhe muſt take but one of them, as it will fall out by the decreaſing one every day, and if ſhe be not then thorowly whole of her breſt let her encreaſe every morning one immediately following, untill ſhe hath received nine at one time, according to the order before appointed. A rare and notable thing, if it be true, for I never proved it.

51 For

51 For the ſwelling of armes, legs, or feet. Take Linſeed, Wheate bran, Brooklime, Chickenweed, Groundſell, of each one handfull, and one pottle of white Wine: Seeth them all together, till it be thick, and lay a plaiſter thereof to the place that is ſwolne, as hot as the party can ſuffer the ſame; and it will take it away, and help him within three or foure plaiſters. Proved.

52 To help a ſtinking breath that comes from the ſtomack: Take two handfulls of Cummin ſeed, and beat it to powder, then ſeeth it in a pottle of white Wine, until a quart thereof be waſted away; then give the party a good draught thereof, firſt and laſt, as hot as he may ſuffer it, and it will make him have a ſweet breath within fifteene dayes. This is proved.

53 Mark what Planet is ruler of the 12. houſe, and the day that bears the name of that Planet, will be unlucky to the child born at that time, and many times will have mishaps of that day; Which by long experience is found true.

54 Put the feet of Hens in hot embers, till the ſcales or skin thereof be ſeparated and ſhrunk from the legs; and with the ſame skin warme, rub warts three or foure times or more, and it will drive them away. *Petrus Hiſpanus.*

55 If you will doe away or conſume a Wen, do as followeth: Bind faſt the Wen, then take Verdigreace, Brimſtone, Sope, Oyle, of

Egs, Allom and Honey, of each a like much, and temper them together, and lay it thereto, and it will doe away the Wen, and heale it.

56 A ſingular Oyle and very rare, which cauſeth a comely face, and maketh the perſon merry which uſeth it, yea, ſtrong and hardy to fight; the making whereof doth follow. Take one pound or two of Hempſeed, which after the finely beating thereof, ſprinkle and wet it with a little Wine, then put all the ſame into a new earthen pan glaſed, and ſet it over the fire; heat it ſo long, untill you cannot ſuffer your hand in it, after put the ſame ſubſtance hot into ſquare bags, which wring hard out, in a Preſſe, and an Oyle will come forth very profitable; whereof if any drinketh to the quantity of an ounce at a time, it maketh him pleaſant and merry; and if a Souldier drink it, it will make him both fierce and hardy to fight, without any fear or doubt of his enemy. And alſo it is profitable to women, in that it maketh them merry, and comely to ſee to, and in this manner you may draw out an Oyle out of all ſeeds. This is the New Jewell of health.

57 A notable and often proved Medicine for a Sciatica, ache, Gowt, or other paine or griefe. Take a pint of pure *Aqua Compoſita*, one Beaſts gall, and one ounce of Pepper beaten into powder, boyle them all together, until halfe the *Aqua vitæ* be conſumed; then let ſome thereof in a cloth like a plaiſter, and apply it ſomething hot to the grieved place, a

let it lye twelve houres unremoved, and doe thus foure or five times if need be; for it is a ſure help.

58 A precious water for eyes that be faire and cleare, and yet are blinde. Take Smalledge, red Fennell, Rew, Vervein, Bettony, Egremony, five-leaved Graſſe, Pympernel, Eye-bright, Sage, Celendine, of eache, one quarter of a pound, waſh them cleane, and ſtamp them in a faire brazen Morter, or in a pan, then take the powder of fifteene Pepper cornes finely ſearced, and a pinte of good white Wine, and doe them to the herbs, and alſo take three ſpoonfuls of life Hony, and fifteen ſpoonfuls of the urine of a boy that is an innocent, and mix them altogether, and boyle them over the fire a little while, and ſtraine all thorow a cloth, and keep it in a glaſſe well ſtopt, untill you occupy it; and with a feather doe it into the ſore eyes, and if it dry away, temper it with white Wine againe. This is a Medicine for all manner of evils of ſore eyes, to make a man ſee, if ever he ſhall ſee, within fifteen dayes on warrantize, by the grace of God. This I took out of an ancient written book.

59 Every one that is borne, whoſe degree of the ſeventh houſe is the terme of an evill Planet, he ſhall dye a foule death. And if it be the terme of a good Planet, he ſhall dye a fair and good death. *Haly Abenragel.*

60 If you rub warts with Egrimony, ſtampt and mixt with Vineger, and alſo plaiſtred upon

on them, it taketh them away clean. And alſo if Purſlaine be rubbed upon them, it pulleth them up by the roots. *Pet. Hiſp.*

61 For the Cods that be ſwoln. Take the powder of Cumminſeed, Barley Meale, and Hony, of each a like much, fry them together with a little Sheep ſuet, and bind the ſame as a plaiſter all about the Cods, and it will help. Proved.

62 This following will breake a Byle, Botch, or a Fellon. Lay firſt thereto ſome Poſſet curd, and let not be removed off 12. houres, and that will gather the matter together, and make it tender. But if once applying of the Poſſet Curd doe it not, then apply thereof to it twice or thrice; then take unquencht Lime, and caſt upon it ſome faire Spring water, and mix the ſame with black Sope, and lay to the ſore a piece thereof, according to the greatnes that you would have the hole of the ſore, and when it is broke, then waſh it in white Wine a little heated, and ſo heale it with Butter and powder of Sugar mixed together. This is a ſure and approved thing.

63 A noble ſecret for all incurable aches and paines in the joynts where ever they be. Take all the whole horne that a Buck caſts off, the later the better, caſt away the ſcaupe, take nothing but the horne, cut the ſame in ſhivers or pieces, then ſeeth the ſame in a gallon of faire water, untill all be come to a pint, or ſomething more; then caſt away the pieces

pieces of the horne, and then let that in the veſſell ſtand until it be cold, which then will be like a Jelly; and when you will occupy thereof, warme ſome of it in a Sawcer, or ſome other convenient thing and then anoint the grieved place therewith by the fire, morning and evening, and let it drink in by the heat of the fire, and it will help and heale it thorowly for ever(God willing)within nine or ten dreſſings. This is very true, and well proved, which a friend of mine told me, that helpt himſelf of ſuch an ache therewith, that neither counſell of Phyſicians, practice of Surgeons, nor yet the long uſing of the Baths could eaſe, whereby he ſpent much mony in vaine,untill a wench by chance told him this excellent remedy: Which as ſhe ſaid,a Noble man of this Realme did learne beyond the Seas, who hath revealed it ſince to the great commodity and help of many.

64 For ſwolne and ſore throats, a rare and ſure remedy. Rub your hand on the bare earth or ground, and then rub therewith the ſore or ſwoln throat if preſently you do thus three ſeverall times, the ſwelling and paine will marvellouſly go away. This was taught me by a friend of mine, that did know it to be true by proofe.

65 An excellent remedy for a great heat and pricking in the eyes.Fill an Egſhell newly emptied with the juice of Singreen,and ſet it in hot embers, and ſcum of the green baggage from it, and then it will be a water,

then ſtraine it, and keep it in a glaſſe, and put ſome of it into the the hot eyes, foure or five nights tog ether, and it will ceaſe the burning and pricking thereof quickly.

66 He will ſcantly or never dye an evill death, that hath a good Planet in his eighth houſe. *Haly Abenragel.*

67 A wonderfull drink againſt bruiſings, and it helpeth ſuch marvellouſly that are bruſed through falling. Take Egremony, Betony, Sage, Planten, Ivie leaves, Roſeparſly, ſtamp them together, and mix Wine thereto; give the patient it often to drink, till he be whole. A true and tryed Medicine. I thinke that *Petrus Hiſpanus* hath the ſame.

68 If you burn four ounces of Turpentine upon a hot or burning plate of iron, untill it may be made in powder, and then mix two drams thereof, with four ounces of the water of Saxifrage, and give it twice in a weeke, early in a morning, to them that have the ſtone in their Bladder, and ſo continue it two months, he ſhall not onely be preſerved from breeding of the ſtone in the Bladder; but alſo it will burſt and drive forth the ſtone bred there already. This is proved, and a ſecret, and is to be kept well in mind. *Emperica Benedicti Victorii Faventini.*

69 If Lavender be well ſod in water, and ſtrained, and halfe a pint thereof drunk dayly firſt and laſt, for the ſpace of a fortnight, it will heale them that have the Palſey. This was found in an old written Book.

70 An

70 An excellent and ſpeedy remedy for many diſeaſes, and chiefly for the ſtomack. Mix two ſpoonfuls of Sallet Oyle with two ſpunfuls of pure *Aqua-vita*, and drink all the ſame in the morning at one time, do ſo ſix or ſeven mornings together. It is a notable and often proved remedy.

71 For the Strangury a ſtrange Medicine. Take a pint of good *Aqua Compoſita*, and put a good handfull of Ivie leaves therein, and keep the veſſell well ſtopt, and the Ivie leaves will conſume therin, uſe to drink of the ſame three or foure ſpoonfulls at one time, morning and evening, firſt and laſt, five or ſix dayes together, and you ſhall ſee a marvellous help thereof.

72 This following is a proved Medicine for the ache in the huckle bone called the *Sciatica*. Take a pound of good black Sope, one pint of good *Aqua-vita*, halfe a pint of Sallet Oyle, and a quarter of a pint of the juice of Rew, ſeet them and ſtir them all together over an eaſie fire, untill it be ſomthing thick, and that it may be made in a plaiſter, then ſpread ſome thereof upon a piece of Leather, and apply it to the ache or pained place, and let it lye thereon unremoved three dayes and three nights, and if the pain be not then gone, then apply ſuch another plaiſter thereto, and remove it not off ſo long, and it will help it certainly. This was told by one that knew it often proved.

73 The powder of white hard Sugar, put into

into a bloudshot ten eye, or that is something pim of sight, it helps the same, and amends the sight very well. Especially, if you put afterward a little Rosewater into the eye. This I have proved oftentimes to be true. Yea, and I think if it were used, it would consume the web of the eye at length.

74 *Haly* saith, that hee that begin to set forward his journey in saying, or enters to go to the Sea in the houre of *Saturne*, he will be drowned, or else will be lost by the invasion of Pirates, or other, or else the fierceneſſe or great raging of the Sea will throw him to the Land where he shall suffer shipwrack, or else into farre Ilands hee shall bee carried, (perhaps unknowne to him.) Which of truth hath alwayes hapned to that Ship that then sets forward as the Book of Nature did containe, which as he hath diligently proved, and read, which chiefly entreats of the judgements of houres. And the said *Haly* saith further, as followeth; When a certain ship did set forth or forward in the houre of *Saturne*, I said to one of my fellows, which understood something in this Science, All these men are given to be lost. And within a while after they all perished. Thus much saith *Haly*. And in the beginning of long Journies as well by Land as by Sea, in this houre I have knowne much harme and mischiefe to follow; which although many do not, nor will beleeve to be true, because they know neither this excelent Science, neither the proof of these things; yet many

many that be wiſe and learned, and that have payd full dearely for the proving thereof, do thinke this no lye: But if ſome of them did know the ſame houre, and ſhould practiſe ſome ſuch like thing therein, the event thereof would teach them, I think, not to be ſo incredulous. I know (I thank God therefore) that no harme ſhall happen to the children of God; for hee will ſo guide them, that neither man nor Divell, nor any other thing can deſtroy them, though in this world they may ſeeme to hurt them. And as he doth preſerve them from harme, even ſo he appoints them their times to walk in, and the beginning of their journies: Aſſured I am, and fully ſatisfied, that he by his divine providence, makes them avoid that houre, and other evill times: and the wicked and ungodly have hapned of that time, to their deſtruction. Therefore for my part, I attribute nothing to the time, but all honour to God, that made the time, whoſe Glory and Power is to be extold, that foreſhewes ſuch things to man, by ſuch houres or times.

75 Black Sheeps wooll, mixt and chafed by the fire, with freſh butter, and the deaf eare ſtopt therewith at night, and thus uſed nine or ten nights together, it helpeth deafeneſſe perfectly, and ſpeedily. A proved thing.

76 Here followeth a notable and excellent *Aqua vitæ*. Take Galengale, *Cucubarum*, Ginger, Nutmegs, Cloves, Sinamon, of every one an ounce, freſh Sage, foure ounces,

water

water that is diſtilled ſix times out of pure and good wine, ten ounces; put them all together, and let them remain ſo in a cloſe clean veſſell three dayes; then diſtill the ſame, and keep that that is diſtilled in a clean and cloſe veſſell. Whoſoever drinks a Nut-ſhell full of this water every day, it will preſerve their bodies marvellouſly, and keep them from many diſeaſes, and bring them to old age. It is ſaid that *M. Gallus*, Phyſician to *Charles* the Emperour, uſed this water, and lived a hundred and foure and twenty yeares. *Georg. a Lapide* deviſed this water.

77 If you deſire to have ſweet water forthwith, or by and by, put two or three drops of Oyle of Spike, in a good deale of pure water, and chafe it together in a Glaſſe with a narrow mouth. *Euonimus.*

78 An excellent Oyle for cold aches. Take the wood of Ivie dried, cut the wood in little pieces, and of the berries, and gum of Ivie, of each a like weight; let them be put in an earthen veſſell, bored thorow in the bottome in two or three places; and then let another pot be ſet under it in the earth, and joyne the bottome of the upper pot unto the mouth of the nether with clay or paſte, and the upper pot muſt ſtand wholly above the ground; then make a fire on every ſide, and the Oyle will diſtill black into the nether veſſell. This Oyle before all oyles ceaſeth the griefes of the joynts of a cold cauſe. This is proved to be a notable Oyle in this caſe. *Rogerius* ſeemes to

b

be the Author hereof, as appeares in *Euonimus*.

79 If you put out the white of an Hens Eg, and fill up the ſame Eg with the juice of Flowerdeluce, and mix the yolk and it well together, then warming it a little in the hot aſhes, and ſo give it in the morning to them that have the Dropſie, it will avoid downeward the Dropſie water above meaſure. This is proved to be true. Much like unto this, *Benedictus Victorius Faventinus* writes this for the ſame cauſe, but he appoints the juice to be given with *Mellirate*.

80 A proper practice to make a Capon to bring up young Chickens. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Nettles, then ſetting young Chickens under him, he will marvellouſly cheriſh them then, and bring them kindly up. And the rather if you uſe him thus for a time, for by that meanes hee is moved the more willing to cheriſh, bring up, and feed, yea, and to love them, as the Hen would doe naturally. And the reaſon thereof is, for that by pricking of the Nettles, he is the rather deſirous to couch on the ſoft downe and feathers of the young Chickens, ſitting under him. This I had out of the Naturall and Artificiall concluſions of the Schollers of Padua. Tranſlated into Engliſh by *Thomas Hill*.

81 One *Æſchilus* was foretold by an Aſtronomer, that he ſhould be killed by ſome ruine,

ruine, or ſomthing that ſhould fall upon him upon a certain day or time, who (to prevent the ſame,) did walk abroad a certaine ſpace about the warned time, and would by no meanes come into any houſe, thinking thereby to avoid the danger, unleſſe the Heavens ſhould chance to fall; but mark how hard it is to avoid fate or Gods determined appointment. About the ſaid time foretold by the Aſtronomer, an Eagle did flye over his head, from whom a ſtone did fall upon *Aeſchilus* head, and killed him: Whereby we may not only ſee that mans wiſdom and policie is not able to fruſtrate Gods providence; but alſo that there is a marvellous certainety in the Aſtrologicall foreſhewing of events, eſpecially by directions; which *Cyprianus Leovitius* ſeemes to affirme by this and other notable examples. And ſure I am by many proofes and trials, that the events will aſſuredly happen at the time promiſed by directions; that when the Signifier comes to the very place and minute of the *Promiſſor*, accounting for every degree betweene them one yeare, and every minute about ſix dayes, if the Signifier be to be directed by the direct Aſcenſions; but if the Signifier be to be directed by the oblique Aſcenſions, (or elſe *Intermixtim*) which is not very eaſily or ſoon done, then they ſignifie ſometimes more, ſometimes leſſe, according to their ſwift or ſlow aſcending, which directions to be infallible, the learned and expert herein cannot chooſe but affirme. For

that

th at they are found as perfect by proofe, and as true by tryall, as the break of day doth aſſure us of the riſing of the Sun.

82 In *Lamberge* a Town of *Schleſia*, as *Johannes Langius* writes, a certaine Woman great with Childe, did follow a Prieſt that had newly waſhed or bathed his feet; who being taken with ſuch a longing or luſt with the ſudden ſight of his bare feet, that ſhe privily behinde his back, did hold his leg with her hands, and out of the ſame pluckt a piece of fleſh with her teeth; nothing regarding the cry of the poor Prieſt, which cryed out both of God and man.

83 If the foot or legs of an Oxe, Cow, or Horſe, be ſwolne by chance, mark the ground where the ſame ſwoln leg or foot doth ſtand and take or grave up with a knife or dagger, a turfe or piece of earth in the ſame place where the ſame foot did ſtand, and hang the ſame turfe or piece of earth upon the bough of a white thorne, or ſome other tree, (if it be faire or dry weather,) if not, then hang it in ſome Chimney where fire is made, and after as the turfe or earth doth dry, ſo wil the ſwelling ceaſe, and the paine goe away. This I have proved to be true divers times. And it is practiſed of many, eſpecially for Oxen or Kine. But the ſudden ſwelling and grief of my Horſe leg hath been helpt therewith, within two or three dayes, and by none other means. Who liſt to prove it, ſhall finde it true, although it be far unlikely.

84 The

84 The water wherein Lavender is ſod, doth quite put away any ſpot or ſtaining in any cloth, cap or hat, if the ſtained place or ſpotted be waſhed or rubbed therewith. It is very true, prove it who liſt.

85 To make any fowle, of what condition the ſame be, to have the feathers all white. Take the Egges of what Bird or Fowle you will, role them in the juice of the herb called Mouſe-eare, or in the juice of Houſleeke, or otherwiſe in Oyle (after the mind of *Cardanus*,) and after put the Egges againe in the neſt; for after the hatching, the feathers will grow white. This is taken out of the Naturall and Artificiall concluſions of the Schollers of Padua, tranſlated into Engliſh by *Thomas Hill*.

86 If the figure of a Lion be graved in a thin plate of Gold, when the Sun is in *Leone*, (that is the ſigne called the Lion) ſo that the Moon behold not then the fixt houſe, nor the Lord of the Aſcendent behold *Saturn* or *Mars* and the Moone then ſeparat, or rather free from them, it doth put away the intollerable paines and torments of the back, if it hang at the reynes of the back, or touch the ſame. And if *Tropiſks* bee made of the powder of pure *Olibanum* and Goats bloud, and after ſealed with the ſame Lion, and after dried, and then being diſſolved in white wine and drunk faſting, it works a marvellous effect again the ſtone of the reynes & of the bladder. *Andreas Cordubenſis* to *Gregory* the Biſhop of Rome.

87 This

87 This confection following is a most excellent Medicin and remedy for many inward effects; especially, for all fluxes of bloud from whensoever they flow, and also other fluxes: Moreover, for them that have great paines in their backes, and also paines in their Liver, or whose Liver is not altogether well. And *Galen* the Author hereof saith, (belike for the excellency thereof) Give not this before thou hast received a reward therefore; the making whereof doth follow: Take of Sinamon, *Cassiæ lignea opium*, of each two drams, Myrrh, both Peppers Galbanum, of each one dram, let them be stamped, and then mixed with a little clarified Honey, and made in a lump or masse, give thereof at night two round Pills, something bigger then Peason, in the soft of a rosted Apple, and let not the party drink of two houres after, and if his griefe and paines be never so great, he wil be in marvellous ease and quietnesse, within an houre or two after, and so remaine the most part of all the night, yea and perhaps sleep soundly and well. You may give it two or three nights together, if the party be strong, but if he be very weak, give it every other night, three or foure times; and if the party be in extreame paine, then give it when you list. But if the stomack bee full of meat or fleame, it will shew the lesse effect. Who ever shall prove it, shall finde it a worthy thing. I have proved it above an hundred times.

88 A fine way to make Coral by art, which

loweth. Make the Hornes of Goates (fi
ven or ſcraped,) into powder, and let t
me ſteep in ſtrong Lee, made of the Aſhe
wood of an Aſh, fifteene dayes together,
erward take it out of the ſaid Lee, and mix
with *Cinabrium*, diſſolved in water, ar
ing it ouer an eaſie fire, vntill it be thick
and if it haue then the colour of right Cora
make it in the forme or faſhion you thin
good, dry it, and polliſh it according to ar
This doth *Mizal* deſcribe.

89 The iuice gotten out of a red Onyo
and three or foure drops thereof put into t
deafe eare cold, three or four nights when t
party goes to bed, helpeth the deafnes be it n
uer ſo great or ancient. Feare not, though
put you to much paine at the firſt time: for a
the ſecond time it will be more eaſie. Thi
was taught me by one that knew it by proofe

90 To make a woman that hath a dea
Child within her, immediatly to be deliuere
thereof. Take the quantity of an Almond of
bulls gall, mix it with two ſpoonfuls of wine
and let her drinke it: and ſhee ſhall auoi
it ſtraight. *Iacobus Weckerus.*

91 Diuide an Apple in the midſt, & in th
one halfe of the Apple in the midſt of it mak
a round hole, by cutting a peece out of it the
into the ſame hole put a black Beetle, and ſ
lay the flat ſide on the table: and the appl
ill moue, by the meanes of the beetle, to th
[illegible] ruoll of them that behold it.

92 Take an Apple of *Colloquintida*, and la
th